FIGO statements to 75th session of WHO Regional Committee for South-East Asia

9.2 Strategic Action Plan to reduce the double burden of malnutrition in the South-East Asia Region 2016–2025 (SEA/RC69/R5)

The International Federation of Gynecology and Obstetrics welcomes the implementation roadmap for the prevention and control of malnutrition due to both over and under nutrition.

Obesity is increasing in South Asia together with NCDs which have been the leading cause of death among women for more than 30 years. As the global voice for women's health, FIGO highlights the need for an approach to prevention and control that emphasises health and care across the lifespan.

The health of women and girls must be optimised globally by empowering women and their health care professionals to identify risk and co-create lifelong prevention strategies. FIGO has developed prevention strategies, including a Nutrition Checklist, to facilitate this.

FIGO will support WHO and Member States with the development and implementation of clinical guidance that takes a life course approach to women’s health. Together, we can promote wellness throughout a woman’s life, and ensure good health is passed on to next generations.