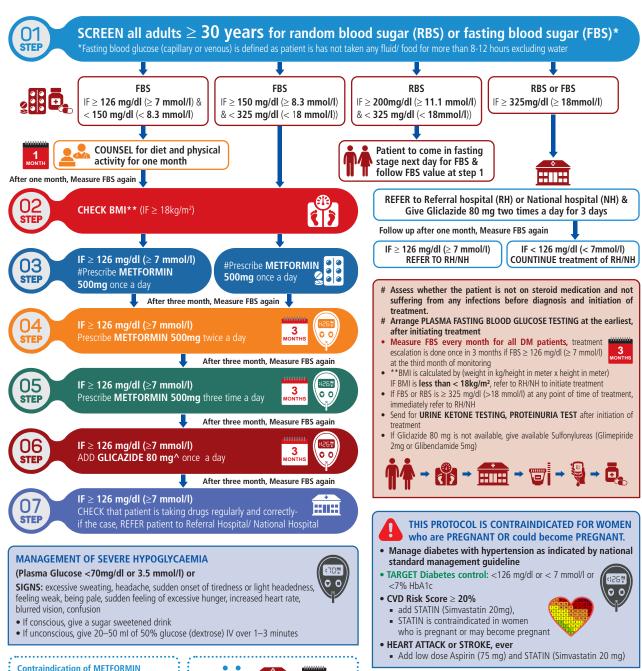
Type 2 Diabetes Management Protocol



Contraindication of METFORMIN

- BMI <18 kg/m²)
- Renal impairment
- Abnormal serum creatinine (>136mmol/l)
- Diabetic Ketoacidosis
- · Abuse alcohol
- Intolerance to drug
- Liver diseases

Contraindication of Sulfonvlureas

· Pregnancy or going to become pregnant

- Refer patient for diagnosis of diabetic
- complications to RH/NH once in a year (eye, kidney, heart, sensory neuropathy)
- Examine feet for ulcer every visit
- Perform HbA1C testing at nearest health facility once in every six months
- Check for Drug compliance at each visit
- Educate patient about sign and symptoms of hypoglycemia during every visits
- Tell patient to carry sugar candy or sugar always with them
- Give diet chart to all patient
- $\bullet\,$ Dispense drugs for 30 days and give appointment after 4 weeks
- · Advise patient to come to health facility 3 days prior to due date for drugs
- · Medications should be taken at the same time each day

Lifestyle advice for all patients









