

Coronavirus Disease 2019 (COVID-19)

Situation Report – 35

Timor-Leste

Data as reported by 19 May 2020

HIGHLIGHTS

- The Seventy-third World Health Assembly (WHA) opened on Monday. The WHA will focus on the COVID-19 pandemic. Member States will deliver statements, report their progress in fighting the coronavirus, share knowledge on the evolving situation and consider a draft resolution on COVID-19. It is available live online in Arabic, Chinese, Russian, English, French, and Spanish. It is the first time since the inception of the Agency that it is being held virtually.

Timor-Leste participated in the WHA too; Director General Health Services, Ministry of Health (MoH), National Director, Policy & Cooperation, MoH, and National Director, Disease Control, MoH represented Timor-Leste virtually.
- The MoH and Hospital Nacional Guido Valadares (HNGV) with support from WHO, St John of God, Menzies School of Health Research, Maluk Timor, and USAID conducted yet another "Covid-19 Case Management Training" for clinical staff of the isolation and treatment facilities. With the last of the training sessions concluding on Monday in Dili, a total of 110 health care professionals have undergone the training. In the next phase, the same training will be replicated in the five regional hospitals.
- The MoH with support from WHO supported the training and briefing of over 40 health workers under the Ataturk community health centre (CHC) on the importance of hand hygiene as a part of the month long hand hygiene campaign that aims to reemphasize the importance of hand hygiene not only in the context of COVID-19, but to improve overall health outcomes. The participants also learned to build tippy-taps in the community.
- UNICEF and WHO supported the MoH in raising awareness on how Ministry of Social Solidarity and Inclusion staff can protect themselves and raise awareness at community level on prevention of COVID-19 during the planned social cash transfer programme.
- WHO and USAID have collaborated with two newspapers and the most-read/visited online news website to publish the full range of Q&As and FAQs in the national language so as to make it as widely accessible to the general population. The same content is also being published on the several online news websites.
- UNICEF provided internet connectivity to all immunization and programme focal persons at national and municipal levels to enable MoH to receive regular reports on HMIS approved key indicators and monitor the provision of routine health services during the COVID-19 pandemic.

SITUATION IN NUMBERS

24 confirmed (0 new)

0 deaths

(As per data released by [Centro Integrado Gestao de Crise](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS Total (new) cases in last 24 hours

Globally

4 618 821 confirmed (93 324)
311 847 deaths (4 452)

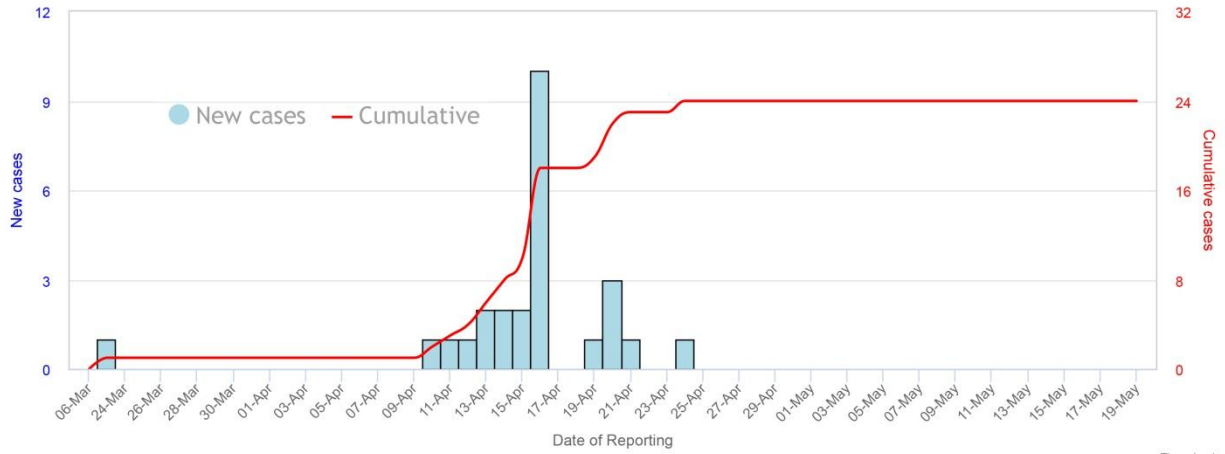
WHO RISK ASSESSMENT

Global Level Very High

- WHO provided 10 000 surgical masks, 1000 pairs of examination gloves and 100 waste bins to the Department of Environmental Health under the National Directorate of Public Health, MoH to further support and improve the MoH's COVID-19 response related to clinical waste management, disinfections and decontamination at Port of Entries, Quarantine and Isolation sites and Health Facilities.
- UNICEF and the Dili Municipality conducted an assessment of existing WASH facilities at the Manleuana market as part of the initial process of improving sustainable permanent WASH facilities in public places in Dili.
- UNICEF provided 150 speakers and related communications equipment to 70 community health centers and nine municipal health services across the country to support ongoing awareness on COVID-19 prevention at community level.



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

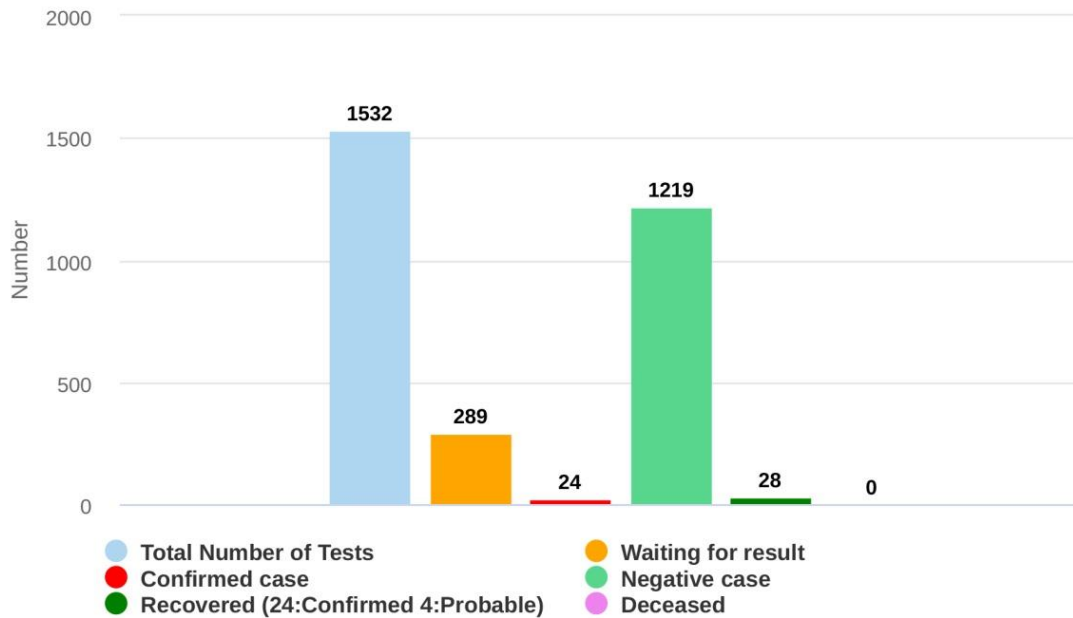


Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Timor-Leste

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Global Highlights

- WHO has signed an agreement with the International Olympic Committee (IOC) to work together to promote health through sport and physical activity. The agreement has a special focus on preventing non-communicable diseases (NCDs). This collaboration is timely because the current COVID-19 pandemic is particularly affecting people with NCDs..
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WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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