

Dr Richard Troiano

Biography of proposed Guidelines Development Group

Institutional affiliation(s): US National Cancer Institute, National Institutes of Health

Academic degrees: MNS, PhD

City and country of primary residence: Arlington, Virginia USA

Biography

Dr Richard (Rick) Troiano is a Program Director in the Risk Factor Assessment Branch of the Epidemiology and Genomics Research Program in NCI's Division of Cancer Control and Population Sciences. He received his master's and doctoral degrees in nutrition from Cornell University. His research interest is improved understanding of the relationship between health and physical activity, with a focus on the measurement of physical activity. Dr Troiano is interested in promoting improved understanding of the information obtained from devices and self-reports and the analytic implications of different data sources in research and population surveillance. Dr Troiano worked with the National Health and Nutrition Examination Survey to implement the use of devices in the survey to obtain objective measures of participants' physical activity-related movement and sleep, as well as body strength. Dr Troiano also supports federal efforts to promote health-enhancing physical activity, as evidenced by his detail to the Office of the Surgeon General to support development of *Step it Up! The Surgeon General's Call to Action to Promote Walking and Walkable Communities* and his service as Coordinator for the development of *2008 Physical Activity Guidelines for Americans* and co-executive secretary for the *Physical Activity Guidelines for Americans, 2nd edition*.