



## **Example 24-hour Dietary Recall Entry Sheet**

Quick List	Time	Place	Description of food or drink	Brand (if processed packaged food	Amount consumed	Leftovers	Code	Portion code

Adapted from - Nelson M, Erens B, Bates B, Church S & Boshier T. 24-hour dietary recalls. IN: DAPA Measurement Toolkit, Medical Research Council [website] https://dapa-toolkit.mrc.ac.uk/diet/subjective-methods/24-hour-dietary-recall