

Dr Russell (Russ) Jago

Biography of proposed Guidelines Development Group

Institutional affiliation(s): University of Bristol, UK

Academic degrees: BSc, PhD

City and country of primary residence: Bristol, UK

Biography

Dr Russell (Russ) Jago is Professor of Paediatric Physical Activity and Public Health at the University of Bristol where he leads the Centre for Exercise, Nutrition and Health Sciences. Professor Jago's research focusses on understanding the factors that are associated with physical activity and sedentary behaviour in children and young people and then using that information to design and evaluate behaviour change programs. He has published over 200 peer reviewed papers and has been the recipient of extensive grant funding from the British Heart Foundation, Medical Research Council and the National Institute of Health Research. Prof Jago was the Editor in Chief of the International Journal of Behavioural Nutrition and Physical Activity between 2005 and 2008. He is a Fellow of the International Society of Behavioural Nutrition and Physical Activity (ISBNPA) and a Fellow of the Faculty of Public Health.

Related information

- [Centre for Exercise, Nutrition and Health Sciences](#)
- [International Journal of Behavioural Nutrition and Physical Activity](#)