

Coronavirus Disease 2019 (COVID-19)

Situation Report – 54

Timor-Leste

Data as reported by 24 July 2020

HIGHLIGHTS

- The Ministry of Health (MoH) commemorated the fourth National Health Day on July 22. To mark the occasion, the MoH re-launched the flagship primary healthcare programme, Saude na Familia in Liquidoe, Aileu.
- The Minister of Health, Dr Odete Maria Freitas Belo officially launched the provision of additional dose of oral polio vaccine (OPV) to children under six-years at Liquidoe, Aileu on the occasion of the National Health Day.
- The MoH with technical support from WHO and financial assistance from KOICA disseminated the findings of the assessment (monitoring & evaluation) of the 70 community health centres among the 13 district health directors and surveillance focal points. This evaluation (M&E) was conducted in the middle of the state of emergency; from May to June 2020. The purpose of this project was to assess how the country has fared in terms of its COVID-19 response since the beginning of this year and identify remaining gaps.
- The increased vulnerability of those with noncommunicable diseases (NCDs) to becoming severely ill and dying from COVID-19 calls for ramping up of efforts for prevention, management, and control of NCDs. A total of 51 multidisciplinary health professionals of Atsabe and Letefoho Community Health Center (CHC), Ermera, attended a two-day orientation meeting on the tools and processes of integrating and implementing the updated people-centered Package of Essential Noncommunicable Disease interventions (PEN) for primary care which is a set of interventions to enable early identification and management of NCDs and their risk factors.
- The MoH with support from WHO and UNFPA disseminated the guideline on Health Sector Response to Gender-Based Violence (GBV) among as many as 35 doctors and midwives at CHC Baki and Bocnana in Oecusse - RAEOA Municipality.
- MoH with support from UNICEF and WHO carried out bOPV (bivalent oral polio vaccine) catch up campaign (schools, outreach and undocumented under-5 children) in response to decreasing immunization coverage during the state of emergency.

SITUATION IN NUMBERS

24 confirmed (0 new)
0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

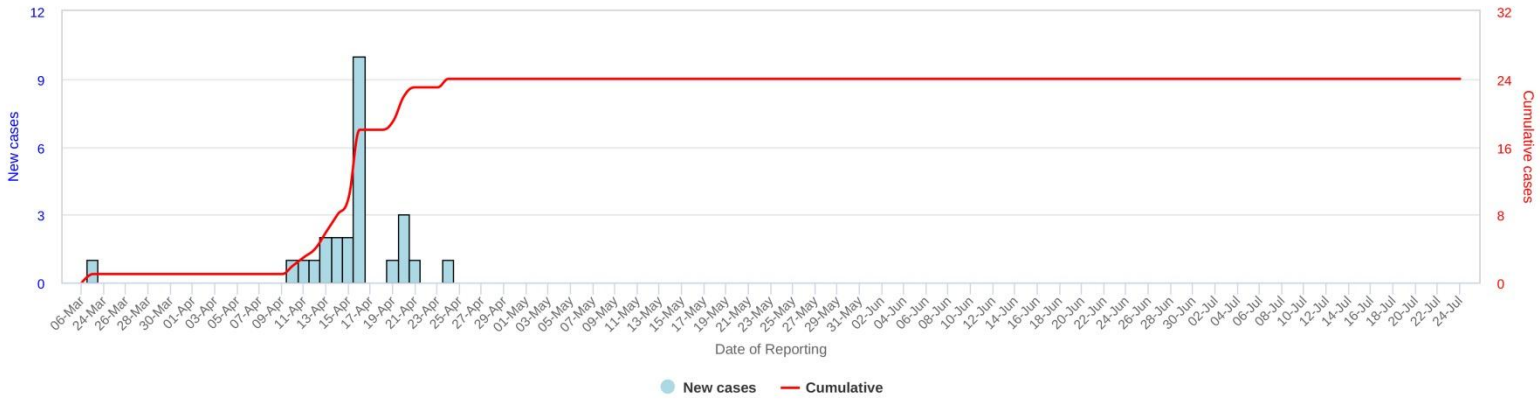
Globally
15 012 731 confirmed (247 225)
619 150 deaths (7 097)

WHO RISK ASSESSMENT
Global Level Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

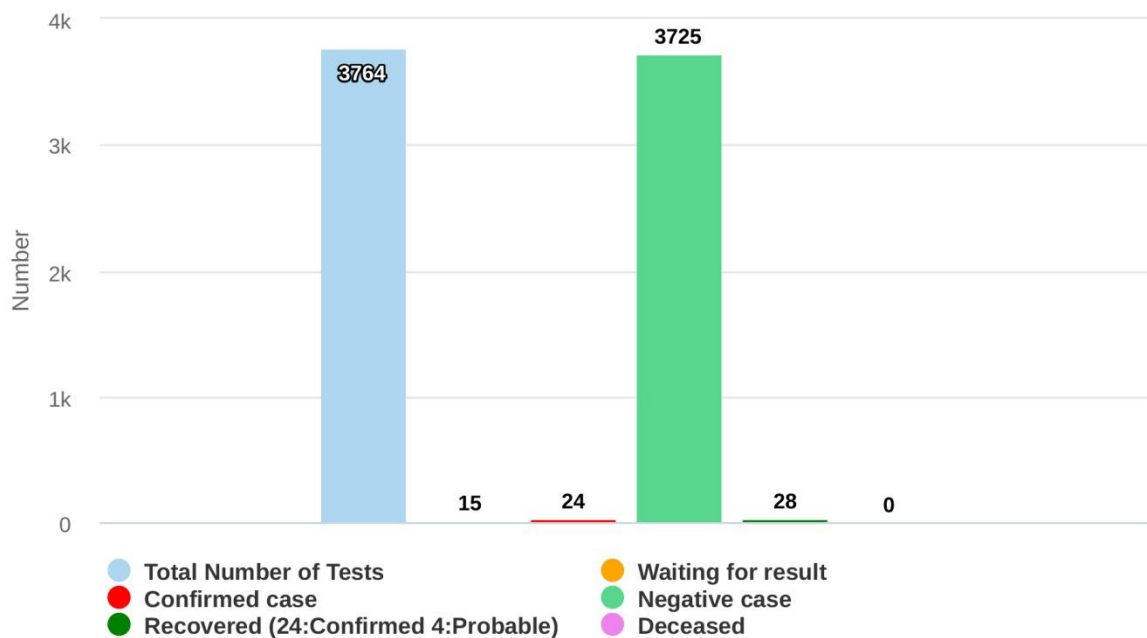
(24-Jul-2020 : New cases-0 Cumulative-24)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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