

Coronavirus Disease 2019 (COVID-19)

Situation Report – 25

Timor-Leste



World Health
Organization
Timor-Leste

Data as reported by 16 April 2020

HIGHLIGHTS

- A joint MoH and WHO technical team along with partners provided three weeks' intensive support in collaboration with other stakeholders to improve the health facilities' preparedness and response to the pandemic. A total of 284 medical and non-medical staffs have been oriented on Infection Prevention and Control (IPC) and Case Management (CM). There is active triaging and patient flow arrangement at all CHCs and visited HPs. IPC activities including hand washing and physical distancing are practiced by all staff and patients. Temporary isolation places are also established and ready for suspected cases.
- **Surveillance & Contact Tracing:** A dedicated surveillance hub has been established to expand contact tracing capability. MoH with WHO's support has trained about 35 doctors for this purpose. In addition, WHO has supported the MoH in developing an online tool for contact tracing for COVID-19, which provides real time information on cases and contact tracing.
- **Isolation and Quarantine:** The Vera Cruz Community Health Centre (CHC) is now functional as an isolation facility. In addition, about 30 facilities new places have been identified by the MoH for quarantining people returning to Timor-Leste.
- The Government continues to provide timely and accurate information at a time when there is overabundance of information, some accurate and some not. For accurate information, please follow the live broadcast of the daily press briefing held at the Integrated Centre for Crisis Management. It has a dedicated facebook page as well, which is [here](#).

Global Highlights

- WHO has published the updated strategy for tackling the COVID-19 pandemic. The document translates what we have learned so far about the virus into strategic action and will frame the next iteration of the Strategic Preparedness and Response Plan, due in the coming weeks. More details can be found [here](#).

SITUATION IN NUMBERS

18 confirmed (10 new)

0 deaths

1 Recovered

(As per data published by the MoH on their [Facebook page](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current outbreak of Coronavirus Disease – 2019 (COVID-19) can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

Globally

1 914 916 confirmed (70 082)

123 010 deaths (5989)

WHO RISK ASSESSMENT

Global Level Very High

- There is no evidence that oral poliovirus vaccine protects people against infection with COVID-19 virus. A clinical trial is planned in the USA, and WHO will evaluate the evidence when it is available. Greater details are available [here](#).

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Prevent local transmission. Currently there is no reported local transmission. The only confirmed case is imported.
 - Train and equip health workers and health facilities to manage large number of cases.
 - Communicate risk and event information to all communities and counter misinformation in collaboration with partners.
 - Minimize social and economic impact through multisectoral partnerships
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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