

Coronavirus Disease 2019 (COVID-19)

Situation Report – 32

Timor-Leste

Data as reported by 08 May 2020

HIGHLIGHTS

- As part of ramped up surveillance for COVID-19, samples are being collected from patients with respiratory symptoms from community health centers, health posts and referral hospitals across the 13 municipalities.

Maintaining Essential Health Services during the COVID-19 Pandemic

- The Ministry of Health has developed a national guideline to continue immunization services under the state of emergency due to the COVID-19 pandemic abiding the physical distancing conditions. With technical and financial support from WHO, UNICEF and GAVI, MoH teams (also comprising WHO and UNICEF officials) will visit all 13 municipalities and conduct briefings to orient and introduce the EPI focal points to the guideline, which was developed based on the WHO interim guidance on maintaining essential health services under pillar 9 of the COVID-19 strategic Preparedness and Response Plan.
- Besides, MoH, with financial contribution from WHO, UNICEF and GAVI is also providing frontline health workers monthly telephone credit beginning May 01 for coordinated information dissemination through SMS social media networks to parents to remind of next immunization visit, default tracking and value of immunization.
- The Ministry of Health (MoH) and Hospital Nacional Guido Valadares (HNGV) with technical support from WHO conducted dengue case management refresher training for community health centre (CHC) health care providers in Aileu. More than 20 health care providers attended the training.
- WHO is supporting the Ministry of Health in maintaining essential health services for HIV, screening for Hepatitis B and Hepatitis C, Hepatitis B Vaccination and treatment of Hepatitis C in high risk/key population by securing Hepatitis B Vaccines and viral load cartridges. Continuity of treatment of HIV patients and screening for Hepatitis B and Hepatitis C, Hepatitis B Vaccination and treatment of Hepatitis C is among the essential health services that must be maintained during the COVID-19 pandemic.
- Since May 05, international day for hand hygiene and international day of midwives, over 75 nurses and midwives were briefed and trained on the importance of hand hygiene in Dili District. Throughout May, hand hygiene campaign aims to reach all 13 districts.

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

Globally

3 672 238 confirmed (83 465)

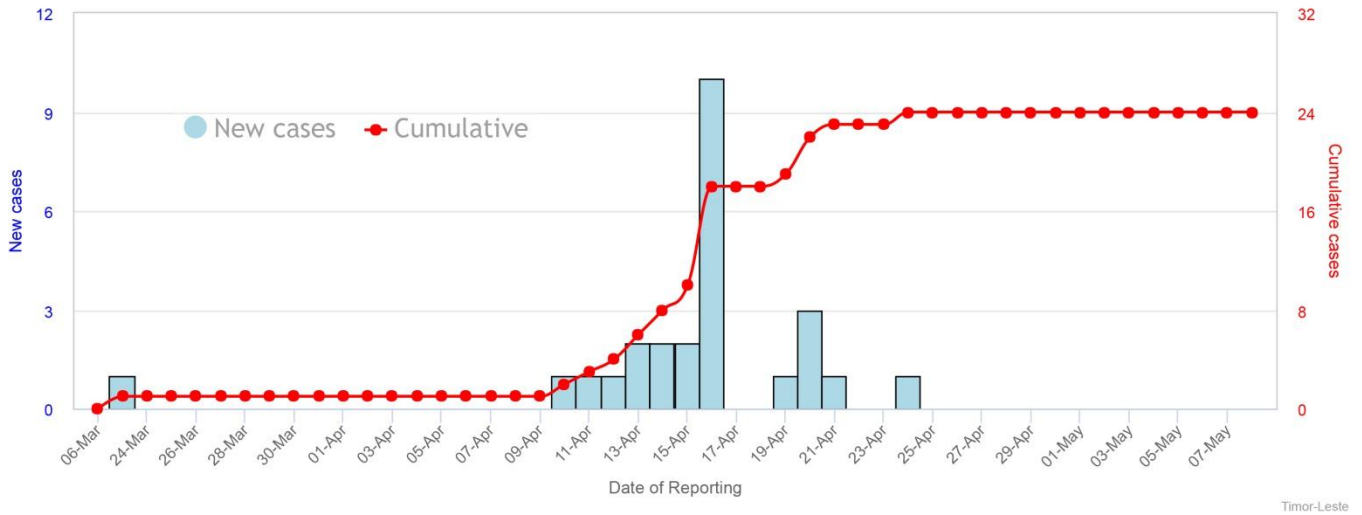
254 045 deaths (6539)

WHO RISK ASSESSMENT

Global Level **Very High**



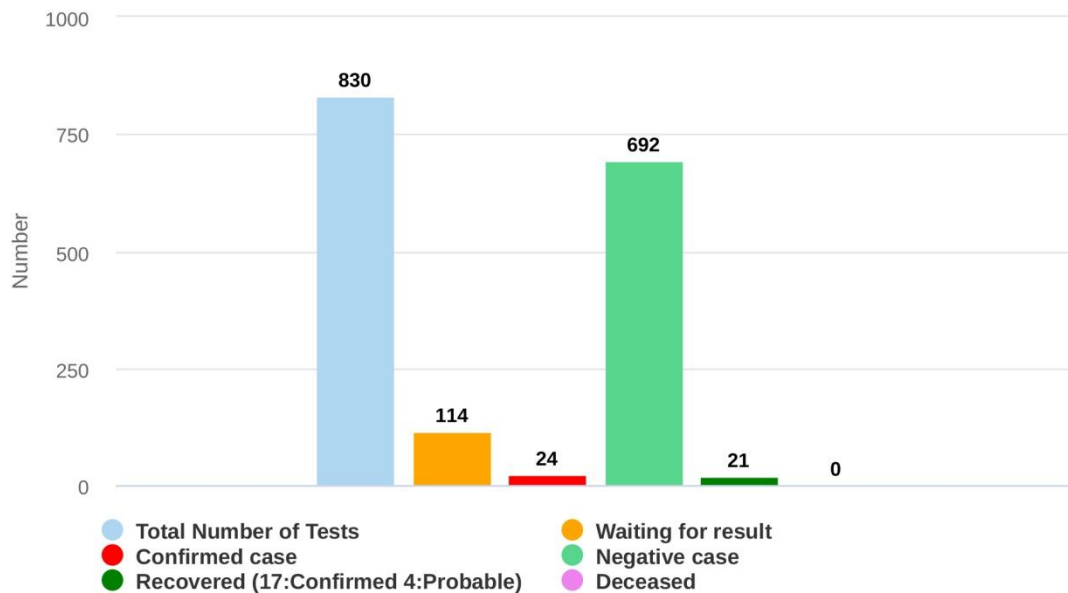
New and cumulative COVID-19 cases in Timor-Leste by date of reporting



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Global Highlights

WHO, UNICEF and the International Federation of the Red Cross have published guidance for countries on how to maintain community-based healthcare in the context of COVID-19. It complements the United Nations framework for the socio-economic response to COVID-19.

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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