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WHO South-East Asia Regional Strategy for Nipah Virus Prevention and Control: a policy brief

Emerging diseases threaten the health and prosperity of South East Asia Member States. This policy brief describes the threat of Nipah virus, a high priority pathogen for WHO in the region, and actions that policy makers should consider to mitigate this threat.

Why Nipah Virus Disease Matters

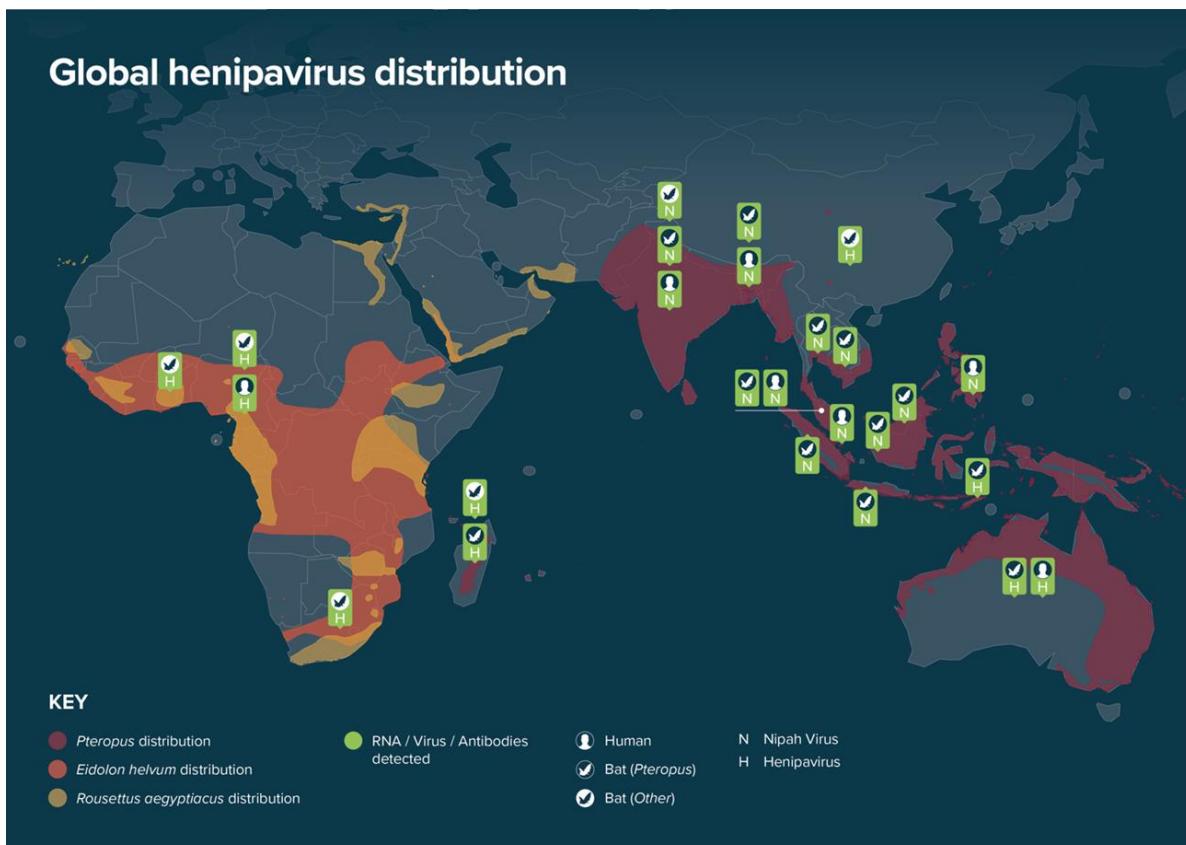


Figure 1: Global henipavirus and major host distribution. The map indicates countries where Nipah virus or another henipavirus has been detected in bats and/or humans. The maps also shows the home ranges for Pteropus species, Rousettus aegyptiacus, and Eidolon helvum, which have broad distributions and have been associated with henipavirus infection. (Courtesy: Dr Jon Epstein, Ecohealth Alliance, USA)

- ✓ Nipah Virus causes severe illness and death in humans and animals.
- ✓ The virus was first discovered in 1998 during an outbreak on a pig farm in Malaysia. Since then, outbreaks have been occurring almost every year in Bangladesh and India in WHO's South East Asia Region (SEAR).

- ✓ Outbreaks are deadly, killing 40-70% of people infected.
- ✓ As of now, there are no vaccines or drugs proven to work against the disease.
- ✓ The Nipah virus exists in nature inside fruit bats. It is part of a group of viruses (henipavirus), which may also cause disease in animals and humans.
- ✓ Almost all countries in South-East Asia are at risk of a future outbreak, because the fruit bats that carry it live in many countries of the region (**Figure 1**).

Nipah Virus Can Be Controlled

- ✓ As of 2023, no drugs or vaccines are approved for Nipah Virus disease.
- ✓ Measures are needed to stop the virus from “spilling over” from bats into wild animals, domestic animals, humans, and/or food that humans and animals eat (**Figure 2**).

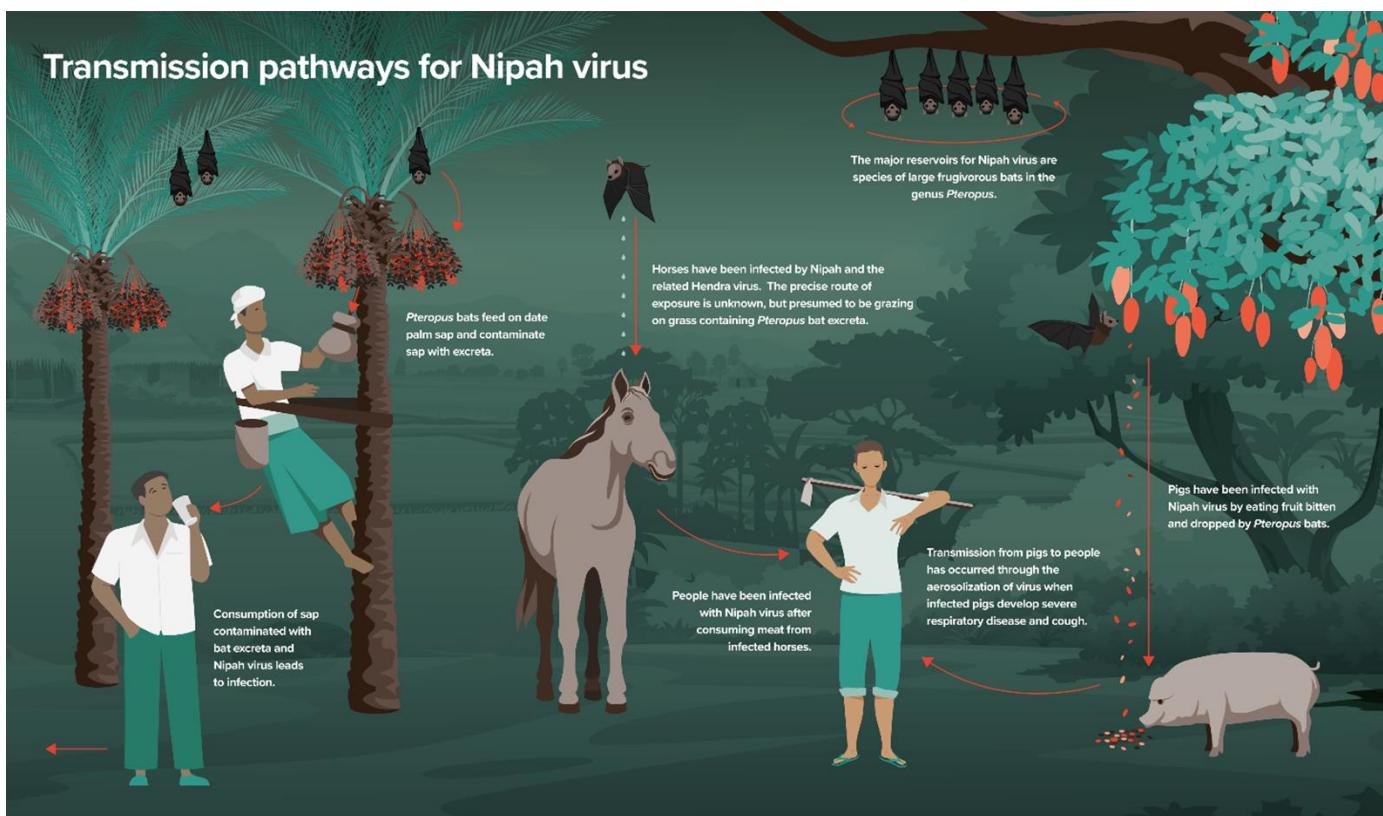


Figure 2: Transmission pathways of NiV between natural hosts and susceptible species. (Courtesy: Dr Jon Epstein, Ecohealth Alliance, USA)

- ✓ It is important to diagnose infections in wildlife, domestic animals, and humans early to protect the health of an infected person or animal and to stop transmission to others.
- ✓ It is important to strengthen infection prevention and control measures on farms and in healthcare facilities to stop the virus spreading from infected animals or humans to others.

Why is a Regional Strategy Needed?

- ✓ Nipah Virus outbreaks are like fires. Until now, countries have primarily focused on detecting outbreaks early and trying to stop them – putting out fires.
- ✓ A Regional Strategy will help countries systematically reduce the frequency of outbreaks in the first place – preventing fires from happening.
- ✓ The purpose of the Regional Strategy is to help Member States in SEAR prevent severe illness and deaths due to Nipah Virus from 2023-2030.
- ✓ Not all Member States are at equal risk. The Regional Strategy helps Member States understand risk by guiding how to assess and mitigate the risk based on their specific context.

Key Components and Outcomes of the Strategy

Strategy Component	Key Outcome
1 Improve understanding of socio-ecological aspects	Detailed national joint risk assessments
2 Enhance policy, strategy and regulatory capacity	National preparedness and response plans
3 Increase multi-sectoral health system capacity and readiness for detection, early warning, and response to cases and outbreaks	National “One Health” response mechanisms protocols and teams
4 Enhance risk communication and awareness to reduce spillover and spread	Culturally-appropriate communication plans and messages to reduce spillover
5 Promote research and development	Stronger regional research consortiums
6 Promote behavioural changes to reduce risk	Reduced spillover through partnerships with local communities
7 Improve control of disease in domestic animals through enhanced biosecurity	Reduced transmission on farms
8 Increase laboratory diagnostic capability in human, animal, and wildlife sectors	Early detection and diagnosis of Nipah virus infections
9 Increase surveillance and information sharing among human, animal, and wildlife sectors	Enhanced early warning and timely joint response
10 Improve clinical diagnosis and case management	Reduced human-to-human transmission, severe illness, and death
11 Develop and improve access to medical countermeasures	Expedited access to medical countermeasures as they become available
12 Ensure resiliency	Rapid recovery of communities after outbreaks

Is This Worth the Cost?

- ✓ Preventing and controlling NiV requires strong, sustained political and financial commitment from Member States, WHO, and other key stakeholders.
- ✓ Consider money spent on the strategy an investment, not a cost. Analyses of the COVID-19, Ebola, Mpox, and other epidemics have shown us that investing in pandemic preparedness saves lives and money, boosting health and wealth.
- ✓ Investing in reducing NiV spillover, spread, illness, and death will strengthen preparedness, prevention, detection, response, and recovery to other high threat pathogens.
- ✓ Investments in NiV prevention and control can and should leverage investments related to COVID-19 and other emerging infectious diseases.