

# Coronavirus Disease 2019 (COVID-19)

## Situation Report – 50

### Timor-Leste

Data as reported by 10 July 2020

#### HIGHLIGHTS

- Maintaining essential health services during the pandemic remains the cornerstone of COVID-19 response. The Ministry of Health (MoH) with WHO alongside, launched two key documents to strengthen TB care & management, and strategic planning; **a) TB/ DR-TB and Latent TB Infection Management guideline, and b) National Strategic Plan (NSP) 2020-24**. The TB guideline is aligned with the recent updates to WHO guidelines. WHO Country Office provided consistent technical guidance and other support in the development of the two crucial documents.
- The MoH, Hospital Nacional Guido Valadares (HNGV), and INS with support from WHO and St. John of God, and USAID are conducting a "Covid-19 Case Management Training" for health professionals at Maubiesse Referral Hospital in Ainaro municipality. About 15 health care workers comprising doctors, nurses and midwives were trained in different aspects of COVID-19 case management.
- The increased vulnerability of those with noncommunicable diseases (NCDs) to becoming severely ill and dying from COVID-19 calls for ramping up of efforts for prevention, management, and control of NCDs. The Ministry Health and Directorate of District Health Services, Ermera together with WHO trained 36 multidisciplinary health professionals comprising doctors, nurses, midwives, laboratory personnel, pharmacist, nutritionist, and chief of Gleno Community Health Centre (CHC), Ermera, attended a two-day orientation on the tools and processes of integrating and implementing the updated people-centred Package of Essential Noncommunicable Disease (PEN) interventions. The Gleno CHC provides primary health care services to its catchment population of 25000 people and has 4 health posts under its catchment area.
- The MoH with support from UNICEF, WHO, UNFPA, and Australian Aid conducted a national workshop on Maternal and Perinatal Death Surveillance and Response (MPDSR).

#### SITUATION IN NUMBERS

**24 confirmed (0 new)**

**0 deaths**

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

#### GLOBAL SITUATION IN NUMBERS

**Total (new) cases in last 24 hours**

**Globally**

**11 874 226 confirmed (204 967)**

**545 481 deaths (5 575)**

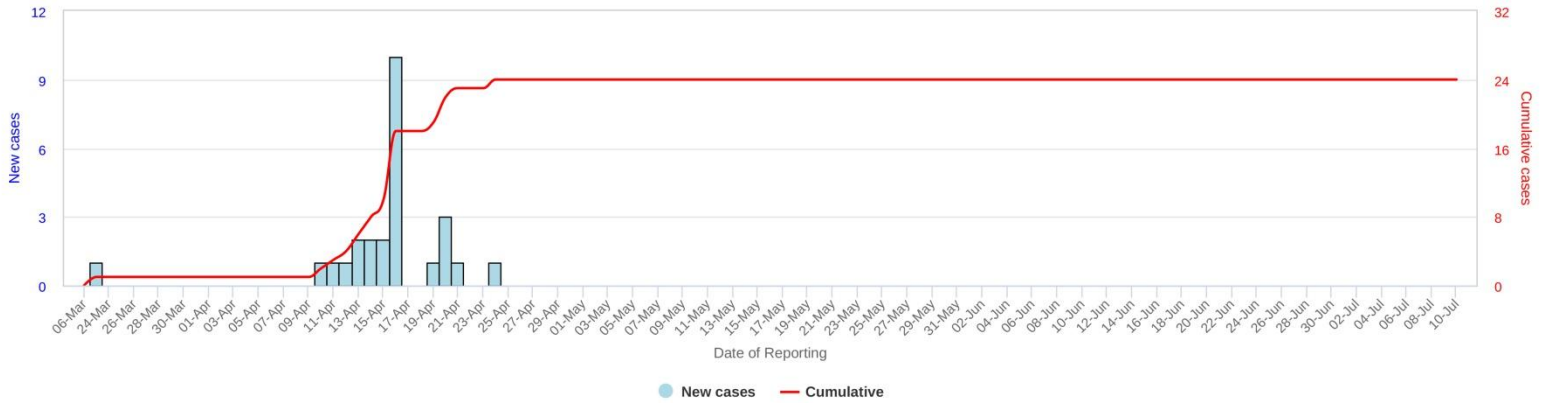
#### WHO RISK ASSESSMENT

**Global Level    Very High**



### New and cumulative COVID-19 cases in Timor-Leste by date of reporting

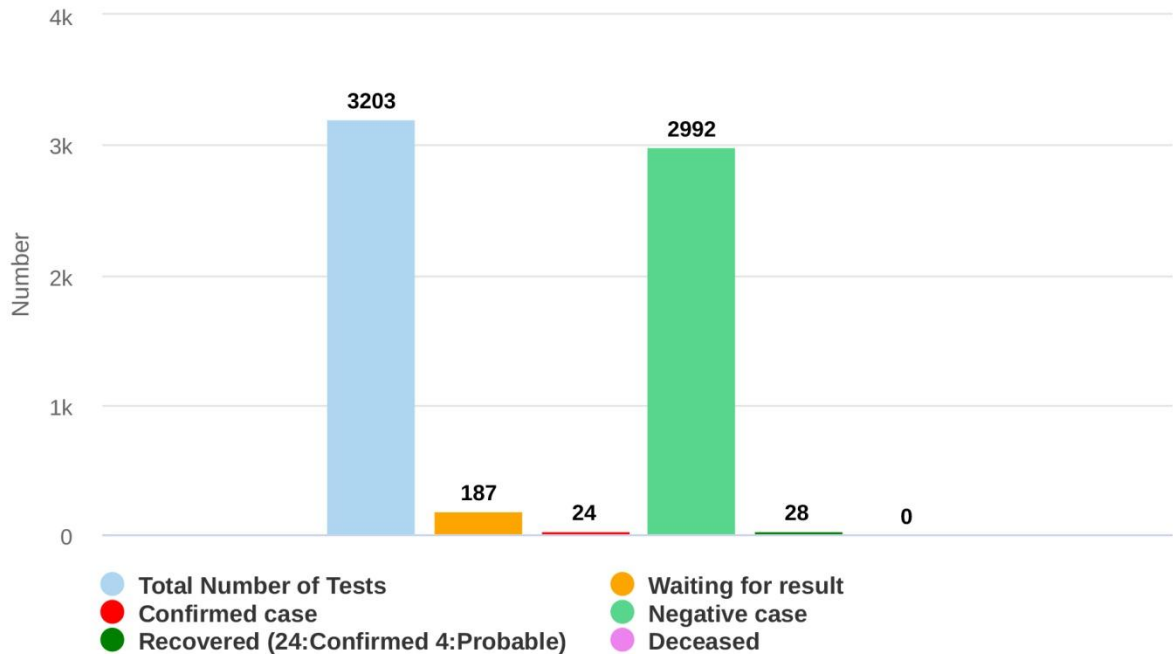
( 10-Jul-2020 : New cases-0 Cumulative-24 )



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

### Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

## WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
  - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
  - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
  - Identify, isolate and care for patients early, including providing optimized care for infected patients;
  - Communicate critical risk and event information to all communities and counter misinformation;
  - Minimize social and economic impact through multisectoral partnerships.
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## RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

### **Wash your hands frequently**

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

### **Maintain physical distancing**

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

### **Avoid touching eyes, nose and mouth**

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

### **Practice respiratory hygiene**

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

### **If you have fever, cough and difficulty breathing, seek medical care early**

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

**Stay informed and follow advice given by your healthcare provider**

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

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**COVID-19 Information and media queries:**

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
  - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
  - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to [singhsho@who.int](mailto:singhsho@who.int) and [hasane@who.int](mailto:hasane@who.int)
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