

Coronavirus Disease 2019 (COVID-19)

Situation Report – 51

Timor-Leste

Data as reported by 14 July 2020

HIGHLIGHTS

- The Prime Minister's Office, on 10 July 2020 held a meeting with the UN Country team to discuss the COVID-19 pandemic, its socio-economic impact and the measures to address the same and restoration of bilateral cooperation programme, which was suspended due to the pandemic.
- The MoH, Hospital Nacional Guido Valadares (HNGV), and INS with support from WHO and St. John of God, and USAID are conducting "COVID-19 Case Management" training for health professionals in Covalima and Oecusse municipalities. About 15 health care workers comprising doctors, nurses, midwives, and pharmacists were trained in Covalima municipality and 80 Oecusse. The technical curriculum for this training has been developed jointly by INS, WHO, Maluk Timor, and St John of God. The training covers 12 main areas of COVID-19 preparedness and response and several other sub-topics. The 12 main areas are; i) introduction to COVID-19, ii) IPC, iii) Triage, iv) PPE, v) Mild and moderate case management, vi) Psychology, vii) Safe transfer of patients, viii) Communicating with patients and families, ix) TB & HIV care in the context of COVID-19, x) Maintaining essential health services xi) Health promotion, and xii) Palliative care.
- The MoH, UNICEF, UNFPA and WHO conducted a national workshop on maternal, perinatal death surveillance and response to frame recommendations for improvement of maternal and newborn and newborn health based on the Maternal and Perinatal Death reviews conducted in 2018. The workshop also focused on the implementation approach for the integrated Maternal and Perinatal Death Surveillance and Response System in Timor-Leste.
- To maintain essential health services for tuberculosis (TB) and to further support the Ministry of Health (MoH) in rolling out the new all oral shorter treatment regimen, WHO supported the procurement of 13 fully automated ECG machines which are to be placed across all the 13 municipalities, including referral and national hospitals, and Klibur Domin, for subsequent clinical management of DR-TB patients. In addition, WHO also supported the design and production of IEC materials which are being distributed all over the country to further raise awareness on TB.
- MoH with technical and logistical support from WHO is conducting dengue prevention and control in seven municipalities currently – Covalima, Ainaro, Baucau, Dili, Ermera, Liquica, Manatuto, and Lautem.
- MOH with technical support from WHO has started a series of technical workshops on, "The role of immunization and Nutrition in the first 1000 days of life" in collaboration with Midwife Association of Timor-Leste (APTL).

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

Globally

12 768 307 confirmed (215 539)

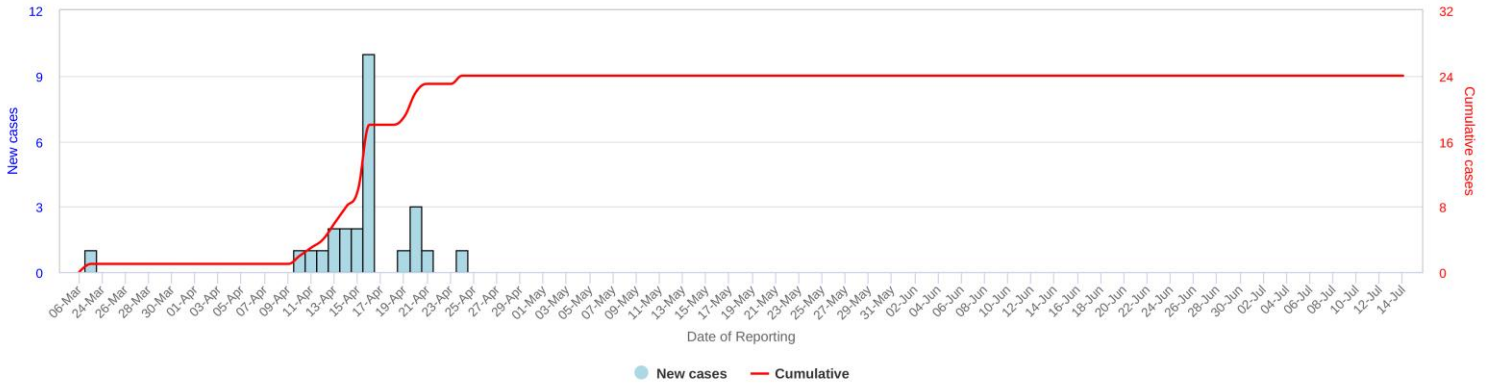
566 654 deaths (5 037)

WHO RISK ASSESSMENT

Global Level Very High



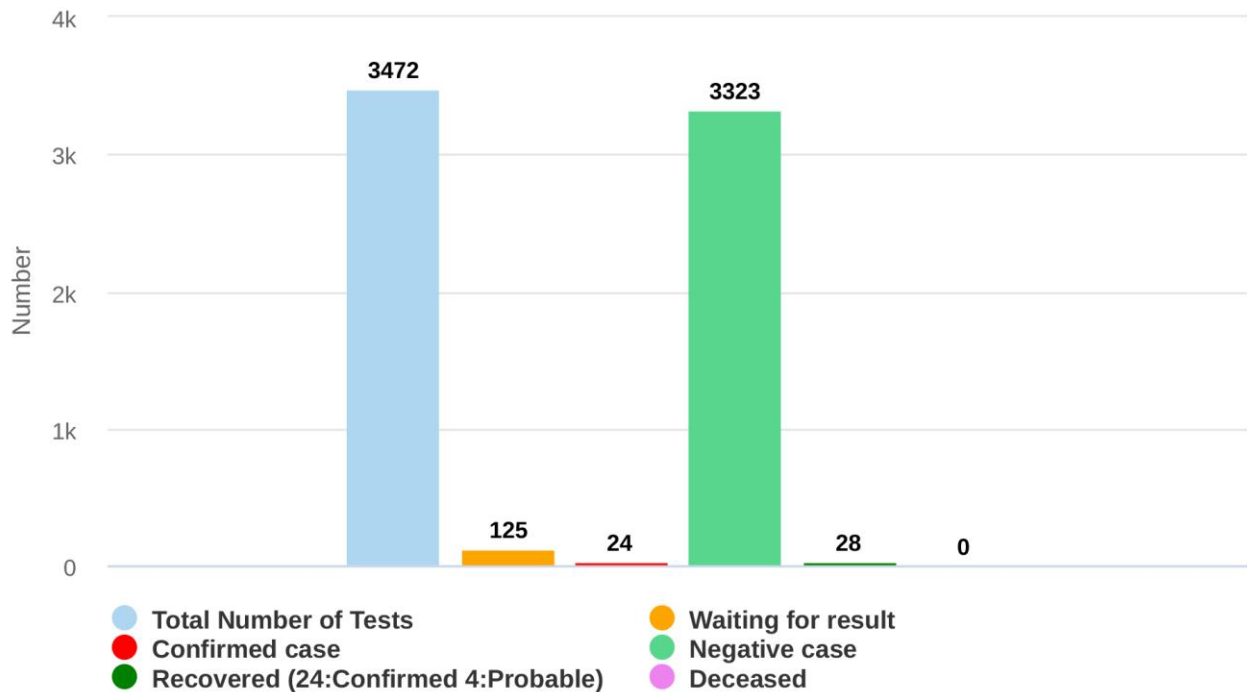
New and cumulative COVID-19 cases in Timor-Leste by date of reporting
(14-Jul-2020 : New cases-0 Cumulative-24)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
-

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
-