

Coronavirus Disease 2019 (COVID-19)

Situation Report – 72

Timor-Leste

Data as reported by 04 November 2020

HIGHLIGHTS

- The National Directorate of Public Health, MoH held a meeting on the COVID-19 Vaccine Introduction Plan. UNICEF and WHO, Australian Embassy, and Partnership for Human Development (PHD) took part in the meeting. UNICEF and WHO will assist the Immunization Programme Manager at the MoH to brief the Director of General of Health Services. The National Director of Public Health will then present the COVID-19 Vaccine Introduction Plan to the Council of Directors for endorsement.
- UNICEF and WHO supported the MoH in the production of a video featuring the Archbishop of Dili, Mgr. Virgílio do Carmo da Silva, SDB on COVID-19 prevention focusing on preventive measures at Churches and during religious gatherings and ceremonies.
- Nine senior doctors and nurses from the national hospital, HNGV who successfully completed the Integrated Management of Adult and Adolescent Illness (IMAI) training spread over 11 weeks received certificate of attendance in the presence of representatives from WHO SEARO and the IMAI-IMCI Alliance in the United States, who provided the training, and officials from the Ministry of Health and HNGV. With support and collaboration with different institutions within the Ministry of Health, these new trainers will roll out IMAI training to community health centres and regional hospitals in the coming months.
- Another batch of 12 health workers successfully completed training by senior HNGV specialists, supported by WHO based on the internationally-recognised BASIC short course that trains nurses and doctors on the essentials and fundamentals of clinical care in a hospital intensive-care unit. The participants received certificate of attendance in the presence of directors of HNGV and other senior officials. Some of the participants from the group are in the process of acquiring certification in becoming internationally-accredited BASIC course trainers.
- UNICEF is working with the Timor-Leste Disability Association to design WASH facilities that are safe and accessible to all people.
- UNICEF conducted assessment of the existing WASH service at Taibessi Market in Dili.

SITUATION IN NUMBERS

30 confirmed (0 new)

0 deaths

(As per data released by the [Ministry of Health](#))

Follow WHO Timor-Leste on [Facebook](#) and [Twitter](#).

More information and guidance by WHO regarding the current COVID-19 outbreak can be found [here](#).

GLOBAL SITUATION IN NUMBERS

Total (new) cases in last seven days

Globally

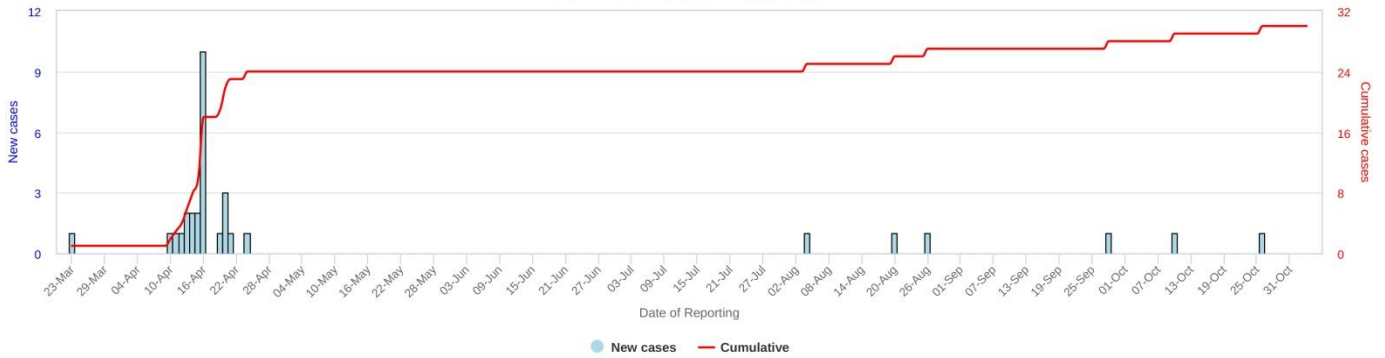
45 968 799 confirmed (3 355 265)

1 192 911 deaths (45 051)



New and cumulative COVID-19 cases in Timor-Leste by date of reporting

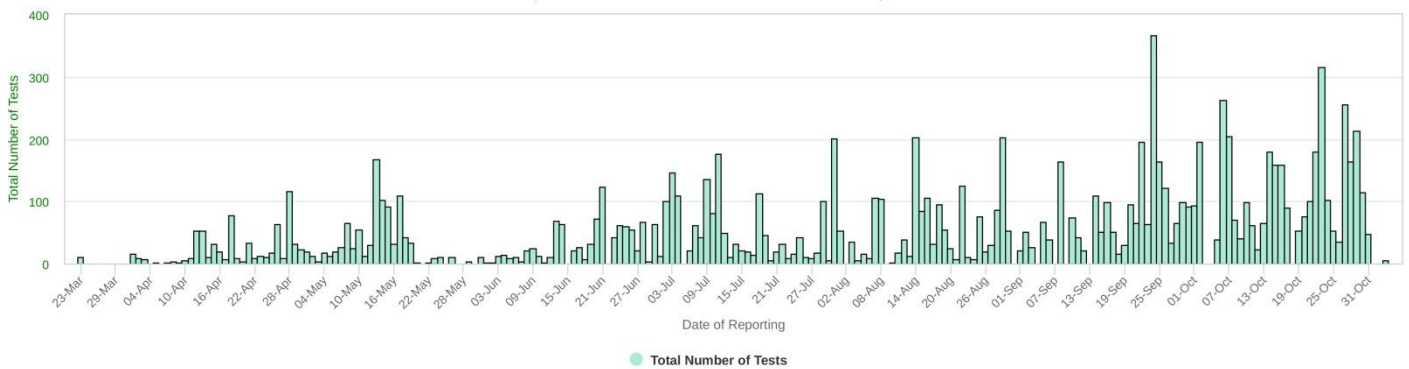
(03-Nov-2020 : New cases-0 Cumulative-30)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Total Laboratory Test

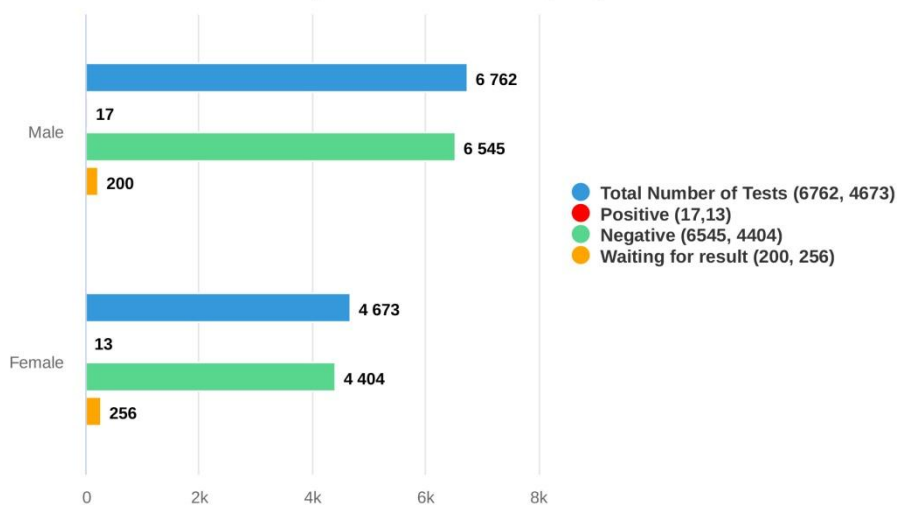
(03-Nov-2020 : Total Number of Tests-5 Cumulative-11435)



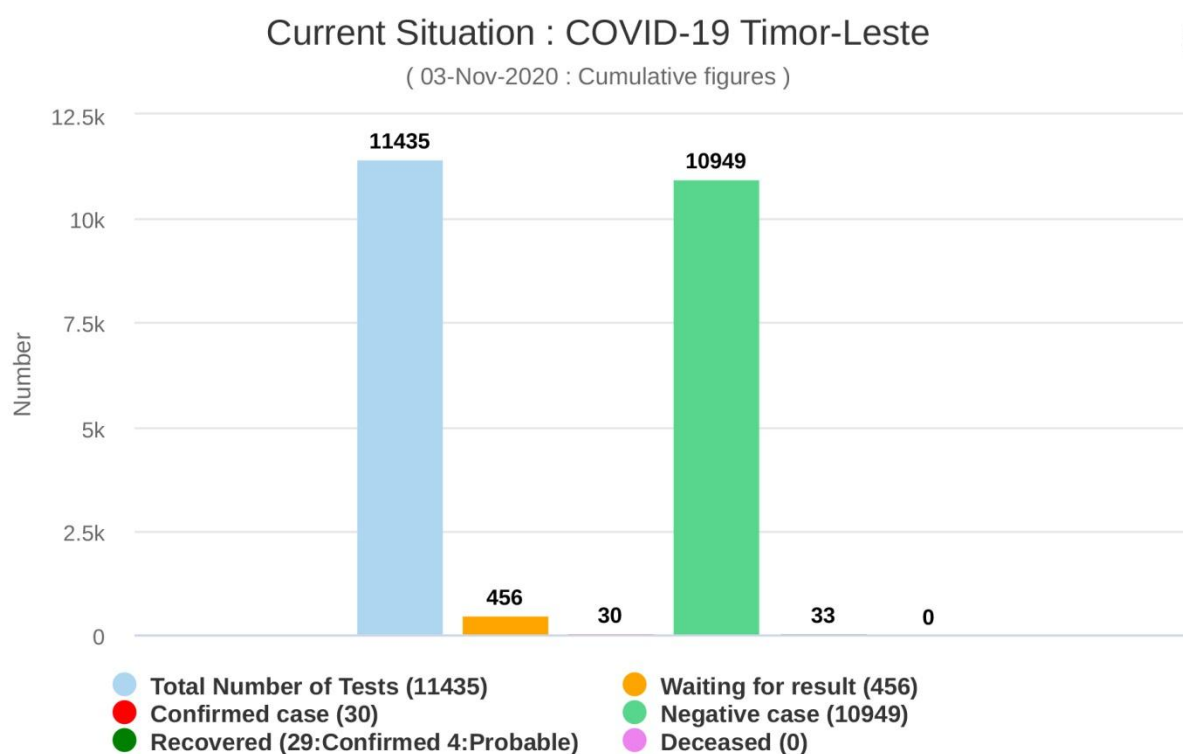
Source : National Directorate of Disease Control - Department of Epidemic Surveillance

Laboratory Test Results : COVID-19 Timor-Leste

(03-Nov-2020 : Cumulative figures)



Source : National Directorate of Disease Control - Department of Epidemic Surveillance



Source : National Directorate of Disease Control - Department of Epidemic Surveillance

WHO TIMOR-LESTE STRATEGIC OBJECTIVES

- Interrupt human-to-human transmission including reducing secondary infections among close contacts and health care workers, preventing transmission amplification events;
- Strengthening of surveillance systems and increasing laboratory capacity to detect COVID-19 cases;
- Ensuring adherence to the strictest standards of infection prevention and control (IPC) and increase capacity for IPC;
- Identify, isolate and care for patients early, including providing optimized care for infected patients;
- Communicate critical risk and event information to all communities and counter misinformation;
- Minimize social and economic impact through multisectoral partnerships.

RECOMMENDATIONS AND ADVICE FOR THE PUBLIC

Wash your hands frequently

Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.

Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.

Maintain physical distancing

Maintain at least 1 metre (3 feet) distance between yourself and others.

Why? When someone coughs or sneezes they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person coughing is infected.

Use face mask when physical distancing is not possible

Why? If when you're in a setting where maintaining the physical distance of 1 meter or more is not possible due to the space constraint, then it is imperative that you use a face mask as it can help in stopping the transmission of COVID-19

Avoid touching eyes, nose and mouth

Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and make you sick.

Practice respiratory hygiene

Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue safely immediately.

Why? Droplets spread virus. By following good respiratory hygiene you protect the people around you from viruses such as cold, flu and COVID-19.

If you have fever, cough and difficulty breathing, seek medical care early

Stay home if you feel unwell. If you have a fever, cough and difficulty breathing, seek medical attention and call in advance. Follow the directions of health authorities.

Why? Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.

Stay informed and follow advice given by your healthcare provider

Stay informed on the latest developments about COVID-19. Follow advice given by your healthcare provider, your national and local public health authority or your employer on how to protect yourself and others from COVID-19.

Why? National and local authorities will have the most up to date information on whether COVID-19 is spreading in your area. They are best placed to advise on what people in your area should be doing to protect themselves.

Protect ourselves and our loved ones against #COVID19:

- ↪ **Wash your hands frequently**
- ↪ **Cover coughs and sneezes**
- ↪ **Avoid touching your face**
- ↪ **Avoid crowded places and limit time in enclosed spaces**
- ↪ **Keep a distance of at least 1 metre from others**
- ↪ **Use of mask is imperative when physical-distancing is not possible.**
- ↪ **Regularly clean and disinfect frequently touched objects and surfaces**

👉 **Isolate yourself from others if feeling unwell and seek care, if needed**

More guidance on preventive measures is available [here](#).

COVID-19 Information and media queries:

- The MoH has established a hotline number – 119 – for COVID-19 on which people can call to get any COVID-19 related information.
 - Additionally, [MoH Facebook page](#) provides timely updates on COVID-19 developments in the country.
 - WHO Timor-Leste through its [Facebook page](#) and [Twitter handle](#) also disseminates information on preventive measures, questions and answers, myth-busters and latest updates on COVID-19 globally and nationally. For media queries and interviews requests can be sent to singhsho@who.int and hasane@who.int
-