Call your healthcare provider immediately if you see any of these danger signs:

- Difficulty breathing
- Loss of speech or mobility
- Confusion
- Chest pain

**WHAT TO DO IF SOMEONE IS SICK IN YOUR HOUSEHOLD**

Life has to continue even where COVID-19 is spreading.

Here's how to stay safe.

1. **ISOLATE THE SICK PERSON**
   - Prepare a separate room or isolated space, and keep distance from others.
   - Keep the room well ventilated and open windows frequently.

2. **REDUCE CONTACT WITH THE VIRUS**
   - Identify one household member to be the contact person who is not at high risk and has the fewest contacts with people outside.
   - Wear a medical mask if in the same room as the sick person.
   - Use separate dishes, cups, eating utensils and bedding from the sick person.
   - Clean and disinfect frequently touched surfaces.

3. **TAKE CARE OF THE SICK PERSON**
   - Monitor the sick person’s symptoms regularly.
   - Pay special attention if the person is at high risk for serious illness.
   - Ensure the sick person rests and stays hydrated.

**DANGER SIGNS**

Call your healthcare provider immediately if you see any of these danger signs:

- Difficulty breathing
- Loss of speech or mobility
- Confusion
- Chest pain

**KNOW YOUR RISK. LOWER YOUR RISK.**

World Health Organization