**Bleeding after Birth:**

**Prevention Diagnosis and Treatment of PPH**

Training Cascade Preparation

Preparation

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| **Time required to complete activities in preparation of the workshop may vary based on the printing capacity in-country, the context, and experience of the training team** |
| * Workshop logistics: Arrange and meet with facility head to discuss venue needs, site preparation, selection criteria for participants, and dates for the workshop (refer to the document Facility Preparatory Meeting Agenda). * Send course materials for printing: Check with the printers to ascertain how long they need to print the following materials:   + Poster size copies of the [Action Plan](https://www.dropbox.com/scl/fi/hrvsh5fvkbrr0m9u9uvmn/WHO-BAB-Action-Plans-2025-09-22.pdf?rlkey=qm3ljhlnjaf1sqkn1robgptko&dl=0) (size 56 x 110 cm): print at least two copies for the training room and one to two to post in the facility   + [FlipBook](https://www.dropbox.com/scl/fi/rt88tcchthqnk7s7v8jwy/WHO-BAB-Flipchart_v1.10.pdf?rlkey=r7s7jzn09lb9uey6165ulhl2j&dl=0) (Facilitator's Guide) size 42 x 29 cm: one copy for each master trainer and trainer   + [Provider Guide](https://www.dropbox.com/scl/fi/fib2zro2xzh213jic9qpy/WHO-BAB-Provider-Guide-2025-09-25.pdf?rlkey=wzk4za7lpruzd711gcbdwik2w&dl=0) (size A4): one copy for each master trainer/trainer and participant   + [Postpartum Monitoring Form](https://www.dropbox.com/scl/fi/2th2wjg80e8tw9aauc9mr/04-Postpartum-monitoring-form-PRINT-X.pdf?rlkey=5q5zh2h5wu854nluz0w9myhq0&dl=0) (size A4): 2 copies for each participant and additional copies to use in the client record after training.   Review the learning materials: You must be comfortable with giving the content and facilitating the learning activities when you facilitate the training activity. |

Pre-Workshop Week

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| **Time required to complete activities in preparation of the cascade training workshop may vary based on the experience of the training team and the context** |
| The following activities should be completed during the pre-workshop week:   * Confirm workshop logistics: Confirm the venue of the workshop, the list of participants, arrangements for refreshments during the workshop, any arrangements required to ensure the space for learning is adequate (e.g. sufficient number of tables/chairs). * Print documents that do not require being sent to a professional printer: Refer to the “Training Preparation Checklist” below to assist you with printing course materials. * Assemble the course materials: Assembling the course materials should be completed during the pre-workshop week or even before. Refer to and complete the “Training Preparation Checklist” below to assist you with assembling course materials. * Practice presenting the pages in the facilitator’s guide and facilitating learning materials. |

Pre-Workshop Day

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| **3-4 hours as required based on the experience of the training team and the context** |
| The purpose of the pre-workshop day is to coordinate activities, assign roles, procure any last-minute items, print any outstanding required documents, and manage logistics.  Potential tasks to be carried out during the pre-workshop day are as follows:   * Refer to the "Training Preparation Checklist" to assist you with assembling course materials. Ensure materials are printed in advance of training day. Review any last-minute printing needs, supplies, and equipment. * Set up the learning space as shown in Figure 1 below. * Organize a briefing with the facilitators of the training to assign roles, organize learning materials, etc. Write the name of the facilitator responsible for each activity in the column “Facilitator” on the champion agenda. It is important to highlight that a maximum trainer to participants ratio of 1:6-8 should not be exceeded throughout delivery of the training. |

A group of people around a table

AI-generated content may be incorrect.

Figure 1. Set up for training on “Bleeding after Birth: Prevention, diagnosis and treatment of PPH”

**Learning Materials**

The learning materials were developed to align with the new WHO guidelines for prevention, diagnosis and treatment of PPH to improve care for all women giving birth. They are designed to be delivered as a two-day, on-site, interprofessional training done in groups of six participants to one facilitator. The two days can be separated in time, but it is imperative that all participants receive the first day before receiving the second day. Training should be followed by skills practice, drills and quality improvement activities to help ensure health workers have the required knowledge, skills, and confidence to correctly prevent, diagnose and treat PPH.

The training methodology is interactive and includes opportunities to complete and interpret the Postpartum Monitoring Form. There are “Ask” and “Discuss” questions to prompt reflection on current practices and areas where improvement is needed in the facility. Training materials include two Action Plans, a Flipchart (Facilitator’s Guide), and a Provider Guide (see Figure 2)

A screenshot of a web page

AI-generated content may be incorrect.

A close-up of a document

AI-generated content may be incorrect.

Figure 2. Page 1 and 1b of the Flipchart for preparation tips for training “Bleeding after Birth: Prevention, diagnosis and treatment of PPH”

**Bleeding after Birth:**

**Prevention Diagnosis and Treatment of PPH**

**Training and Mentoring Preparation Checklist**

**Location \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ #Participants \_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_**

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| **TASK** | **DUE DATE & QUANTITY** | **COMPLETED** |
| **Week before training:** Ensure that the necessary training materials are ready to take with you. Use the checklist below to pack documents and supplies. | | |
| **Logistics** |  |  |
| Arrange and meet with facility head and confirm dates for training |  |  |
| Ensure relevant participants have been invited for 6:1 ratio |  |  |
| Ensure your transportation to training site is arranged (if needed) |  |  |
| Confirm that arrangements for catering are completed (if needed) |  |  |
| **Verify that documents sent to printers are ready** | | |
| Ensure:   * 1 Provider’s Guide for each participant * 1 Flipbook and 1 set of two Action Plans * Flipchart (Facilitator’s Manual): 1 per trainer   Print Flipchart as below. Ask the printers to first print one copy to verify that printing has been correctly done; once you are satisfied that they have been printed correctly, print the number you need. |  |  |
| [Training agenda](https://www.dropbox.com/scl/fi/brj62uatpz44ynetvg0ji/03-PPH-Facility-Agenda-template-PRINT-X.docx?rlkey=a3x2vjuwdaak1lnoa7226568x&dl=0) filled in with facilitator roles and times appropriate for activity and setting: 1 per trainer/ |  |  |
| [Course participant log](https://www.dropbox.com/scl/fi/q7nobo862f6nvsvaidqfi/02-PPH-Training-log-PRINT-X.docx?rlkey=ccbmkqmuk5fcu48ljuov1x7i3&dl=0) – sign in sheet |  |  |
| [Knowledge test:](https://www.dropbox.com/scl/fi/uu4xtmc65eovmdcqf8k9n/06-PPH-Knowledge-Test-no-ans-PRINT-X.docx?rlkey=lynuy9jghp2cdvb0gulru291k&dl=0) 2 for each participant (1 for pre-test and 1 for post-test) [Knowledge test answer key](https://www.dropbox.com/scl/fi/uc3dk06zzdtaa7mhmhas4/07-PPH-Knowledge-assessment-answer-key-PRINT-X.docx?rlkey=frx0j0fpc52hdqb1wsne93zto&dl=0) (1 for each facilitator) |  |  |
| [Confidence assessment:](https://www.dropbox.com/scl/fi/szd5dxluen0u92fa9035q/05-PPH-Confidence-Assessment-PRINT-X.docx?rlkey=4e8kebcne8mji2ja96ws0t0nm&dl=0) 1 for each participant |  |  |
| Certificates: 1 per participant |  |  |
| [Course evaluation:](https://www.dropbox.com/scl/fi/9e6eligid5wmtwziic9nu/15-PPH-Course-Evaluation-PRINT-X.docx?rlkey=p17vfrzagilvi9avclc3gnue0&dl=0) 1 per participant |  |  |

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| [Trainer of trainers workshop agenda](https://www.dropbox.com/scl/fi/7l1cjjymtiu74wta5g3f4/00-PPH-TOT-agenda-template-PRINT-X.docx?rlkey=elzrztir6on7lq1nhct26y9mn&dl=0) filled in with facilitator roles and times appropriate for activity and setting: 1 for each trainer |  |  |
| Certificates (trainers, master trainers): 1 per appropriate  Participant |  |  |
| **TASK** | **DUE DATE & QUANTITY** | **COMPLETED** |
| Set up stations so that maximum of 7 people will sit around a small table or in a circle of chairs with facilitator at the head. Ensure that there is 1 **delivery kit and 1 simulator for each 6 learners/stations** with the following:   * towel to create clean/sterile area * scissors, * clamps, * ties, * sample oxytocin vial * sample additional uterotonics as used in local setting * sample TXA vial * 2-5mL syringe * 10mL syringe * basin for placenta * gloves * Simulator that can “bleed” * Simulated blood * 5 drapes or other measurement tool per station   NOTE: Do not waste drugs. Use empty vials or plain vials labeled. |  |  |
| **TASK** | **DUE DATE & QUANTITY** | **COMPLETED** |
| Ensure **1 set of supplies for each station (6 learners)** are available. Decide in advance if you will be teaching NASG, UBT, cervical laceration repair:   * Personal protective equipment * BP machine - manual * Stethoscope * IV infusion bags and giving sets * Surgical gloves * NASG * Uterine balloon tamponade * Specula * Suture |  |  |
| Obtain blood estimation exercise supplies:   * 4 bowls (1-2 medium size), * 500ml red fruit jam, * small amount of gauze, * towel or culturally appropriate cloth |  |  |
| * 1 large floor protector (shower curtain or other) for each station * Ensure enough paper/cloth towels for cleaning up spills * Waste bin for each station * Tape or putty that is safe for walls or flipchart easel to hang Action Plans * 1 pen for each participant * 1 blank flip chart paper and stand norms, welcome, parking lot * markers |  |  |
| **Day before training** |  |  |
| Organize a briefing with the facilitators of the training to assign roles for each activity/page. Write the name of the facilitator responsible for each activity in the column “Facilitator” of the agenda. |  |  |
| Set up simulators(s): fill blood tank with water. Add blood color to tank. Fill uterus with air, attach cervix ribbon. If no simulator, improvise with a pillow or other object that the facilitator can hold on their abdomen for “uterine massage”. |  |  |
| Ensure all training documents are printed (e.g., knowledge and OSCE tests pre and post training, participant characteristics, evaluations, certificates, etc., per above calculations or activity print table) |  |  |
| Set up the training space with stations, blank flip chart with welcome and norms, sign in sheet |  |  |
| Hang up action plans so everyone can see them as you point to where you are during training |  |  |