Singing Sensitization: Delivering accurate health information to vulnerable and hard to reach communities using live music performances

Summary of the initiative

The Republic of Madagascar has infrastructural and distributional inequalities that deprive some communities from access to timely information. Despite the abundance of unique flora and fauna, the country remains challenged in terms of prosperity, and remains one of the least developed countries in the world. Most of the rural Malagasy population have low literacy levels and lack a functioning mass communication infrastructure including access to radio, network coverage, and even electricity.

Health information mostly travels by word of mouth, which is prone to misinformation and misconceptions. Being exposed to misinformation, especially during a health emergency like the coronavirus disease (COVID-19) pandemic, has severe consequences for the audiences’ health and well-being. To address the information void, the locally active nongovernmental organization (NGO) Doctors for Madagascar initiated a project named ‘Singing sensitization’. The project uses live music performances to disseminate evidence-based health information to rural Malagasy communities.

The project aims to raise awareness on health protection measures, educate the community on the risk factors of COVID-19, and debunk misinformation. Messages are communicated via songs in local dialects using a story-telling approach. Regular live performances are organized at central marketplaces in remote villages. The performances are followed by question-and-answer (Q&A) sessions guided by health care workers to provide people with tailored and reliable health information.
Context and relevance of the project

During the measles outbreaks in 2018 and 2019, health care workers in the rural areas of southern Madagascar noticed a lack of knowledge and the spread of misinformation related to measles vaccination. To close this information gap, Doctors for Madagascar started to collaborate with the local singer/songwriter Ebera to initiate ‘Singing sensitization’ as a medium of health communication in rural areas. Together, they developed a song on measles transmission and prevention, which gained great popularity among the local population. During the first wave of the COVID-19 pandemic in April 2020, informal interviews to understand the impact of misinformation were conducted with community leaders, health care workers, and local health authorities during regular NGO activities. Drawing on the positive experience with the measles song, the team composed this time a song to disseminate health information on COVID-19, focusing on the origin, transmission routes, and protective measures against the disease. These cost-free live music performances took place at eight to nine locations each month (or bimonthly in each village) in Ampanihy until August 2021.

Summary of the analysis

Innovation factors

Many Malagasy communities are in isolated geographic locations with very limited access to mass or digital media. This hinders access to timely and reliable health information, which is crucial to protect communities during health emergencies. This initiative addresses the infrastructural barriers by tailoring the content and means of information dissemination to their needs. The project considers the knowledge and literacy levels of the audiences and redefines the learning experience by turning it into a community-based, recreational activity. Singing sensitization translates evidence-based public health and social measures such as handwashing, wearing a mask, and physical distancing into accessible and meaningful recommendations. This enables local community members to make informed decisions about their behaviour and discuss questions and concerns in a trusted environment during the Q&A sessions.

While the project was initiated on a small scale and uses a traditional form of interpersonal communication, it is remarkably appropriate for the target audiences and their contexts. The project could easily be transferred to other remote and hard-to-reach communities, including in other countries.

Accuracy of scientific information

The project uses reliable sources to ensure scientific accuracy of information before developing the lyrics of the songs. Sources include the World Health Organization guidance and national guidelines from the Malagasy Ministry of Health. The lyrics of the songs are adapted and updated as new guidance becomes available or existing guidance is revised. Furthermore, the team uses a feedback mechanism to understand the knowledge gaps and identify any circulating misinformation. This enables local community members to make informed decisions about their behaviour and discuss questions and concerns in a trusted environment during the Q&A sessions.

Impact on knowledge, attitudes and behaviour of the target audience

No formal assessment has been conducted to capture the impact of the project. As for most behaviour change interventions, it is difficult to assess the individual effect of the intervention as other public health programmes are being implemented in parallel. However, during the focus group discussions with community leaders after each performance, the leaders reported a positive uptake of the initiative by the local population, with an estimated reach of 60–70%.
Gender equality, equity and human rights considerations

This initiative is a good example of “leaving no one behind”, a universal value of the 2030 Agenda for Sustainable Development Goals. Finding a mechanism to translate evidence-based public health guidance into accessible, understandable and relevant information for rural communities with low literacy is a way to promote health equity and human rights.

Organizing the live performances at local markets further ensures an equitable access of men and women to the initiative. Participating women may also act as important amplifiers of the health messages by passing the behaviours on to family members including children and older people.

The performances are offered free of charge to allow for equitable participation.

Limitations

Varying languages and dialects among the villages and tribes required an adaptation and translation of the lyrics, which was resource- and time-consuming.

Since the performances were live, they prompted gathering of people. As per government directives due to rising COVID-19 cases, performances had to be cancelled from April to September 2020 and April to May 2021 to respect physical distancing. An increase in performance frequency with fewer participants to maintain physical distance could have been an alternative to cancelling the sessions completely.
Looking forward

Securing funding is critical to sustaining the project. In addition, the team suggested that a functional radio infrastructure in the area would enable the project to reach a larger audience. However, radio channels are limited in their ability to incorporate a feedback mechanism.

The team further envisages to expand the reach of the project by recruiting musicians and performers from other local communities. It is also planned to expand its scope by creating performances on other diseases.

References