

Coronavirus Disease 2019 (COVID-19)

Situation Report – 67

Timor-Leste

Data as reported by 30 September 2020

HIGHLIGHTS

- The Ministry of Health (MoH) announced a new confirmed case of COVID-19. The cumulative number of COVID-19 cases in the country now stands at 28. The patient was in quarantine upon arrival from Indonesia via the land border and admitted to the designated isolation and treatment facility at Vera Cruz. Further investigation and contact tracing are being done by the surveillance team as per the national guideline. More details about the new case can be found at the MoH's Facebook page [Palacio das Cinzas](#)
- WHO and St John of God jointly conducted an infection prevention control training for the housekeeping personnel at the Tasi-Tolu quarantine facility. Total of 18 housekeeping personnel underwent the training.
- To ensure the safety of frontline health workers and ensure there is no shortage of personal protective equipment (PPE), WHO handed over another batch of medical supplies to Servico Autonomo de Medicamentos e Equipamentos de Saude (SAMES), under the aegis of Ministry of Health (MoH). In addition to PPEs, the medical supplies are 50 portable handheld pulse oximeter, 37 oxygen concentrator, 1000 face shields, 1000 protective goggles, 1000 medical gowns, 100,000 medical masks and 10,000 respirator masks.
- WHO team conducted sensitization session for COVID-19 to Universidade Dili (UNDIL) students. The topics covered included an overview of COVID-19 cases globally, regionally and Timor-Leste's response and preparedness plan. In addition, triage and surveillance system were among the topics discussed during the session. The objective of this session was to raise awareness among students on Timor-Leste's so that they can protect themselves and their surrounding communities.
- The MoH with support from WHO conducted Early Warning, Alert, and Response System (EWARS) training on vector-borne diseases (VBDs) dengue-zika-chikungunya-malaria. The goal of the training was to update on current EWARS tools, to understand and apply actual EWARS tool to the surveillance system based on local context and the next step towards the implementation of EWARS countrywide. 20 participants from Environmental Health, surveillance, malaria, vector control programme from the MoH and relevant officials from the Ministry of Tourism and Commerce attended the training.
- While a robust response to the COVID-19 remains a priority, the MoH is also taking measures to ensure that other essential health services, programmes, and implementations do not suffer a

SITUATION IN NUMBERS

28 confirmed (1 new)

0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last seven days

Globally

32 730 945 confirmed (2 006 967)

991 224 deaths (36 475)

WHO RISK ASSESSMENT

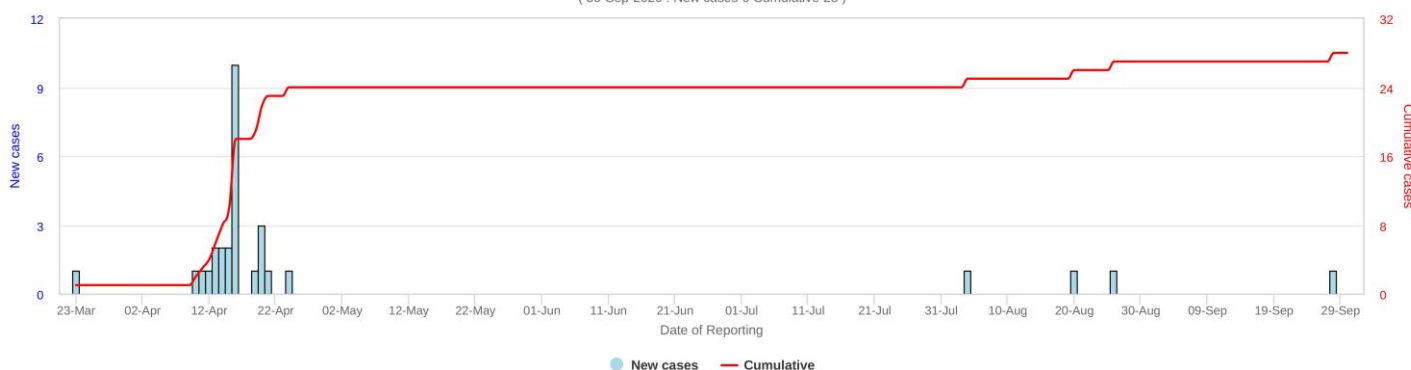
Global Level Very High

setback. The National Tuberculosis Programme (NTP) MoH with support from WHO is conducting a weeklong training on the newly revised TB guideline for TB focal point. The objective of this training is to scale-up the case detection knowledge and treatment acumen of TB focal points. As many as 80 TB focal points from all 12 Municipalities including Special Region Oecusse are participating in this training.

- The Minister of Health participated in two high-level meetings jointly organized by WHO and Asian Development Bank (ADB). The meeting of the Health Ministers from the Asia Pacific deliberated on COVID-19 response and essential health services. The joint meeting of Health and Finance Ministers of the Asia Pacific countries focussed on economic and health financing implications of COVID-19.



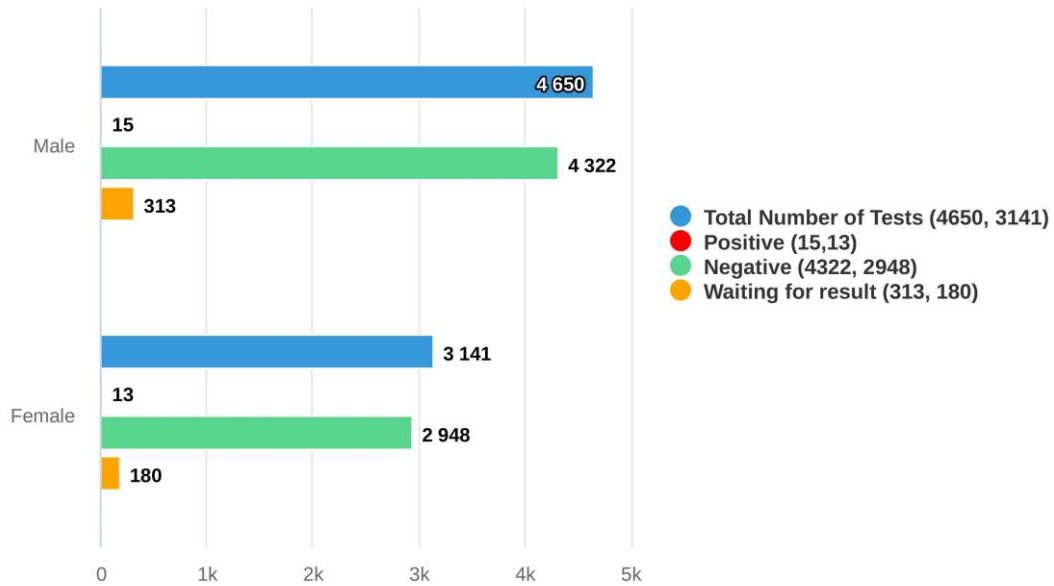
New and cumulative COVID-19 cases in Timor-Leste by date of reporting
(30-Sep-2020 : New cases-0 Cumulative-28)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Laboratory Test Results : COVID-19 Timor-Leste

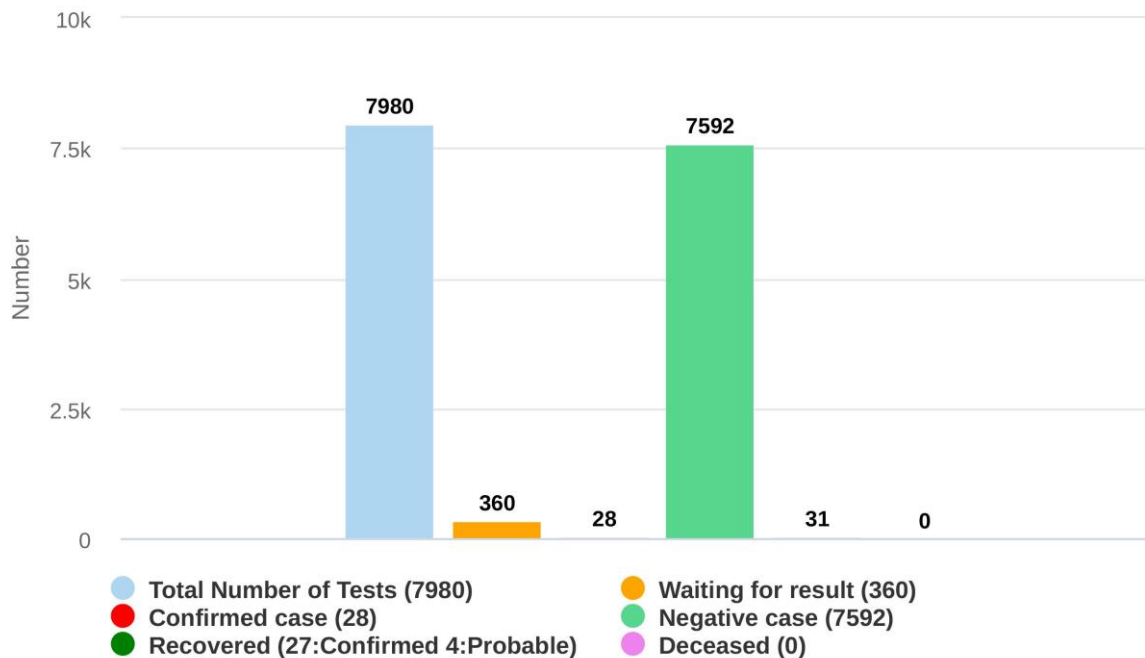
(28-Sep-2020 : Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Current Situation : COVID-19 Timor-Leste

(30-Sep-2020 : Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
 - Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
 - Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
 - Identify, isolate and care for patients early, including providing optimized care for infected patients;
 - Communicate critical risk and event information to all communities and counter misinformation;
 - Minimize social and economic impact through multisectoral partnerships.
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RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Use face mask when physical distancing is not possible

Why? If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

Protect ourselves and our loved ones against #COVID19:

- ↪ **Wash your hands frequently**
- ↪ **Cover coughs and sneezes**
- ↪ **Avoid touching your face**
- ↪ **Avoid crowded places and limit time in enclosed spaces**
- ↪ **Keep a distance of at least 1 metre from others**
- ↪ **Use of mask is imperative when physical-distancing is not possible.**
- ↪ **Regularly clean and disinfect frequently touched objects and surfaces**
- ↪ **Isolate yourself from others if feeling unwell and seek care, if needed**

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
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