### WHO LABOUR CARE GUIDE

**Name**

**Parity**

**Labour onset**

**Active labour diagnosis**

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<table>
<thead>
<tr>
<th>Time</th>
<th>Risk factors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hours</td>
<td>1</td>
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</tbody>
</table>

#### ALERT

- **COMPANION**
  - N
- **PAIN RELIEF**
  - N
- **ORAL FLUID**
  - N
- **POSTURE**
  - SP

#### BABY

- **Baseline FHR**
  - <110, ≥160
- **FHR deceleration**
  - L
- **Amniotic fluid**
  - M+++, B
- **Fetal position**
  - P, T
- **C/ Moulding**
  - +++

#### WOMAN

- **PULSE**
  - <60, ≥120
- **Systolic BP**
  - <80, ≥140
- **Diastolic BP**
  - ≥90
- **Temperature °C**
  - <35.0, ≥37.5
- **URINE**
  - P++, A++

- **Contraction per 10 min**
  - ≤2, >5
- **Duration of contractions**
  - <20, >60

#### LABOUR PROGRESS

- **CERVIX**
  - 10
  - 9
  - 8
  - 7
  - 6
  - 5
  - 4
  - 3
  - 2
  - 1
  - 0

- **DESCENT**

- **OXYTOCIN** (U/L, drops/min)

- **M/ANT PAIN RELIEF**

- **IV FLUIDS**

#### MEDICATION

- **SHARED DECISION-MAKING**

#### ASSESSMENT

- **INITIALS**

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**INSTRUCTIONS:** CIRCLE ANY OBSERVATION MEETING THE CRITERIA IN THE ‘ALERT’ COLUMN, ALERT THE SENIOR MIDWIFE OR DOCTOR AND RECORD THE ASSESSMENT AND ACTION TAKEN. IF LABOUR EXTENDS BEYOND 12H, PLEASE CONTINUE ON A NEW LABOUR CARE GUIDE.


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