

# Integration of social prescription in primary care

Dr Suvajee Good

Regional Advisor, Health Promotion and Social Determinants of Health

WHO South-East Asia Regional Office

[goods@who.int](mailto:goods@who.int)

# Social Prescribing in PHC

Serves as a **mechanism/tool** to integrate health promotion, self-management, and holistic wellbeing into routine care

Shifts from purely biomedical model to a **solugenic model** on health creation and wellbeing by addressing underlying health determinants

Holistic perspectives

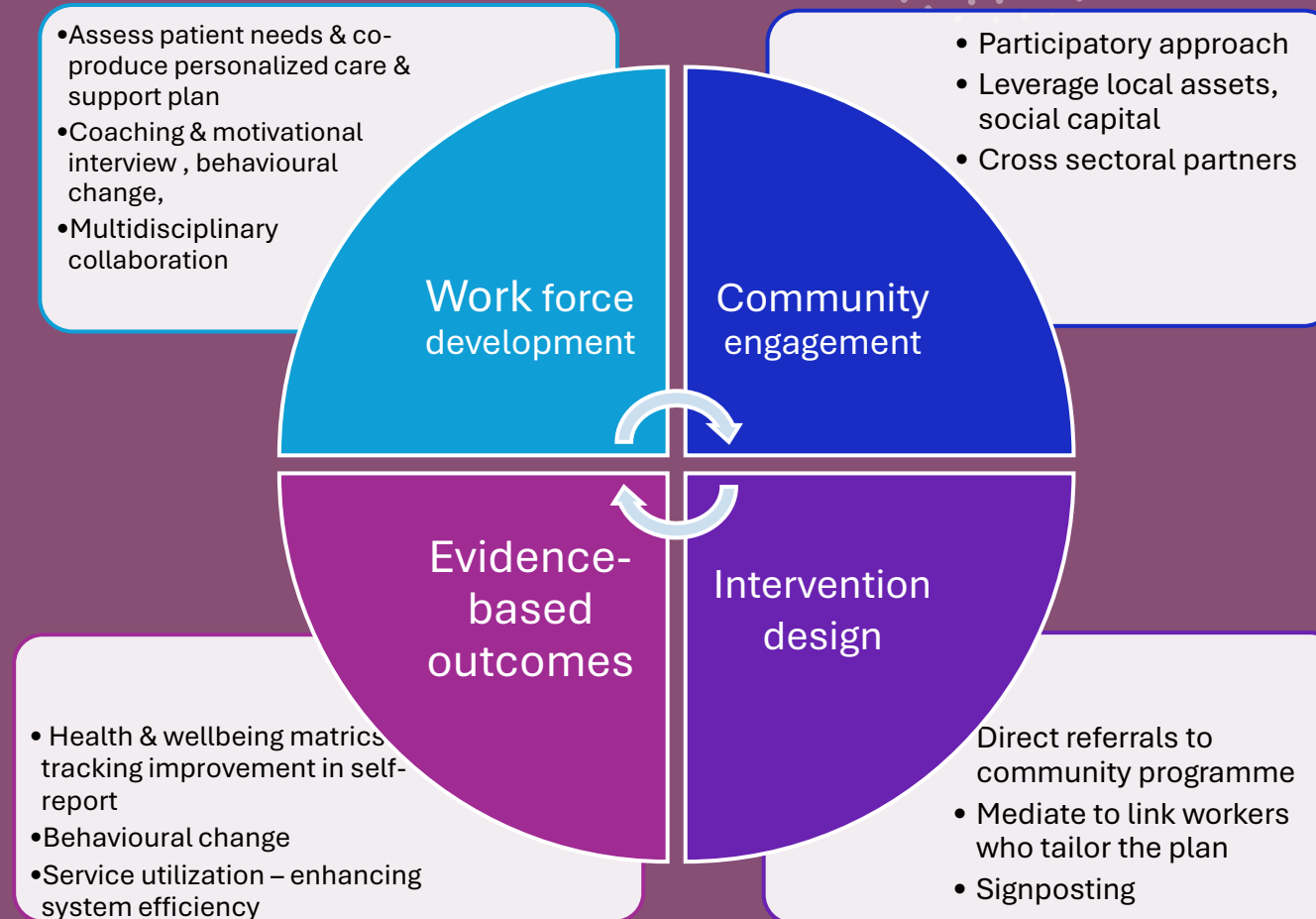
Uses shared decision-making to identify '**what matters**' to **patients**, design interventions around their strengths and needs

**Complements clinical treatment** by embedding link workers within PHC teams to bridge the gap between medical care, community services, and volunteers

People-center approach

Integrated care & multidisciplinary collaboration

# Core Components



# Policy & System Level considerations

- Sustainability through integration of social prescription within the core of primary care services
- Equitable and inclusion: ensure support systems for underserved population
- Evidence-based behavioural change model for long-term impacts
- Quality assurance: standardized referral pathway, supervision protocols, and community engagement practices
- Multisectoral collaboration especially partnering with communities including in transdisciplinary research

# WHO training modules on social prescribing

## Defining social prescribing and understanding the social determinants of health

Module 1



## Partnership with healthcare providers

Module 3



## A TOOLKIT ON HOW TO IMPLEMENT SOCIAL PRESCRIBING



## Interacting and implementing social prescriptions with the patient

Module 2



## Locate and match community resources

Module 4



Evaluate your practice and its impact on patients; develop your skills; maintain your wellbeing; act ethically

Module 5

