

Economic Burden of Tobacco Related Diseases in Tamil Nadu

Highlights

According to the Global Adult Tobacco Survey India (2009-10), in Tamil Nadu 16% of adults (15 years and above) used tobacco. About 10% of adults were smokers and 8% used smokeless tobacco. Furthermore, 10% of adults were exposed to secondhand smoke at home.

The study on *Economic Burden of Tobacco Related Diseases in India*, was conducted to estimate the economic burden of disease attributable to tobacco use. The study estimates the direct¹ and indirect² costs from all diseases due to tobacco use as well as the cost of each of the following four diseases: cardiovascular diseases, cancers, respiratory diseases and tuberculosis in 13 states in India.

Major state level estimates (Tamil Nadu)

- The total economic costs attributable to tobacco use in Tamil Nadu amounted to Rs 1171 crores in the year 2011 for persons aged 35-69, of which 79% was direct medical costs and 21% was indirect morbidity costs.
- The economic cost for four specific diseases (CVD, cancer, tuberculosis and respiratory disease) amounted to Rs 467 crores.
- Cardiovascular diseases (CVD) shared the highest economic burden (Rs 179 crores) on account of tobacco use, followed by cancers at (Rs 142 crores), respiratory disease at (Rs 99 crores) and tuberculosis (Rs 46 crores).
- Among the four diseases, CVD contributed the highest at 46% of the total direct medical cost and respiratory disease contributed the highest at 38% of the total indirect cost.
- The economic cost for all diseases due to tobacco use was higher in males in except for cancers where the costs in females (due to smokeless tobacco) was higher at Rs 64.9 crores (compared to Rs 4.3 crores for males).

At national level

The estimated economic cost of diseases attributable to tobacco use at Rs 1,04,500 crores was 1.16% of the GDP. This was 12% more than the combined state and central government expenditures on health in 2011-12. The total central excise revenue from all tobacco products in the year 2011-12 amounted to only 17% of the estimated economic costs of tobacco.

Of the total economic burden, direct cost was 16%; indirect costs were 84%, of which premature mortality cost contributed significantly by nearly 70%. For state level estimates, only direct medical and indirect morbidity costs were estimated. If the cost of premature mortality was to be included in the estimates the actual expenditure would increase manifold.

¹Direct medical costs included the direct health care expenditures for inpatient hospitalization or outpatient visits, including surgeon's fees, medicines, diagnostic tests, bed charges, attendant charges, medical appliances, ambulatory services for treating tobacco related diseases and other such expenditures that are directly related to the inpatient hospitalization or outpatient visit.

²Indirect costs are of two types: (1) indirect morbidity costs comprising of expenditures incurred for transportation other than ambulance and lodging charges for caregivers, and additionally the loss of household income to the whole household due to inpatient hospitalization or outpatient visits as a proxy for the value of lost productivity; and (2) indirect mortality costs which is the cost of premature mortality.

Table 1. Health Costs of Disease among tobacco users in Tamil Nadu (in Rs crores)

	Tamil Nadu		India	
	4 diseases	All diseases	4 diseases	All diseases
Male	371.4	920.6	8438.1	24707.9
Female	95.6	250.6	1705.1	6768.0
Total	467.0	1171.3	10143.3	31475.9

Table 2. Direct cost of smoking and smokeless tobacco in Tamil Nadu (in Rs crores)

	Smoking		Smokeless tobacco	
	Male	Female	Male	Female
CVD	116.9	0.7	16.4	20.5
Cancer	53.3	0.9	3.2	55.1
Tuberculosis	14.2	0.4	1.2	2.7
Respiratory disease	48.5	0.1	NA	NA
All diseases	673.3	4.0	38.1	208.1

Table 3. Indirect cost of smoking and smokeless tobacco in Tamil Nadu (in Rs crores)

	Smoking		Smokeless tobacco	
	Male	Female	Male	Female
CVD	19.1	0.1	2.7	2.3
Cancer	19.2	0.2	1.1	9.8
Tuberculosis	22.9	0.4	3.3	2.8
Respiratory disease	50.8	0.0	NA	NA
All diseases	198.1	0.7	19.2	37.9

The report calls for prioritisation of tobacco control for larger population level benefits in Tamil Nadu.

Increased resource and budget allocations for NCD prevention and control, including full implementation of the WHO Framework Convention on Tobacco Control (WHO FCTC) and the tobacco control laws is imperative.

We need to act now to save lives!

The study on the, “Economic Burden of Tobacco Related Diseases in India” was conducted by the Public Health Foundation of India, in collaboration with the Ministry of Health & Family Welfare, Government of India and the WHO Country Office for India.