

Moras virus Corona 2019 (COVID-19)

Relatóriu Situasaun – 122

Timor-Leste



World Health
Organization

Timor-Leste

- Dadus relata to'o loron 19 Outubru 2021

SITUASAUN IHA NÚMERU

TIMOR-LESTE



Kumulativu
19,730 (49)



Rekuperadu (foun)
19,537 (137)



Kazu ativu
73



Óbitu (foun)
120 (1)

GLÓBÁL



Kazu
240,940,937



Óbitu
4,903,911

PROGRESU IMUNIZASAUN COVID-19



Doze 1^a – **515,448**
Kobertura – **68.3%**



Doze 2^a – **331,054**
Kobertura – **43.9%**

* Bazeia ba dadus ne'ebé públika husi [Ministerio da Saúde](#)

PROGRESU IMUNIZASAUN COVID-19



Doze vasina
6,545,309,084

SUMÁRIU

- Dezde edisaun ikus relatóriu situasaun, Ministeriu Saúde relata tan kazu foun COVID-19 hamutuk **49**, kazu rekuperadu hamutuk **137** no kazu óbitu **1**. Enkuandu númeru kazu sira ne'e hatudu sinál komesa menus, maibé kazu óbitu kontinua nafatin dezde fulan Agostu.
- Iha loron Sábado, 15 Outubru, Governu Timor-Leste simu vasina Pfizer doze 100,620 ba grupu idade 12 to'o menus husi 18, hanesan kontribusaun jenerozu husi Governu EUA liuhusi Fasilidade COVAX.
- Enkaregadu Negósiu Embaixada EUA, Representante UNICEF, no Representante OMS ofisialmente entrega vasina Pfizer doze 100,620 ba labarik grupu idade 12 to'o menus 18 ba Ministériu Saúde. Doze vasina hirak ne'e hanesan doasaun husi Governu EUA liuhusi Fasilidade COVAX. OMS kontinua reafirma nia kompromisu hodi kontinua fó apoiu ba MS iha kampaña vasina iha rai laran.
- OMS no MS, ho finansia husi Uniaun Europeia hala'o enkontru kona-ba lisaun aprendida hamutuk ho koordinadór pilares ba responde COVID-19. Partisipantes sira mós diskuti kona-

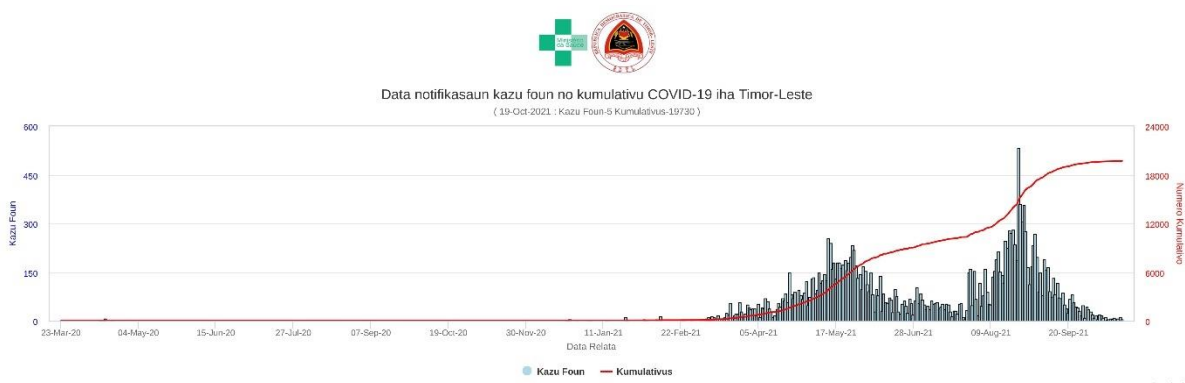
ba saida mak la'o ho di'ak to'o agora no dezafiu saida mak enfrenta durante ne'e, no saida mak presiza atu hadia hodi haforsa liutan Timor-Leste nia responde ba COVID-19.

- Ho apoiu husi OMS no UNICEF, Ministériu Saúde hamutuk ho Ministériu Edukasaun agora daudaun hala'o hela advokasia ba inan-aman no manorin nain sira kona ba kampaña vasina COVID-19 Pfizer ba grupu idade 12 to'o menus husi 18 iha munisípiu rua – Dili no Liquica.
- OMS ho apoiu tékniku husi OMS no finansia husi KOICA hala'o treinamentu durante loron 4 kona-ba Jerensiamentu Morbidade ba moras limfatik filariasis no prevensaun dezabilidade (MMDP) ba xefe sentru saúde komunitária (SSK) no pontu fokál ba NTD husi SSK 71 iha rai laran.
- Diresaun Nasionál Farmasia no Medikamentus hala'o enkontru konsultativu durante loron rua ho representante husi farmasia privadu, klíniku, no importadores ai-moruk privadu sira kona-ba esbosu matadalan ba farmakovijilansia iha Timor-Leste. Esbosu ida-ne'e desenvolve ho asisténsia tekniku fornese husi Organizaun Mundiál Saúde. Enkontu konsultativu ida-ne'e atu asegura katak konsultasaun másimu hala'o husi Ministériu Saúde ho parte interesada sira hotu molok matadalan refere apresenta ba iha Konsehu Diresaun hodi bele hetan aprovasaun final.
- Atu komemora Loron Saúde Mental, MS, ho apoiu husi OMS, hala'o workshop iha loron 18-19 Outubru kona-ba Saúde Mental, Prevensaun ba suisídiu no apoiu psikososiál durante pandemia COVID-19. Partisipa iha workshop ne'e maka pesoál saúde sira, representativu husi munisípiu 13, organizaun sira ne'ebé serbisu iha área saúde mental hanesan PRADET, PHD, no Ministériu Solidariedade Sosiál no Inklusaun.
- MS ho apoiu husi WHO FCTC Secretariat, OMS Eskritóriu Rejionál no OMS Timor-Leste lansa ona Sentru Hapara Fuma no Liña serbisu hodi para fuma ba dala uluk iha Timor-Leste. Fasilidade foun ne'e sei fornese apoiu gratuita ba sira ne'ebé mak hakarak atu para fuma.
- Komisaun Nasionál ba Medikamentus, ekipamentu no produktu médiku nian no diresaun nasional ba farmasia no medikamentus Ministériu Saúde realiza workshop durante loron tolu esbosu ba “Matadalan padraun ba tratamentu ba kuidadu saúde primária” (STG ba PHC) husi loron 20 Outubru to'o 22 Outubru 2021. Atividade refere finansia husi OMS.
- SAMES, ho koordenaun ho UNICEF Supply Division no fábrica ULT, hala'o orientasaun ba tékniku no funsionáriu SAMES, tékniku ekipamentu biomédiku sira kona-ba operasaun no jelera ULT, ne'ebé maka lori mai no estabelese ona hodi halo armazenamentu no transporta vasina COVID-19 Pfizer.

- UNICEF serbisu hamutuk ho sub-komite ba korrente malirin monitoriza funksionamentu jelera ULT. Rezultadu husi monitorizasaun ne'e kompartilla ona ho MS no UNICEF Supply Division ho fábrika ULT hodi konfirma Timor-Leste nia prontidaun atu simu vasina COVID-19 Pfizer.
- UNICEF fó apoiu tékniku ba MS hodi monitoriza doze vasina ne'ebé soe iha territóriu tomak. Diretora Jerál Prestasaun Saúde no Koordinadór Jerál COVAX husi Ministériu Saúde halo ona despaixu sirkular ida hodi fó orientasaun ba serbisu saúde munisípiu kona-ba monitorizasaun estoke vasina no halo mós relatóriu.
- UNICEF no OMS kontinua fó apoiu operasionál ba Servisu Saúde Munisípiu iha Dili, Manatuto no Ermera hodi hasa'e kobertura ba kampaña vasina COVID-19 ba populasaun elijivel idade 18 no mós agora kontinua ho atividade advokasia ba inan-aman no manorin nain sira.
- PNUD lori ona sasan *cargo* to'o iha Dili iha loron 16 Outubru 2021 ho todan tonelada kuaze 14.4 ne'ebé kompostu husi ekipamentu médiku no ai-moruk sira. Ekipamentu médiku sira ne'e hanesan set 70 Autoclave Sterilization 24 litru, lori husi Taiwan enkuantu ai-moruk sira seluk inklui ai-moruk esensiál sira kategoria 14 hanesan; ai-moruk *co-trimoxazole 200mg botir 25,000 + 40 mg/5 ml oral suspension 100 ml*; *10,000 ampoules of Magnesium sulfate 500 mg/ml (50%) injection 10 ml ampoule*; *5,000 vials of Meropenem 1 g powder for injection vial (Mepenex)*; *5,000 ampoules of Vitamin B-12 (cyanocobalamine) 1 mg/ml injection 1 ml ampoule*; *5,000 bottles of Amoxicillin 125 mg + clavulanic acid 31.25 mg/5 ml powder for oral suspension 100 ml bottle*; and *3,000 bottles of Ethanol (ethyl alcohol) 70% denatured, 1 liter bottle*; Ai-moruk hirak ne'e hatama husi nasaun Fransa, Alemaña, Gresia, India, Olanda no España.

ATUALIZASAUN EPIDEMIOLÓJIKU

- Kazu COVID-19 kumulativu no kazu foun



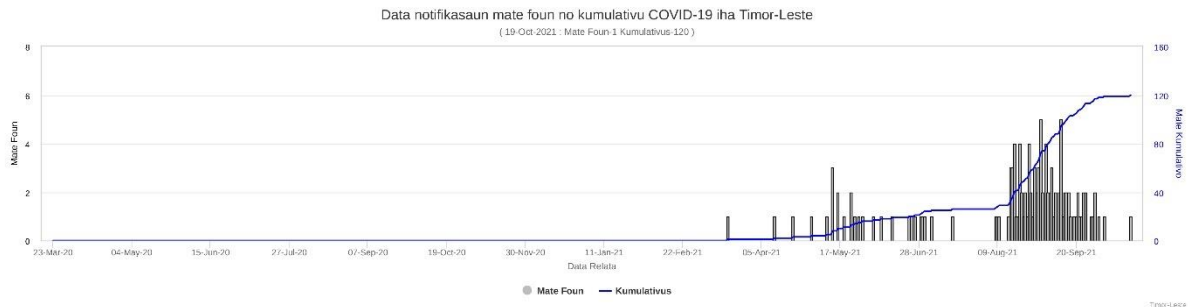
- Númeru kazu foun kontinua menus iha períodu relatóriu ne'e (13-19 Outubru). Kazu detetadu hamutuk 49 iha loron 7 ikus. Kompara ho períodu relatóriu antes (6-12

Outubru 2021), iha redusaun 32%.

- Kazu konfirmadu COVID-19 kumulativu 19,730 ne'ebé maka relata dezde kazu relata iha fulan Marsu 2020. Maibé, maioria kazu (99%) relata depois fulan Marsu 2021.

- **Kazu óbitu kumulativu no óbitu foun**

- Durante loron hitu ikus ne'e (13 – 19 Outubru 2021) relata kazu óbitu ida, husi munisípiu Covalima. Kazu óbitu kumulativu iha 120 maka relata iha Timor-Leste dezde kazu COVID-19 relata mate dahuluk iha loron 18 Marsu.



- **Distribusaun kazu no kazu óbitu tuir munisípiu**

Distribusaun kazu foun ne'ebé relata, kazu rekuperadu no kazu ativu tuir munisípiu, to'o loron 19 Outubru 2021

Munisípiu	Kazu foun (13 Out - 19 Out 2021)	Loron 7 - mudansa % (kazu)*	Kazu kumulativu	Kazu rekuperadu (13 Out - 19 Out 2021)	Kazu rekuperadu kumulativu	Kazu óbitu foun (13 Out - 19 Out 2021)	Loron 7 - mudansa % (kazu)*	Kazu óbitu kumulativu	Kazu ativu (19 Out 2021)	Kazu foun (13 Out - 19 Out 2021)
Aileu	0	0	126	0	125	0	1	1	0	0
Ainaro	0	0	227	0	224	0	3	3	0	0
Baucau	1	-86	1536	33	1526	0	7	7	3	1
Bobonaro	9	50	600	33	587	0	9	9	4	9
Covalima	5	0	783	3	769	0	3	3	11	5
Dili	26	-40	13662	54	13536	0	79	79	47	26
Ermera	0	0	1113	0	1111	0	2	2	0	0
Lautem	1	0	183	0	177	0	5	5	1	1
Liquica	0	0	125	0	124	0	1	1	0	0
Manatuto	0	0	203	1	201	0	2	2	0	0
Manufahi	0	-100	265	3	265	0	0	0	0	0
RAEOA	3	-40	392	3	384	0	3	3	5	3

Viqueque	4	33	515	7	508	0	5	5	2	4
TOTAL	49	-32	19730	137	19537	0	120	120	73	49

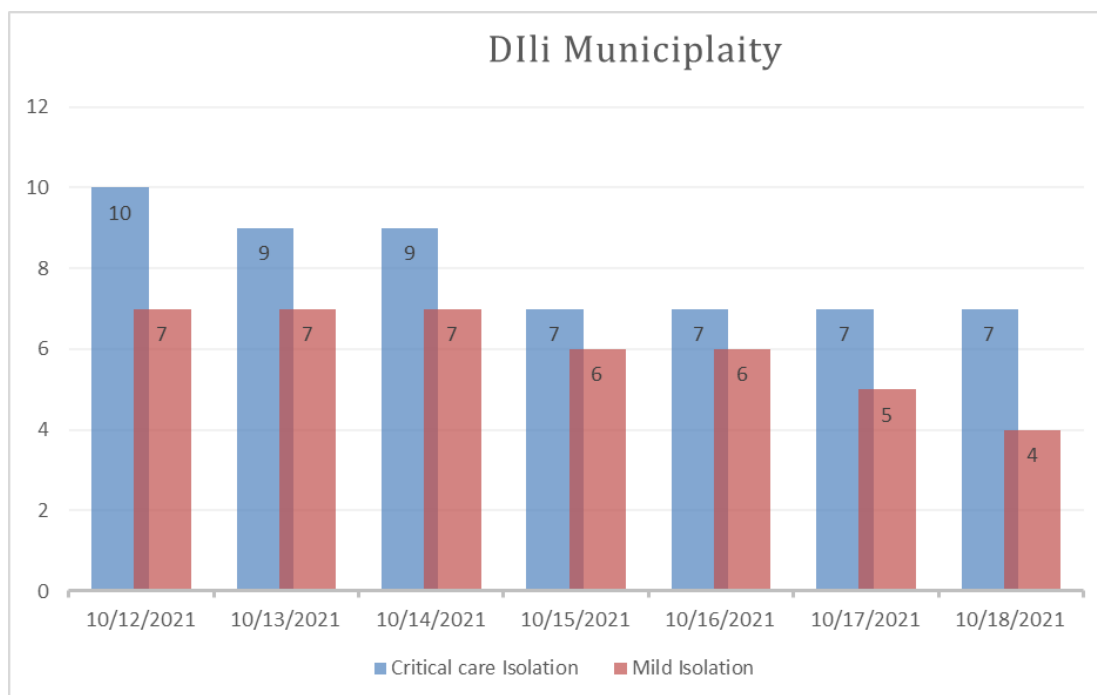
*Mudansa kazu COVID-19 kompara ho loron 7 ikus

**Mudansa iha kazu COVID-19 relasiona ho kazu óbitu kompara ho loron 7 ikus

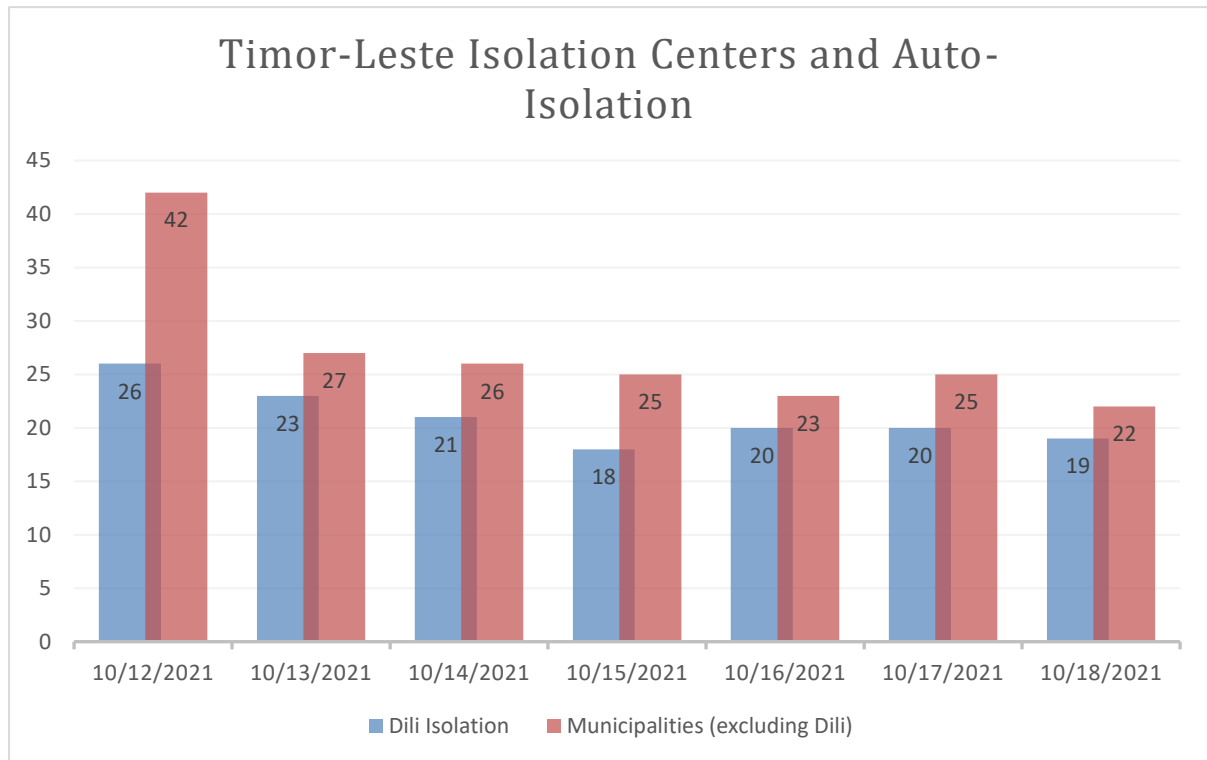
- Númeru kazu ne'ebé relata iha periodu relatóriu (13-19 Outubru) tuun to'o 32% kompara ho relatóriu semana kotuk. Númeru kazu foun tuun ka laiha kazu foun iha munisípiu sira, maibé iha kazu aumenta iha munisípiu Bobonaro no Viqueque.
- Agora daudaun iha de'it kazu ativu 73 iha territóriu tomak.
- Teste diáriu, taxa pozitivu no taxa teste positividade**
 - Durante data relatóriu atuál ida ne'e husi loron 12 – 19 Outubru, halo ona teste ba amostra 1,885, kompara ho teste 1,463 iha loron 7 ikus.
 - Taxa teste positividade husi relatóriu ida ne'e ho médiu 2.6%, ne'ebé maka menus husi 5% no konsidera hanesan transmisaun komunitária limitadu. Kompara ho taxa teste positividade médiu 4.9% iha loron 7 ikus, ne'ebé hatudu redusaun 47.2%.

JESTAUN KAZU COVID-19

- Númeru pasiente tama izolamentu hahú menus iha fulan Outubru 2021 nia laran. Númeru pasiente ne'ebé baixa iha sentru izolamentu krítiku (Lahane no Vera Cruz) mós kontinua menus no pasiente baixa iha entre ema nain 4-10. Dezde inisiu konfinamentu obrigatóriu 27 Agostu, persentajen baixa komesa tuun ba 98% iha sentru izolamentu sira. Semana ida ne'e mós marka ba dala uluk kazu moderadu menus kompara ho kazu krítiku.



- Gráfiu ida ne'e hatudu númeru pasiente ne'ebé tama sentru izolamentu ho halo auto-izolamentu (iha uma) iha munisípiu 12 kompara ho Dili. Iha territóriu tomak, númeru pasiente sira ne'ebé tama baixa iha sentru izolamentu kontinua tuun.



IMUNIZASAUN COVID-19

Iha periodu relatóriu ida ne'e, total doze vasina COVID-19 ne'ebé administra 846,502 kompostu husi doze dahuluk 515,448 (kobertura 68.3%) no doze daruak 331,054, (kobertura 43.9%) maka administra ona iha territóriu tomak iha Timor-Leste. Detallu husi númeru doze vasina ne'ebé administra ona ba doze dahuluk no doze daruak ba populaun grupu prioridade sira bele refere ba Tabela 1.

Tabela 1: Númeru doze vasina COVID-19 ne'ebé administra ona no kobertura iha Dili no Timor-Leste tuir vasina nia marka no doze sira, atualizada to'o 10:00hrs 19/10/2021

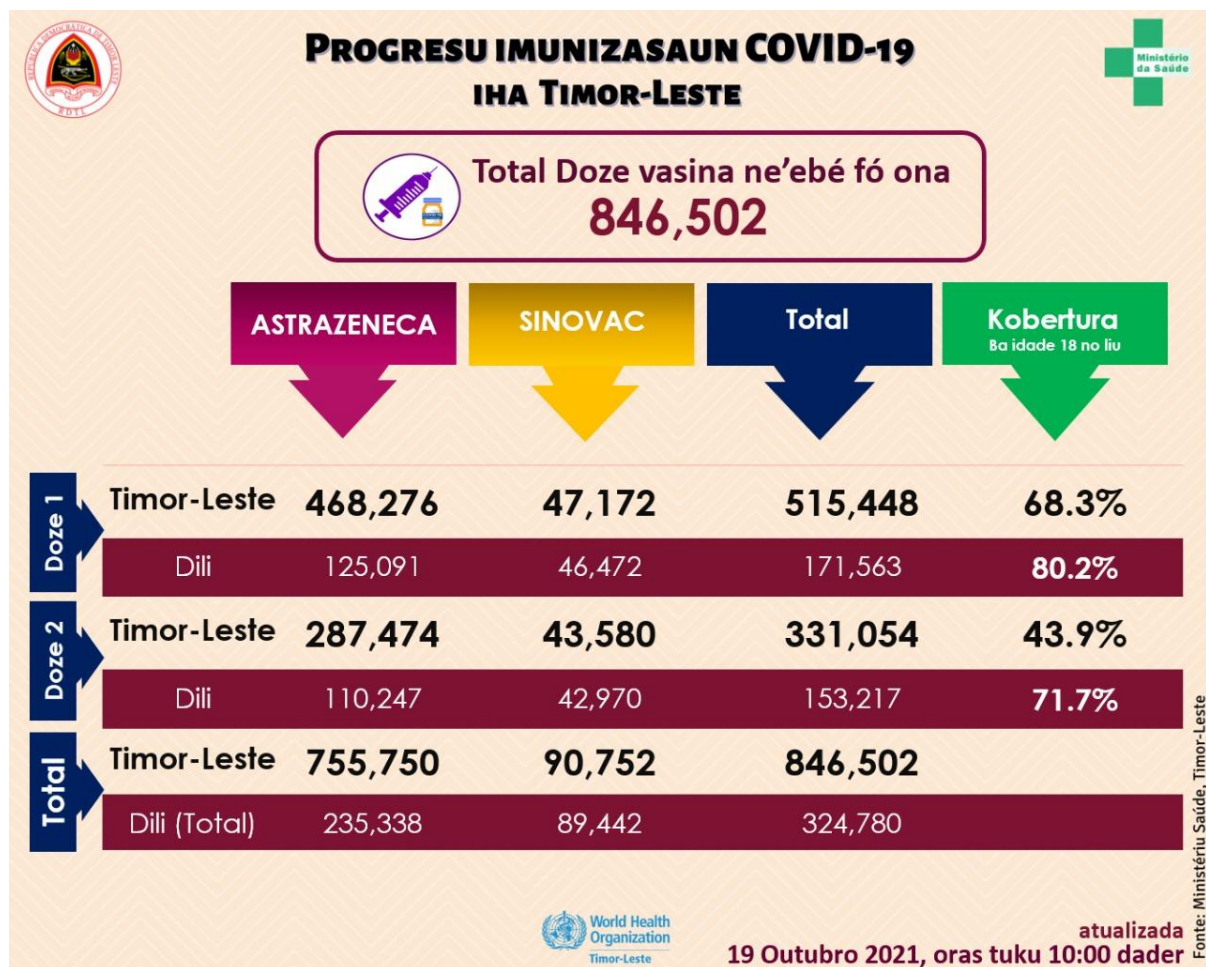


Figura 1: Kobertura vasina COVID-19 tuir munisípiu iha Timor-Leste atualizada 10:00 hrs 19/10/2021

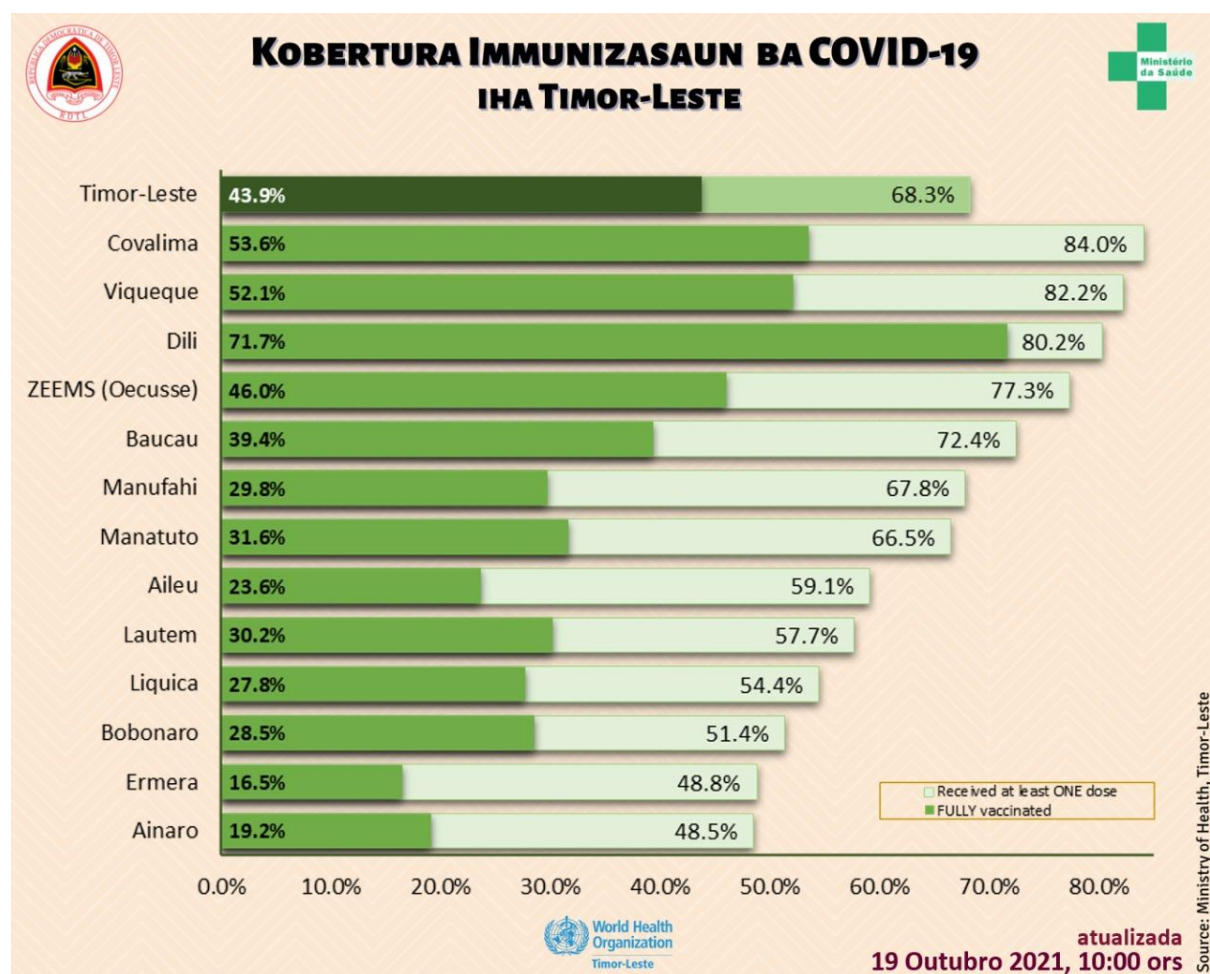


Tabela 2: Númeru ema sira ne'ebé vasinadu no EADI tuir sexu atualizada to'o 10:00 hrs 19/10/2021

Number Vaccinated and AEFI by Sex as of 19/10/2021 10.00hrs.									
Municipality	Number Vaccinated						AEFI		
	First Dose			Second Dose			Male	Female	Total
	Male	Female	Total	Male	Female	Total			
Dili	96,257	75,306	171,563	85,658	67,559	153,217	13	21	34
Aileu	9,907	8,550	18,457	4,446	2,938	7,384	1	1	2
Ainaro	9,201	7,848	17,049	3,953	2,779	6,732	0	0	0
Baucau	27,133	25,984	53,117	16,113	12,777	28,890	0	0	0
Bobonaro	15,646	13,518	29,164	9,202	6,988	16,190	4	6	10
Covalima	17,355	16,450	33,805	11,682	9,860	21,542	7	6	13
Ermera	20,289	16,383	36,672	7,725	4,694	12,419	0	0	0
Lautem	10,691	10,309	21,000	5,823	5,191	11,014	2	0	2
Liquica	12,935	11,657	24,592	6,984	5,558	12,542	0	1	1
Manatuto	10,166	8,723	18,889	5,219	3,774	8,993	2	0	2
Manufahi	12,060	10,559	22,619	6,040	3,892	9,932	1	1	2
Viqueque	18,026	18,075	36,101	11,932	10,962	22,894	3	0	3
ZEEMS (Oecusse)	16,246	16,174	32,420	10,086	9,219	19,305	0	0	0
Total (without Dili)	179,655	164,230	343,885	99,205	78,632	177,837	20	15	35
Total (Timor-Leste)	275,912	239,536	515,448	184,863	146,191	331,054	33	36	69

Figura 2: Progresu semanál imunizasaun COVID-19 iha Timor-Leste atualizada to'ó 10:00 hrs 17/10/2021

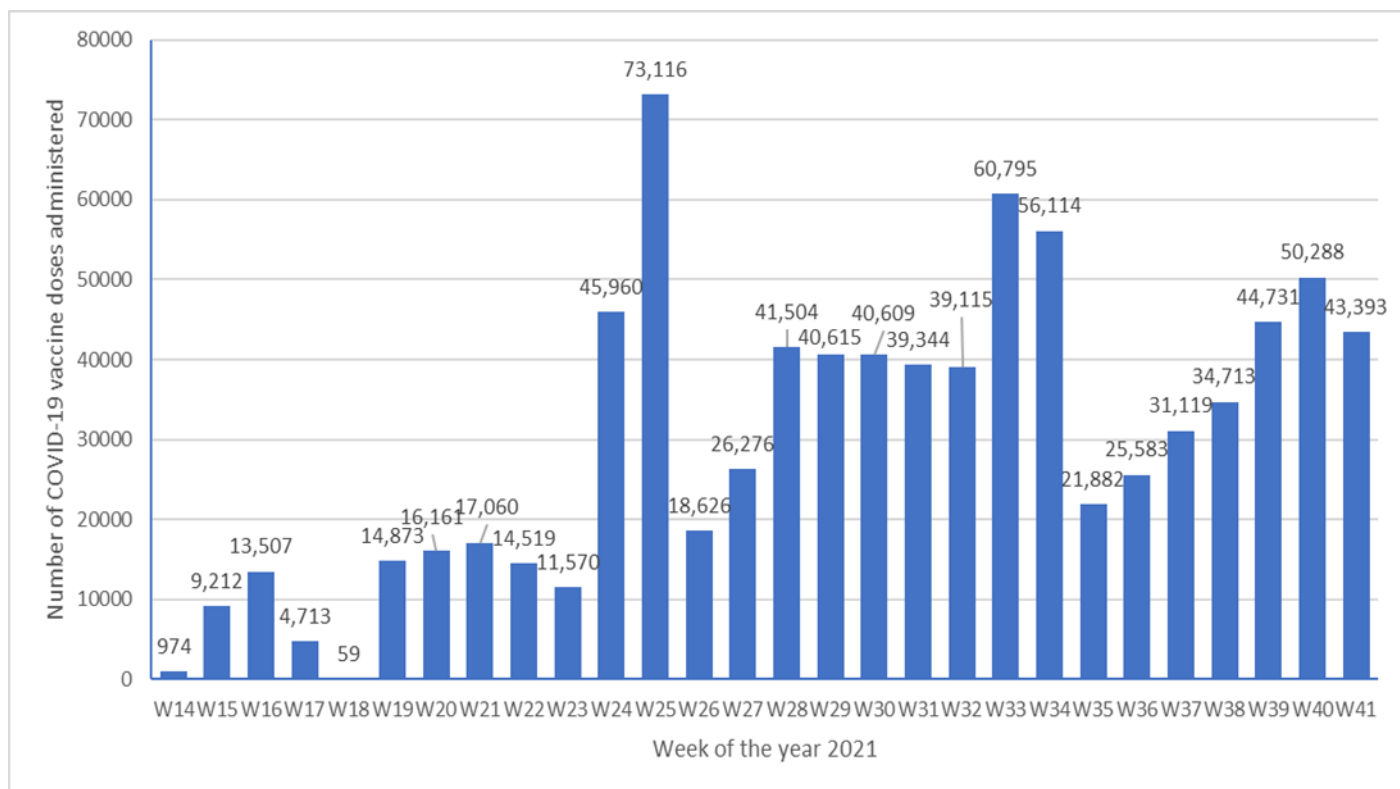


Tabela 3: Númeru ema individuu entre populasau elijivel sira (tinan 18 no liu*) ne'ebé vasinadu ona iha Timor-Leste ho vasina COVID-19 no kobertura atualizada to'o 10:00hrs 19/10/2021

Municipality	Eligible Population			Number vaccinated & Coverage											
	High Risk Groups (20% Pop.)	18-59y no comorbidity (80% Pop.)	Total	First Dose						Second Dose					
				High Risk Groups (20% Pop.)	Coverage	18-59y no comorbidity (80% Pop.)	Coverage	Total	Coverage	High Risk Groups (20% Pop.)	Coverage	18-59y no comorbidity (80% Pop.)	Coverage	Total	Coverage
Dili	29,980	183,822	213,802	52,294	174.4%	119,269	64.9%	171,563	80.2%	32,888	109.7%	120,329	65.5%	153,217	71.7%
Aileu	6,292	24,943	31,235	8,903	141.5%	9,554	38.3%	18,457	59.1%	3,667	58.3%	3,717	14.9%	7384	23.6%
Ainaro	7,410	27,726	35,136	4,349	58.7%	12,700	45.8%	17,049	48.5%	2,118	28.6%	4,614	16.6%	6732	19.2%
Baucau	18,141	55,175	73,316	15,230	84.0%	37,887	68.7%	53,117	72.4%	8,210	45.3%	20,680	37.5%	28890	39.4%
Bobonaro	13,268	43,476	56,744	8,692	65.5%	20,472	47.1%	29,164	51.4%	5,037	38.0%	11,153	25.7%	16190	28.5%
Covalima	8,725	31,503	40,228	9,024	103.4%	24,781	78.7%	33,805	84.0%	5,744	65.8%	15,798	50.1%	21542	53.6%
Ermera	14,350	60,793	75,143	8,527	59.4%	28,145	46.3%	36,672	48.8%	2,724	19.0%	9,695	15.9%	12419	16.5%
Lautem	8,455	27,963	36,418	6,354	75.2%	14,646	52.4%	21,000	57.7%	3,794	44.9%	7,220	25.8%	11014	30.2%
Liquica	9,588	35,597	45,185	6,109	63.7%	18,483	51.9%	24,592	54.4%	3,052	31.8%	9,490	26.7%	12542	27.8%
Manatuto	6,701	21,718	28,419	5,377	80.2%	13,512	62.2%	18,889	66.5%	2,634	39.3%	6,359	29.3%	8993	31.6%
Manufahi	7,595	25,766	33,361	8,066	106.2%	14,553	56.5%	22,619	67.8%	4,715	62.1%	5,217	20.2%	9932	29.8%
Viqueque	11,034	32,534	43,568	10,937	99.1%	25,164	77.3%	36,101	82.9%	7,254	65.7%	15,640	48.1%	22894	52.5%
ZEEMS (Oecusse)	9,408	32,905	42,313	11,055	117.5%	21,365	64.9%	32,420	76.6%	6,080	64.6%	13,225	40.2%	19,305	45.6%
Total (without Dili)	120,967	420,098	541,065	102,623	84.8%	241,262	57.4%	343,885	63.6%	55,029	45.5%	122,808	29.2%	177,837	32.9%
Total (Timor-Leste)	150,947	603,920	754,867	154,917	102.6%	360,531	59.70%	515,448	68.3%	87,917	58.2%	243,137	40.3%	331,054	43.9%

*Based on 2021 population projections. Population with Comorbidity 12.5% among 30-59y based on 2016 DHS data
 High Risk Groups (20% of the popyulation) - Healthcare staff, other front line staff, aged 60y and above, and 18-59y with comorbidity
 18-59y with no comorbidity (80% of the population)

Tabela 4: Kobertura vasina COVID-19 entre TOTAL POPULASAUN tuir munisípiu to'o oras 10:00 19/10/2021

Municipality	Total Population	Number Vaccinated & Coverage			
		First Dose		Second Dose	
		Number Vaccinated	Coverage	Number Vaccinated	Coverage
Dili	352,553	171,563	48.7%	153,217	43.5%
Aileu	56,242	18,457	32.8%	7,384	13.1%
Ainaro	65,509	17,049	26.0%	6,732	10.3%
Baucau	126,996	53,117	41.8%	28,890	22.7%
Bobonaro	99,932	29,164	29.2%	16,190	16.2%
Covalima	70,194	33,805	48.2%	21,542	30.7%
Ermera	139,692	36,672	26.3%	12,419	8.9%
Lautem	66,938	21,000	31.4%	11,014	16.5%
Liquica	81,293	24,592	30.3%	12,542	15.4%
Manatuto	49,417	18,889	38.2%	8,993	18.2%
Manufahi	57,831	22,619	39.1%	9,932	17.2%
Viqueque	72,042	36,101	50.1%	22,894	31.8%
ZEEMS (Oecusse)	79,141	32,420	41.0%	19,305	24.4%
Total (without Dili)	965,227	343,885	35.6%	177,837	18.4%
Total (Timor-Leste)	1,317,780	515,448	39.1%	331,054	25.1%

Tabela 5: Númeru individuu ATU SIMU VASINA tuir munisípiu to'o oras 10:00 19/10/2021

Municipality	Total Population	Number TO BE VACCINATED and Percentage			
		First Dose		Second Dose	
		Number Vaccinated	Coverage	Number Vaccinated	Coverage
Dili	352,553	180,990	51.3%	199,336	56.5%
Aileu	56,242	37,785	67.2%	48,858	86.9%
Ainaro	65,509	48,460	74.0%	58,777	89.7%
Baucau	126,996	73,879	58.2%	98,106	77.3%
Bobonaro	99,932	70,768	70.8%	83,742	83.8%
Covalima	70,194	36,389	51.8%	48,652	69.3%
Ermera	139,692	103,020	73.7%	127,273	91.1%
Lautem	66,938	45,938	68.6%	55,924	83.5%
Liquica	81,293	56,701	69.7%	68,751	84.6%
Manatuto	49,417	30,528	61.8%	40,424	81.8%
Manufahi	57,831	35,212	60.9%	47,899	82.8%
Viqueque	72,042	35,941	49.9%	49,148	68.2%
ZEEMS (Oecusse)	79,141	46,721	59.0%	59,836	75.6%
Total (without Dili)	965,227	621,342	64.4%	787,390	81.6%
Total (Timor-Leste)	1,317,780	802,332	60.9%	986,726	74.9%

ANALIZE SITUASAUN

- Númeru kazu ne'ebé relata kontinua tuun liu durante loron hitu ne'e kompara ho periodu relatóriu liubá. Médiu ba taxa teste positividade durante loron hitu ne'e mós tuun tan 5% ne'ebé indika katak transmisaun comunidade mós menus ona.
- Maibé, ho kazu óbitu COVID-19 ne'ebé relata iha loron 19 Outubru 2021, liu tiha loron 13 sein iha relata kazu óbitu. Tuir relatóriu, paciente ne'ebé mate, simu ona vasina COVID-19 doze dahuluk. Situasaun ezije atu hasa'e kobertura vasina kompletu, liuliu iha área remotas no fatin sira ne'ebé susar atu to'o ba.
- Númeru teste kontinua kiik lor-loron, dalaruma bele halo teste amostra 100. Paciente barak mak la ba konsulta iha facilidade governu nian, ho razaun tauk no hetan estigmaun relasiona ho COVID-19. Maibé, sir aba kliníku privadu sira, no halo *rapid test* ba COVID-19. Ida ne'e presiza foti medidas balun ba paciente SARI/ILI/ARI ne'ebé maka ba vizita facilidade saúde governu nian hodi halo tratamentu no teste ba COVID-19.

MUDANSA IHA POLÍTICA/MATADALAN NASIONÁL COVID-19

- Governu deside ona atu hakotu serka sanitaria ba munisípiu Dili, hahú iha 23.59 iha loron 29 Setembru 2021. Ema nia movimentu entre Dili no munisípiu sira nunee mós entre munisípiu sira seluk iha território laiha ona bandu. Maibé, Governu, kontinua apela ba comunidade hodi halo tuir matadalan no regulamentu sira ne'ebé rekomenda husi MS no OMS atu kontinua kombate propagasaun coronavirus (Fonte: [Governu hakotu ona serka sanitaria iha Dili](#)).
- Parlamentu Nasionál autoriza Prezidente Repúblika hodi renova Estadu Emerjénsia ba loron 30 tan husi oras 00:00 30 Setembru 2021 to'o oras 23:59 29 Outubru 2021 (Fonte: [National Parliament authorizes President of the Republic to renew the State of Emergency for another 30 days](#)).
- Pesoál saúde serbisu iha sentru izolamentu sei la presiza tan halo kuarentena depoisde kompleta sira nia turnu.

PREOKUPASAUN ATUÁL

- **COVID-19 iha labarik sira**
 - En jerál, iha kazu COVID-19 no kazu óbitu COVID-19 balun entre labarik sira, adolexente, no foinsa'e kompara ho adultu sira.
 - Bazeia ba dados dezagregadu relata ba OMS husi loron 30 Dezembru 2019 to'o 6 Setembru 2021, proporsaun kazu globál aumenta ho kategória idade:

- Labarik idade menus husi tinan lima representa proporsaun kazu kiik entre individuu sira to'o idade 24;
- Adolexente (idade 15 – 19) no foinsa'e (idade 20 – 24) agrupa hamutuk iha proporsaun aas liu husi kazu globál ne'ebé relata;
- Kazu óbitu entre grupu idade sira ne'e representa menus huis proporsan 0.5% totál kazu óbitu mundiál nian.
- Labarik kiik sira (idade menus husi tinan 5), labarik no adolexente (idade 10 to'o 19) baibain hatudu sintomas kmaan no kazu ituan de'it husi infesaun SARS-CoV-2 kompara ho adultu idade >25 no iha laiha possibilidade atu moras grave COVID-19 kompara ho adultu sira.
- Se labarik no adolexente sira mak hatudu sintomas kmaan ka laiha sintomas mós bele hada'et moras ne'e, sira mós bele kontribui ba hada'et moras ne'e iha comunidade.
- Tenke kontinua no aplika medida prevensaun saúde públiku no sosiál nian hanesan distánsia fíziku, fase liman, me'ar iha liman sikun laran ka uza tixu, iha ventilaun ne'ebé adekuaudu bainhira iha fatin ne'ebé taka metin, no kontinua uza máskara ho apropriadu iha eskola hotu, espesialmente tanba labarik ho idade menus husi 12 agora daudaun seidauk elijivel atu simu vasina.

Ba informasaun klean liu kona-ba COVID-19 no labarik, bele haree iha [WHO weekly epidemiological update of 14 Sept.](#)

REKURSU NE'EBÉ DISPONIVEL

- [Ba públiku jerál no profesionál saúde sira kona-ba prevensaun, tratamentu, no vasina, nsst.](#)
- [Rekomendasaun OMS ba Desizaun Relasiona ho COVID-19](#)
- Kursu gratuita iha Tetum – [OpenWHO.org](#)

KONTAKTU MÉDIA NO INFORMASAUN KONA-BA COVID-19

- Ministériu Saúde estabelese ona número *hotline* – 119 – ba COVID-19 ne'ebé maka ema hotu-hotu bele kontaktu hodi hetan informasaun relasiona ho COVID-19
- Alende ne'e, [Pájina Facebook MS](#) nian fornese atualizasaun loloos kona-ba desenvolvimentu COVID-19 iha rai laran
- OMS Timor-Leste liuhusi nia [Pájina Facebook](#) no [Twitter](#) mós disemina informasaun kona-ba medida preventiva, pergunta no resposta, *myth-buster* no atualizasaun ikus kona-ba COVID-19 iha mundu tomak no iha rai laran. Ba media no pedidu ba entrevista bele manda ba singhsho@who.int no hasane@who.int