

# Postpartum monitoring form

## MATERNAL HISTORY

Name:		Birth date:
ID:	Admission date:	G:____P:____
Baseline upon admission BP:      HR:		Time of birth:
Significant medical history		

## RISK FACTORS – INFECTION

	Infection risk
>24h from ROM to birth?	No <input type="checkbox"/> Yes <input type="checkbox"/>
Meconium or malodor?	No <input type="checkbox"/> Yes <input type="checkbox"/>

## RISK FACTORS – PPH

	PPH risk
>16h total labor time? Total labor : ____ h ____ min	No <input type="checkbox"/> Yes <input type="checkbox"/>
Episotomy or lacerations? Grade: 1st <input type="checkbox"/> 2nd <input type="checkbox"/> 3rd <input type="checkbox"/> 4th <input type="checkbox"/> Repaired? No <input type="checkbox"/> Yes <input type="checkbox"/> Date:      Time:      Provider:	No <input type="checkbox"/> Yes <input type="checkbox"/>
Any of the following? Previous PPH <input type="checkbox"/> Large baby (>4500 g) <input type="checkbox"/> Multiple pregnancy <input type="checkbox"/> Shoulder dystocia <input type="checkbox"/> Induced/augmented labor <input type="checkbox"/>	No <input type="checkbox"/> Yes <input type="checkbox"/>
Placenta incomplete? Time of birth of placenta: ____:____	No <input type="checkbox"/> Yes <input type="checkbox"/>
Anaemia? Haemoglobin level: _____	No <input type="checkbox"/> Yes <input type="checkbox"/>

## MATERNAL POSTPARTUM ASSESSMENT

Record every 15 min from birth for 1 h. Increase as needed for complications until stable. Then every 30 min x 4. Then per protocol.

Date									
Time	:	:	:	:	:	:	:	:	:
Initials									
Uterine tone	Hard								
	Soft								
Blood loss (mL) Write value in corresponding lane	≥500								
	300–499								
	<300								
Pulse (bpm) Write value in corresponding lane	>100								
	60–100								
	<60								
Systolic blood pressure Write value in corresponding lane	>160								
	100–160								
	<100								
Diastolic blood pressure Write value in corresponding lane	>90								
	≤90								
Pulse> systolic BP?	No								
	Yes								
Temperature Write value in corresponding lane	>38 °C								
	36–38°C								
	<36 °C								
Oxygen saturation Write value in corresponding lane	90–100%								
	<90%								
Respiratory rate Write value in corresponding lane	>30								
	11–30								
	0–10								
Urine output mL									
Fluid input mL, IV or PO									
Medications and interventions									

**PPH**  
Start PPH bundle treatment if  
—blood loss 300–499 mL and other warning sign  
—**or** blood loss ≥500 mL  
—**or** clinical judgement.

**Pre-eclampsia**  
Assess further and treat if elevated BP.

**Infection**  
Assess further and treat if temperature ≥38 °C.