

Coronavirus disease 2019 (COVID-19)

Data as reported by the CCSA press briefing including a summary over the past week until 5 August

5 Aug 2021

WHO Thailand Situation Update

693,305
Confirmed

5,663
Deaths

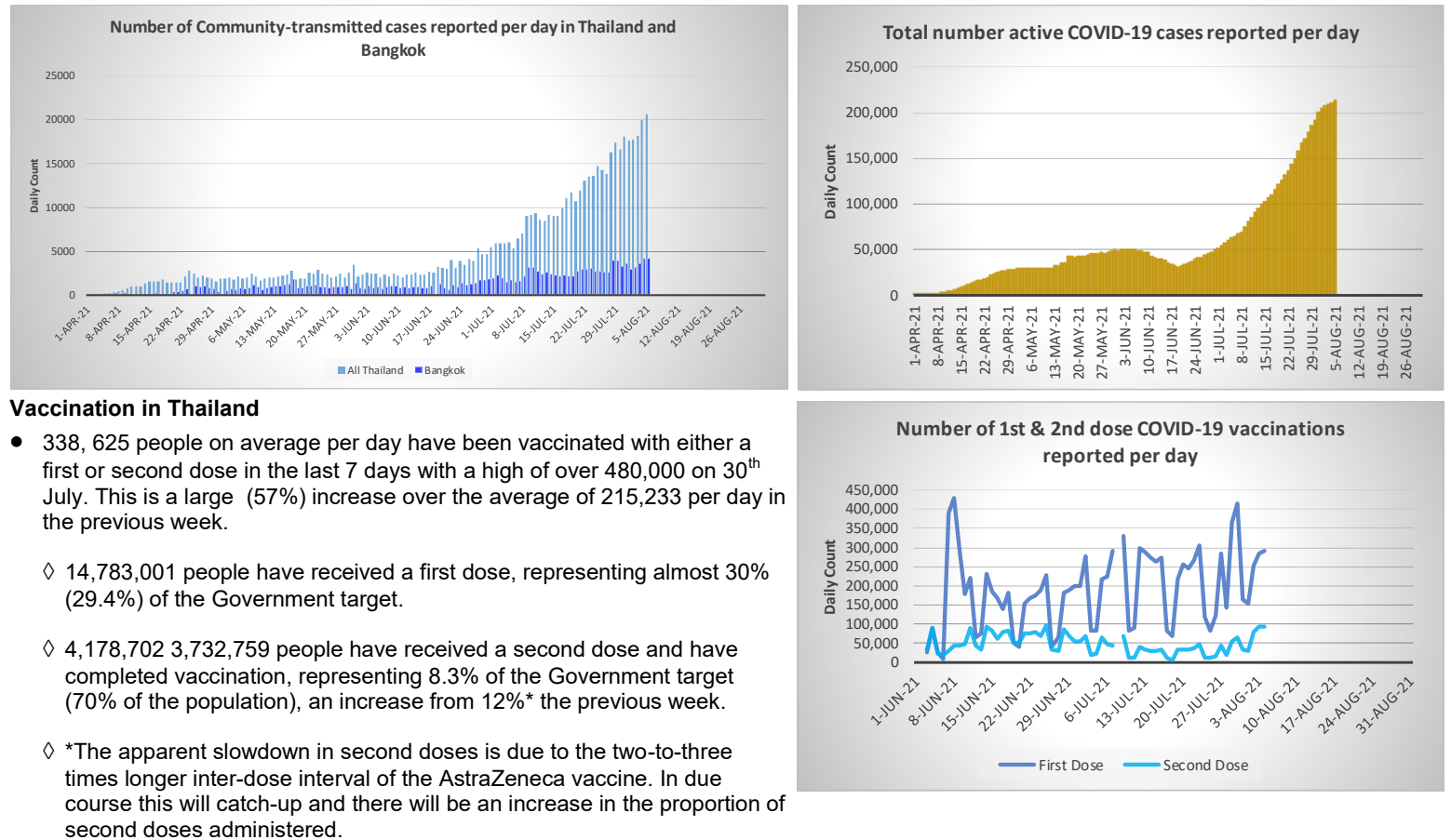
213,910
Currently Hospitalized

473,732
Recovered

18,961,703
(1st 14,783,001 2nd 4,178,702)
Vaccinated

THAILAND SITUATION UPDATE
No. 195

- SPOTLIGHT
- Today, 20,920 new cases of laboratory-confirmed COVID-19 and 160 new deaths were announced by the Thailand Ministry of Public Health. 4,993 patients are classified with serious illness, of which 1,058 are currently receiving ventilatory support.
 - 262 cases of these new cases are in prison facilities and 8 were detected in quarantine after arriving in Thailand from another country
 - Cases due to transmission in the community include 17,312 cases detected through the routine surveillance system: (testing of people presenting at a healthcare facility for a variety of reasons, including presence of COVID-19 symptoms, contact with a case, concern about possible exposure) and 3,338 cases who were identified through active case finding: (testing of people in the community at the initiative of public health authorities)
 - 213,910 cases are receiving treatment (active cases), including 87,150 in conventional hospitals and 126,760 in field hospitals/home isolation.
 - In the last week 18,425 community transmission cases on average were reported per day, a 24% increase from the average of 14,808 per day in the previous week (last week 34%).
 - Community cases in Thailand have continued to increase daily, and continue to at more than three times the daily count of one month ago (chart below left). In the last week Bangkok daily cases have fluctuated from 3,500 to more than 4,000 cases, with the proportion of cases in Bangkok increasing from 16% on the 1st August to 20% on the 5th.
 - Over the past week, 157 new deaths were reported on average per day, a 27% increase from an average of 124 deaths per day reported in the previous week. While the daily count of deaths has steadily increased the rate of increase in deaths has been slowing down (42%, 25%, 47%, 17%, 31%, 27%)
 - The last seven days also saw a daily increase in active cases, climbing from 185,976 seven days ago to 213,910 yesterday; (chart below right).
 - The 10 provinces reporting the most laboratory-confirmed COVID-19 cases today are Bangkok (4,140), Samut Prakan (1,326), Chonburi (1,311), Samut Sakhon (1,279), Nonthaburi (754), Nakhon Ratchasima (565), Saraburi (494), Pathum Thani (463), Chachoengsao (449) and Ayutthaya (427).



SITUATION ANALYSIS:

The number of new laboratory-confirmed COVID-19 cases reported today, (17,926), the total number of active COVID-19 cases (213,910), the number of cases classified as serious (4993) and the number of these cases being ventilated (1,058) are all the highest reported to date in Thailand. The number of deaths reported yesterday (4th August, 2021) was the highest recorded to date (188).

Case numbers are now also increasing at a greater rate outside of 'Greater Bangkok' especially in the North East of Thailand, where 4,237 cases were reported today.

We can expect that healthcare facilities will continue to see a very high burden of COVID-19 cases in the coming weeks, and the number of deaths being reported every day is likely to remain high.

We can help our loved ones AND protect the healthcare system by getting vaccinated, and helping others - especially older people and individuals with serious medical problems - to register for and travel to vaccination sites. It is more important than ever before that every single person in Thailand applies the simple, basic protective measures that will break chains of transmission.

If we do this, we protect ourselves, the vulnerable members of our family and those in the communities where we live. By flattening the curve, we relieve the burden on hospitals and protect our healthcare workers. Stay at home if possible, avoid crowded places, wash your hands with soap and water or alcohol gel, wear a face mask and if you have a cough, practice respiratory hygiene by coughing into a tissue or a folded elbow, disposing of the tissue safely and washing your hands after. If we all follow these measures, it WILL make a difference and lives will be saved.



WHO's Dr. Maria Van Kerkhove tells us what we know so far about the Delta variant.

EXPLAINER: Dealing with mental health

As measures are introduced to restrict movement as part of efforts to reduce the number of people infected with COVID-19, more and more of us are making huge changes to our daily routines. The new realities of working from home, temporary unemployment, home-schooling for children, and lack of physical contact with other family members, friends and colleagues take time to get used to. Adapting to lifestyle changes such as these, and managing the fear of contracting the virus and worry about people close to us who are particularly vulnerable, are challenging for all of us. They can be particularly difficult for people with mental health conditions. Fortunately, there are lots of things that we can do to look after our own mental health and to help others who may need some extra support and care. Here are some tips and advice that we hope you will find useful.

- **Keep informed.** Listen to advice and recommendations from your national and local authorities. Follow trusted news channels, such as local and national TV and radio, and keep up-to-date with the latest news from @WHOThailand or @WHO on social media.
- **Have a routine.** Keep up with daily routines as much as possible, or make new ones.
 - * Get up and go to bed at similar times every day.
 - * Keep up with personal hygiene.
 - * Eat healthy meals at regular times.
 - * Exercise regularly.
 - * Allocate time for working and time for resting.
 - * Make time for doing things you enjoy.
- **Minimize newsfeeds.** Try to reduce how much time you spend watching, reading or listening to news that makes you feel anxious or distressed. Seek the latest information at specific times of the day, once or twice a day if needed.
- **Social contact is important.** If your movements are restricted, keep in regular contact with people close to you by telephone and online channels.

Read more about WHO guidelines on how to deal with mental health [here](#) and [here](#).

Hotlines for mental support

If you are feeling depressed or lonely, help is always available. Reach out to helpline services for advice and mental support.

- Samaritans of Thailand offer 24-hour support. Call 02 713 6791 (English), 02 713 6793 (Thai)
- The Department of Mental Health 1323 (Thai)

WHAT WHO IS DOING TO SUPPORT THAILAND

WHO Thailand supports the Royal Thai Government through the Ministry of Public Health, sharing information on developments, guidelines and scientific updates. WHO also supports the wider UN response, including working with key partners to support migrant populations in Thailand. WHO also provides information and advice to staff of the UN system in Thailand.



The Thailand COVID19 situation report is available in Thai and English, please [visit](#)
For regular updates on WHO's response in Thailand, please [visit](#)
For global figures and technical advice from WHO, please [visit](#)

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