

Coronavirus Disease 2019 (COVID-19)

Situation Report – 55

Timor-Leste

Data as reported by 28 July 2020

HIGHLIGHTS

- Dili Municipality conducted a review of the expanded programme for immunization (EPI) and vaccine preventable diseases (VPD) to assess the immunization coverage in the first half of 2020 (January – June) vis-à-vis the same period in 2019. The assessment showed that despite the drop in coverage during 2020, the CHCs caught up on coverage and are now not only close to the 2019 rates but close to surpassing the 2019 coverage. WHO and UNICEF provided extensive technical and logistical support to the MoH in ramping up the immunization activities.
- Instituto Nacional da Saude (INS), with support from WHO has designed and launched a crash course on COVID-19 for faculty of 18 higher education institutions in Dili and four municipalities – Ermera, Manufahi, Baucau and Oecusse. The goal is to sensitise the faculty on COVID-19 to further equip the students and subsequently communities on COVID-19 and preventive measures that everyone must follow.
- In order to maintain and further strengthen the essential health services during the pandemic, the Environmental Department, Ministry of Health (MoH) with support from WHO, conducted a three-day training to scale up the water safety programme. Representatives of water users groups in Dili, and sanitation focal points from three community health centres (CHCs) participated in the training.
- Tuesday, 28 Jul. 2020 is observed the World Hepatitis Day. A group of students and Xanana Reading Room jointly organised an information sharing session where WHO and Maluk Timor made presentations on hepatitis followed by discussions and questions and answers. Representatives from key affected population also participated in the workshop.

SITUATION IN NUMBERS

24 confirmed (0 new)
0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last 24 hours

Globally

16 114 449 confirmed (254 274)
646 641 deaths (5 490)

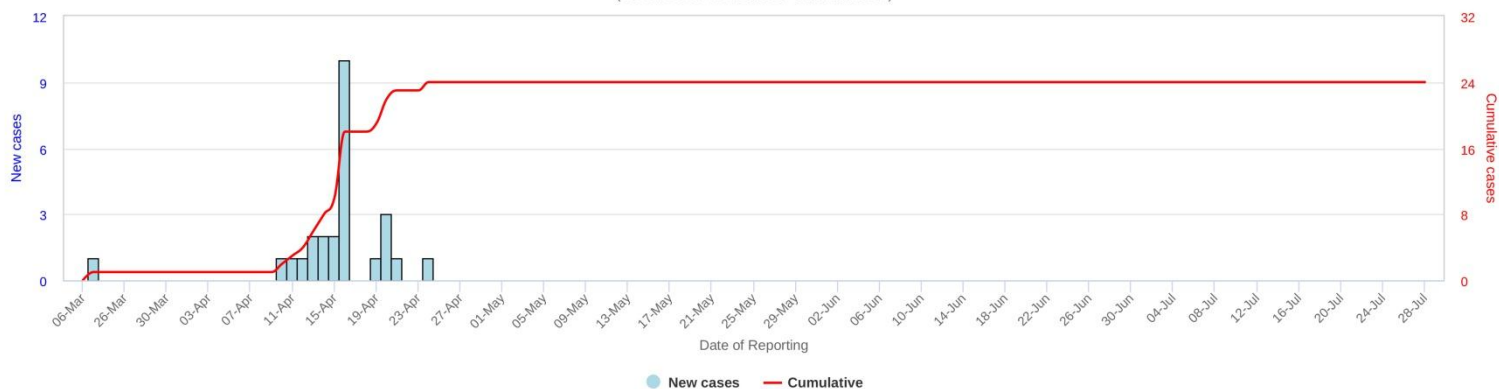
WHO RISK ASSESSMENT

Global Level Very High



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

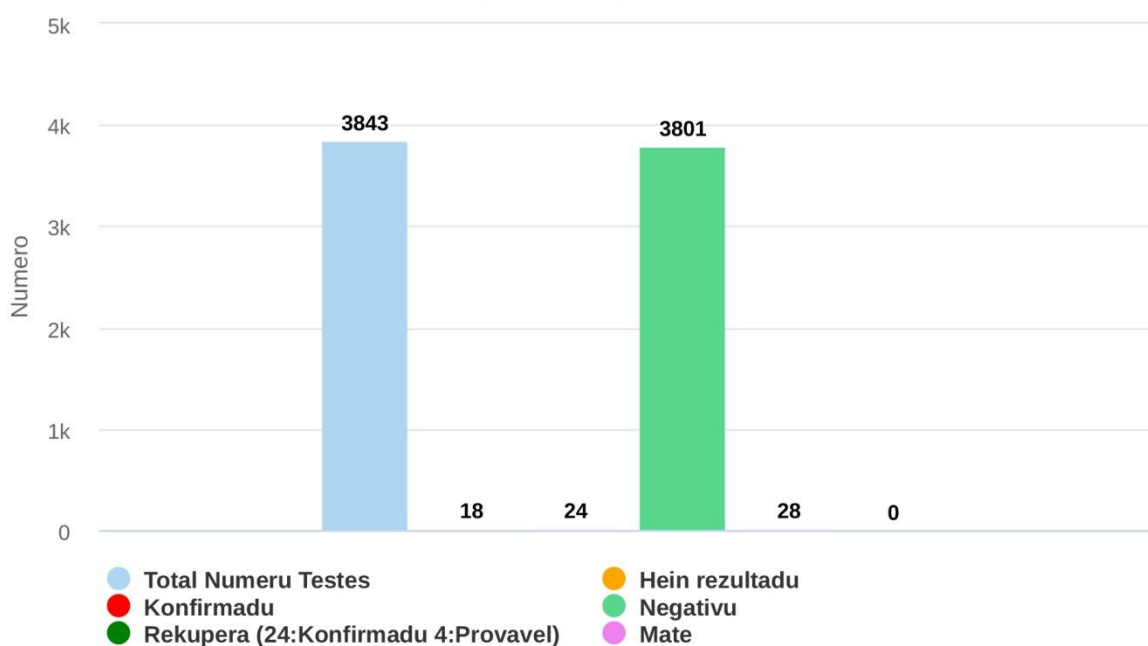
(28-Jul-2020 : New cases=0 Cumulative=24)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Situasaun Nasional Kazu : COVID-19 Timor-Leste

(Kumulative figures)



Source : Direcção Nacional Controlo de Doenças - Departamento Vijiância Epidemiologia

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
-

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
-