Statement on behalf of the International League Against Epilepsy (ILAE) at the 75th Regional Committee Meeting of the WHO South-East Asia Region

Agenda 10.1: “Key issues arising out of the Seventy-fifth World Health Assembly and the 150th and 151st sessions of the WHO Executive Board”

The International League Against Epilepsy (ILAE) promotes evidence-based treatment for people with epilepsy through its 128 National Chapters.

ILAE thanks all member states for their unanimous approval of the 2022-2031 Intersectoral Global Action Plan on Epilepsy and Other Neurological Disorders at the 75th World Health Assembly earlier this year.

ILAE would also like to thank the members of the SEARO High-Level Preparatory meeting for the excellent working paper on the outcomes of the 75th World Health Assembly acknowledging the importance of epilepsy and other neurological disorders in the region. ILAE would like to commend the Regional Director for establishing an Regional Expert Group to provide guidance on moving this important agenda forward.

ILAE, together with the International Bureau for Epilepsy, wishes to continue to work in partnership with member states and WHO to close the current epilepsy treatment, inclusion, and research gaps.

Over 15 million people in SEARO region have epilepsy. Despite the fact that an annual course of effective anti-seizure medicines costs only five US dollars, it is estimated that fewer than one in five people with epilepsy living in the SEARO have access to treatment.

Untreated epilepsy kills – the mortality rate for someone with untreated epilepsy is three times that of the general population.

Untreated epilepsy disables – untreated epilepsy is responsible for the global loss of over 13 million disability adjusted life years every year.

And not treating epilepsy is also extremely costly – it is estimated that worldwide over 650 billion US dollars are lost each year due to lack of adequate treatment for epilepsy.

ILAE hopes that service coverage for epilepsy in SEARO can significantly increase so that by the end of this decade:

- 90% of the estimated 15 million people with epilepsy in the SEARO region are aware of their diagnosis and aware that it is a treatable brain disorder
- At least 80% of people with epilepsy have access to safe and affordable anti-seizure medicines
- And over 70% of people receiving treatment achieve good seizure control.

Through its global network of over 26,000 epilepsy professionals, ILAE can provide support with:

- Gathering information on the health and economic burden of epilepsy
- Developing effective patient-centered models of care
- Improving knowledge through education and training
- Advancing research into epilepsy
- Using expanded epilepsy service to strengthen care for other neurological disorders

ILAE looks forward to continuing to work with member states and WHO on the Intersectoral Global Action Plan on Epilepsy and Other Neurological Disorders to achieve a world where no person’s life is limited by epilepsy.