Demographics and life-expectancy

- **Aged 60 and above:** 11.3%
- **Aged 80 and above:** 0.8%
- **Life-expectancy at age 60:** 18.1 years
- **Healthy-life expectancy at age 60:** 13.6 years

**Data source:** WHO - Global Health Estimates (GHE) (2019), UN Population Division (2024)

### Number of persons aged 60 years or over (thousands)

<table>
<thead>
<tr>
<th>Year</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>1089</td>
<td>947</td>
<td>1836</td>
</tr>
</tbody>
</table>

**Data source:** UN Population Division

### Living arrangements

- **Alone:** 5.0%
- **Other:** 20%
- **With children:** 40%
- **With spouse only:** 39%

**Data source:** UN Population Division

### Healthy life-expectancy at age 60

- **Both sexes:**
  - 2000: 7.7 years
  - 2010: 9.5 years
  - 2020: 11.1 years

- **Female:**
  - 2000: 8.7 years
  - 2010: 10.4 years
  - 2020: 12.1 years

- **Male:**
  - 2000: 6.7 years
  - 2010: 8.1 years
  - 2020: 9.8 years

**Data source:** WHO - Global Health Estimates (GHE)

### Risk factors

#### Prevalence of insufficient physical activity in people aged 70 or over (latest data)

- **Male:** 14%
- **Female:** 22%

### Body Mass Index (BMI) by age over time

#### Male

- **Obese:**
  - 60-64: 10%
  - 80-84: 15%
  - 85+: 25%

- **Overweight:**
  - 60-64: 20%
  - 80-84: 25%
  - 85+: 30%

- **Healthy:**
  - 60-64: 40%
  - 80-84: 35%
  - 85+: 20%

- **Underweight:**
  - 60-64: 5%
  - 80-84: 10%
  - 85+: 15%

#### Female

- **Obese:**
  - 60-64: 15%
  - 80-84: 20%
  - 85+: 25%

- **Overweight:**
  - 60-64: 25%
  - 80-84: 30%
  - 85+: 35%

- **Healthy:**
  - 60-64: 35%
  - 80-84: 30%
  - 85+: 20%

- **Underweight:**
  - 60-64: 10%
  - 80-84: 5%
  - 85+: 5%

**Data source:** NCD-RisC

### Ageism

- **Crude prevalence of high ageist attitudes:** no data
- **Crude prevalence of moderate ageist attitudes:** no data
- **Crude prevalence of low ageist attitudes:** no data

**Data source:** Global Report on Ageism 2020

(https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7246680)
Percentage of older people receiving long-term care at home (aged 65 years or over)

Number of formally employed LTC workers per 100 older persons (aged 65 years or over)

Percentage of older people receiving long-term care at long-time care facilities (aged 65 years or over)

Data source:

Percentage of older people living in rural and urban areas

Data source: UN Population Division

Age-friendly cities and communities

More information: Age-friendly World

Data source: ILO, UN Population Division

Prevalence and incidence of common health conditions

Data source: IHME (2019)

* Prevalence  ** Incidence

Integrated Care for Older People

Top 10 causes of death in older people and years lived with disability

Prevalence and incidence of common health conditions

Percentage of older people living in rural and urban areas

Long-term care for older people

More information: Age-friendly World


Top 10 causes of death in older people and years lived with disability

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Prevalence and incidence of common health conditions

Age Groups

Data source: IHME (2019)

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Data source: ILO, UN Population Division

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Age Groups

Data source: IHME (2019)
### Sustainable Development Goals

#### Indicator
- **Proportion of persons above retirement age receiving a pension (SDG 1.3.1)**
  - **Year**: 2020
  - **Both sexes**: 14.9%
  - **Female**: no data
  - **Male**: no data

  *Data source: ILO*

#### Indicator
- **Prevalence of anaemia in older people (SDG 2.2.3)**
  - **Year**: 2019
  - **Age 60-64**: 30.2%
  - **Age 65-69**: 34.0%
  - **Age 70-74**: 38.3%
  - **Age 75-79**: 42.2%
  - **Age 80-84**: 46.0%
  - **Age 85-89**: 51.9%
  - **Age 90-94**: 50.3%
  - **Age 95+**: 51.0%

  *Data source: IHME*

#### Indicator
- **Incidence rate of acute hepatitis B in older people (per 100 000 population) (SDG 3.3.4)**
  - **Year**: 2019
  - **Age 60-64**: 33201
  - **Age 65-69**: 29787
  - **Age 70-74**: 26079
  - **Age 75-79**: 22218
  - **Age 80-84**: 19495
  - **Age 85-89**: 17178
  - **Age 90-94**: 14514
  - **Age 95+**: 11154

- **Incidence rate of tuberculosis in older people (per 100 000 population) (SDG 3.3.2)**
  - **Year**: 2019
  - **Age 60-64**: 35585
  - **Age 65-69**: 35697
  - **Age 70-74**: 36385
  - **Age 75-79**: 38880
  - **Age 80-84**: 50895
  - **Age 85-89**: 60414
  - **Age 90-94**: 67935
  - **Age 95+**: 70674

- **Suicide mortality rate (per 100 000 population) among older people (SDG 3.4.2)**
  - **Year**: 2019
  - **Age 60-64**: 5
  - **Age 65-69**: 5
  - **Age 70-74**: 6
  - **Age 75-79**: 6
  - **Age 80-84**: 8
  - **Age 85-89**: 7
  - **Age 90-94**: 8
  - **Age 95+**: 8

  *Data source: IHME*

#### Indicator
- **Labour force participation rate by older people (SDG 8.5)**
  - **Year**: 2020
  - **Both sexes**: 15.6%
  - **Female**: 7.8%
  - **Male**: 27.7%

  *Data source: ILO*

#### Indicator
- **Proportion of older people who experienced any type of abuse (SDG 16.1.3)**
  - **Year**: no data
  - **Age 60-64**: no data
  - **Age 65-69**: no data
  - **Age 70-74**: no data
  - **Age 75-79**: no data
  - **Age 80-84**: no data
  - **Age 85-89**: no data
  - **Age 90-94**: no data
  - **Age 95+**: no data

  *Data source:*
## National commitments

<table>
<thead>
<tr>
<th>Item</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Focal point on ageing and health in the ministry of health</td>
<td>Yes</td>
</tr>
<tr>
<td>National plans, policies or strategies on ageing and health</td>
<td>Yes</td>
</tr>
<tr>
<td>National multi-stakeholder forum or committee on ageing and health</td>
<td>Yes</td>
</tr>
<tr>
<td>National legislation and enforcement strategies against age-based discrimination</td>
<td>Yes</td>
</tr>
<tr>
<td>National legislation/regulations that provide older adults with access to assistive devices from the WHO Priority Assistive Product List</td>
<td>No</td>
</tr>
<tr>
<td>National programme to support activities in line with the WHO global Network for Age-friendly Cities and Communities</td>
<td>Yes</td>
</tr>
<tr>
<td>National policies in place to support comprehensive assessments of the health and social care needs for older people</td>
<td>No</td>
</tr>
<tr>
<td>Long-term care policy/plan/strategy/framework (stand-alone or integrated within an ageing and health plan)</td>
<td>No</td>
</tr>
<tr>
<td>Cross-sectional nationally representative, publicly available and anonymous individual level data on older persons and their health status and needs</td>
<td>No</td>
</tr>
<tr>
<td>Longitudinal nationally representative surveys (cohort) on older persons and their status and needs</td>
<td>No</td>
</tr>
<tr>
<td>Policy, legislation, strategy, or programme to support combating ageism</td>
<td>Yes</td>
</tr>
<tr>
<td>Human rights mechanisms dedicated to the promotion and protection of the rights of older persons</td>
<td>No</td>
</tr>
<tr>
<td>Specific legal, administrative, or other effective remedies to older persons who have been subject to discrimination</td>
<td>No</td>
</tr>
<tr>
<td>Contributing to the UN-Open ended working group on ageing</td>
<td>No Response</td>
</tr>
<tr>
<td>Implemented actions to support income generation activities for older persons</td>
<td>Yes</td>
</tr>
<tr>
<td>Provide out-patient-service free of charge in the public sector for older persons</td>
<td>Yes</td>
</tr>
<tr>
<td>Provide assistive devices and technologies free of charge in the public sector for older persons</td>
<td>Yes</td>
</tr>
<tr>
<td>Provide pharmaceutical products and/or other medical supplies free of charge in the public sector for older persons</td>
<td>Yes</td>
</tr>
<tr>
<td>Capacity-building plans to strengthen the geriatric and gerontology workforce</td>
<td>Yes</td>
</tr>
<tr>
<td>National guidelines for organizing geriatric care and training</td>
<td>No</td>
</tr>
<tr>
<td>National competency frameworks for geriatrics care workers</td>
<td>No</td>
</tr>
<tr>
<td>Programmes (in-person or online) available for caregivers of older persons</td>
<td>Yes</td>
</tr>
<tr>
<td>Policy, legislation, strategy, or programme to support the integration of palliative care services into the structure and financing of national healthcare systems at all levels of care</td>
<td>No</td>
</tr>
<tr>
<td>Availability of resources (human and finance) to implement actions on ageism</td>
<td>Very limited resources</td>
</tr>
<tr>
<td>Availability of resources (human and finance) to implement actions on age-friendly environment</td>
<td>Very limited resources</td>
</tr>
<tr>
<td>Availability of resources (human and finance) to implement actions on integration care for older persons</td>
<td>Very limited resources</td>
</tr>
<tr>
<td>Availability of resources (human and finance) to implement actions on long-term care for older persons</td>
<td>Very limited resources</td>
</tr>
</tbody>
</table>

**Data source:** WHO (2023)