# **Coronavirus Disease 2019 (COVID-19)** Situation Report – 42 Timor-Leste



Data as reported by 12 June 2020

# **HIGHLIGHTS**

- The monitoring and evaluation activity by MoH and WHO with financial support from KOICA for the COVID-19 response in community health centres (CHCs) concluded in all municipalities except Manufahi and Lautem. The findings of the CHC visits are shared with national, district and other CHC administrators. The gaps are discussed through a district debriefing meeting mechanism. Six teams comprising WHO medical doctors, MoH officials and district surveillance officers are assessing the preparedness of the facilities and health workers in CHCs for COVID-19. In addition to the M&E activity, WHO, with financial support from KOICA is also providing essential health and cleaning supplies, such as detergent, soap, hand sanitizer, and bleach to each CHC in response to surging demand. The field activity will continue until June 19 and will reach all 70 CHCs in 13 municipalities.
- WHO provided another batch of personal protective equipment to the MoH for the border area districts; Covalima, Bobonaro, and Oecusse. These included 22,500 surgical masks, 375 goggles, 18000 gloves, 1125 gowns and 500 respirator masks to each of the three municipalities.
- UNICEF, WHO and IOM assisted the MoH in assessing preparedness in the border municipalities and communities prior to the end of the state of emergency. The visit focused on assessing infection prevention and control measures, triage and treatment facilities, water, sanitation and

hygiene provisions and awareness among communities on COVID19 preventive measures. The team also visited potential quarantine sites and isolation facilities. UNICEF will support relevant pillars of the MoH to improve risk communications and community engagement, conduct WASH technical assessments and strengthen infection prevention and control measures at these ports of entry.

- WHO and KOICA are supporting the surveillance department, MoH by providing laptops and printers to surveillance focal points in each municipality.
- UNICEF supported the MoH in providing 350,000 brochures for distribution to families during the ongoing nationwide cash transfer programme. The brochures included messaging on COVID-19 prevention, hand washing and infant and young child feeding during the COVID-19 pandemic.
- IOM in collaboration with WHO and funding support from USAID is contributing to strengthening COVID-19 response among the border communities by providing necessary equipment and supplies for self and environmental hygiene. IOM distributed 138 hygiene kits to border police, local health clinics and quarantine centres in Covalima and Bobonaro.

#### **SITUATION IN NUMBERS**

24 confirmed (0 new)0 deaths

(As per data released by <u>Centro</u> Integrado Gestao de Crise)

Follow WHO Timor-Leste on Facebook and Twitter.

More information and guidance by WHO regarding the current COVID-19 outbreak can be found <u>here</u>.

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

Globally 7 273 958 confirmed (128 419) 413 372 deaths (5 347)

WHO RISK ASSESSMENT Global Level Very High

- While COVID-19 poses a serious threat to human lives and the health system, dengue cases in the meantime have claimed a few lives. In order to keep the disease under check, the Department of Environmental Health, MoH, with support from WHO conducted dengue prevention and control in seven high-risk municipalities; Dili, Ermera, Liquica, Baucau, Covalima, Manatuto, Lautem, and Ainaro. Another objective of the activity is also to reduce case fatality rates and strengthen evidence for action on dengue.
- IOM, KOICA and the National Health Laboratory (NHL) of Timor-Leste signed an agreement to facilitate the procurement of laboratory equipment which will increase the national capacity for COVID-19 testing.
- IOM is supporting the MoH in spreading community awareness and disseminate basic information on COVID-19 prevention. IOM printed and distributed 3869 posters stickers in local languages including Tetum, Bunak and Kemak in seven villages in Covalima and Bobonaro municipality. Additionally, IOM also reached out to more than 18,000 people in border communities using local community radio stations, electronic pre-recorded voice utilizing vehicle mounted PA systems in partnership with the PNTL (Border Police), and Migration Services; all these activities were in collaboration with WHO through the USAID financial support.
- The Ministry of Health, Instiuto Nacional Saude (INS), Hospital Nacional Guido Valadares (HNGV) is conducting COVID-19 preparedness and response training for the health staff of community health centers and referral hospitals in Suai, Ermera and Bobonaro municipalities with support from WHO, USAID, John Snow Inc. and Health Alliance International (HAI). The technical curriculum for this training has been developed jointly by INS, WHO, Maluk Timor, and St John of God. The training covers 12 main areas of COVID-19 preparedness and response and several other sub-topics. The 12 main areas are; i) introduction to COVID-19, ii) IPC, iii) Triage, iv) PPE, v) Mild and moderate case management, vi) Psychology, vii) Safe transfer of patients, viii) Communicating with patients and families, ix) TB & HIV care in the context of COVID-19, x) Maintaining essential health services xi) Health promotion, and xii) Palliative care.



#### New and cumulative COVID-19 cases in Timor-Leste by date of reporting = ( £2-Jun-2020 : New calers-0 Cumulative-24 ) 12 32 New cases - Cumulative 24 . New CO345 15 6 a a П فتريا فلني تحتيد فلتمه فلتمد تحتيره at a Date of Reporting

Source : National Directorate of Disease Control - Department of Epidemic Surveilland



Current Situation : COVID-19 Timor-Leste

Source : National Directorate of Disease Control - Department of Epidemic Surveillance

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# WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

# **RECOMMENDATIONS AND ADVICE FOR THE PUBLIC**

#### Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

**Why?** Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

#### Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

**Why?** When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

#### Avoid touching eyes, nose and mouth

**Why?** Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

#### Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

**Why?** Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

### If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

**Why?** Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

# Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

**Why?** National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available <u>here</u>.

# COVID-19 Information and media queries:

- The MoH has established a hotline number 119 for COVID-19 on which people can call to get any COVID-19 related information.
- Additionally, <u>MoH Facebook page</u> provides timely updates on COVID-19 developments in the country.
- WHO Timor-Leste through its <u>Facebook page</u> and <u>Twitter handle</u> also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to <u>singhsho@who.int</u> and <u>hasane@who.int</u>