

protocol for Initiation and treatment with single pill combination at PHC

- Commence treatment with two antihypertensive drugs from different classes of first line medicine, when BP is $\geq 20/10$ mmHg above target/ BP is $\geq 140/90$ mmHg
-
- Initial monotherapy may be used in low-risk grade 1 hypertension, those with symptomatic orthostatic hypotension and elderly with age ≥ 85 years and those with moderate-to-severe frailty
-
- The medicines mentioned in the algorithm are examples and can be replaced with any two medicines from any of the first line drugs (ACEI/ ARB, CCBs or thiazide/thiazide-like diuretics)

ACEI and ARB are contraindicated in pregnancy and should not be given to pregnant women.

