

Dr Emmanuel Stamatakis

Biography of proposed Guidelines Development Group

Institutional affiliation(s): University of Sydney, Charles Perkins Centre

Academic degrees: PhD, MSc, BSc

City and country of primary residence: Sydney, Australia

Biography

Dr Emmanuel studied Exercise and Sport Sciences at Aristotle University of Thessaloniki (Greece) and between 1997 and 2002 he completed an MSc on Exercise and Health and a PhD on Physical Activity and Childhood Obesity at University of Bristol. He joined University College London (UCL) in 2002 where he worked on large-scale nationwide epidemiological physical activity surveillance studies until 2006. Between 2007-09 he was involved in the development of the BASES physical activity guidelines and advised numerous large population studies and organisations (including the English Department of Health, Sport England, the UK Office for National Statistics) on physical activity measurement development, design, implementation and data analysis and interpretation. In 2007 and 2010 he was awarded two consecutive research Career Development Fellowships by the National Institute for Health Research. In 2010 he founded UCL's Physical Activity Research Group which he led until late 2013. He moved to the University of Sydney in 2014 where he currently is a Professor of Physical Activity, Lifestyle and Population Health; and the Charles Perkins Centre Theme Leader for physical activity, exercise, and energy expenditure. He is the physical activity Editor of the British Journal of Sports Medicine, and the Editor-in-Chief of BMJ Open Sports and Exercise Medicine.