

LENORA CAÑIZARES-FERNANDEZ, M.D.

Fellow, Philippine College of Physicians and American College of Chest Physicians

Fellow, Philippine College of Chest Physicians

Work Experience

Present	<u>Professor 1.</u> Division of Pulmonary Medicine, Department of Medicine, College of Medicine & Philippine General Hospital, University of the Philippines-Manila. <u>Division Head.</u> Division of Pulmonary Medicine, Department of Medicine, College of Medicine & Philippine General Hospital, University of the Philippines-Manila. <u>Section Head.</u> Section of Pulmonology, Department of Internal Medicine, Asian Hospital & Medical Center. <u>Consultant Coordinator.</u> Comprehensive Ambulatory Respiratory Rehabilitation (CARE) Program & Stop Smoking Program, Philippine General Hospital. <u>Coordinator,</u> Office of Continuing Education, University of the Philippines-Manila.
2013-2018	<u>Director.</u> Postgraduate Institute of Medicine, College of Medicine. University of the Philippines-Manila.
2009-2012	<u>Assistant Chair for Training,</u> Department of Medicine, PGH & College of Medicine, UP Manila.
2000-2003	<u>Training Officer.</u> Section of Pulmonary Medicine, Department of Medicine, College of Medicine & Philippine General Hospital, University of the Philippines-Manila.
2000	<u>Initiator and organizer</u> of the Stop Smoking Program, UP-Philippine General Hospital.
1996-2001.	<u>Residency Training Officer.</u> Department of Emergency Medical Services, Philippine General Hospital, University of the Philippines-Manila, Taft Ave., Manila.
1998-99	<u>PGH Women's Desk Coordinator.</u> Philippine General Hospital.
1996	<u>Postgraduate Research Fellow.</u> University of California-San Diego Medical Center-Hillcrest on Pulmonary Rehabilitation, San Diego, California, USA.
1995	<u>Clinical Fellow.</u> Section of Pulmonary Medicine, Department of Medicine, College of Medicine and Philippine General Hospital, University of the Philippines-Manila, Taft Ave., Manila. <u>Chief Fellow.</u> Department of Medicine, UP-PGH. <u>Initiator and Organizer</u> of the Comprehensive Ambulatory Respiratory Rehabilitation (CARE) Program, UP-PGH.

1994	<u>Chief Resident.</u> Department of Medicine, UP-PGH.
1991 - 1993	<u>Resident Physician.</u> Department of Medicine, UP-PGH.
1990 - 1991	<u>Assistant Professor I.</u> Department of Biochemistry and Molecular Biology, College of Medicine, University of the Philippines-Manila, Pedro Gil St., Manila.
1988 - 1989	<u>Medical Intern.</u> Philippine General Hospital, University of the Philippines-Manila, Taft Ave., Manila.

Educational Background

2019-present	Ongoing Masters in Global Health Ethics study, Anahuac University Online UNESCO Program, Mexico City, Mexico.
2013	<u>Diplomate.</u> Masters in Health Profession Education, National Teachers Training College for Health Professions, University of the Philippines-Manila, P. Gil St, Manila.
1982 - 1989	<u>Doctor of Medicine</u> (INTARMED PROGRAM). College of Medicine, University of the Philippines-Manila, Pedro Gil St., Manila.
1982-1985	<u>Bachelor of Medical Sciences.</u> College of Medicine, University of the Philippines-Manila, Pedro Gil St., Manila.
1978 - 1982	<u>High School Graduate.</u> Philippine Science High School, Diliman, Quezon City.
1972 - 1978	<u>Grade School Graduate.</u> Silliman University Elementary School, Dumaguete City, Negros Oriental.

Awards

2021	<u>Most Outstanding Fellow.</u> Philippine College of Chest Physicians, Manila, Philippines.
2010	<u>Most Outstanding Academician.</u> Philippine College of Chest Physicians, Manila, Philippines.
2009	<u>Most Outstanding Researcher.</u> Philippine College of Chest Physicians. Manila, Philippines.
2006	<u>Outstanding Young Scientist,</u> National Academy for Science and Technology, Philippines, Manila, Philippines.
2002	<u>Travel Award for the Global Network Symposium.</u> 4 th Annual European Convention. Society on Research on Nicotine and Tobacco. October 3, 2002, Santander, Spain.
	<u>COPD Research Award.</u> COPD Foundation & PCCP. Manila, Philippines. March 2002.

	<u>COPD Community Service Award</u> . COPD Foundation & PCCP. Manila, Philippines. March 2002.
2001	<u>Governors' Community Service Award</u> . American College of Chest Physicians & Chest Foundation, Philadelphia, USA. November 2002.
1999.	<u>Young Investigator Award</u> . American College of Chest Physicians & Chest Foundation, Chicago, Illinois, USA. November 1999.
1998	<u>Most Outstanding Young Researcher</u> . Philippine College of Chest Physicians, Annual Chest Convention, March 1998
1995	<u>Dr. Ramon Abarquez Award for Most Outstanding Fellow</u> . Department of Medicine, Philippine General Hospital and College of Medicine, University of the Philippines-Manila.
	<u>Dr. Josefino Bobadilla Award</u> for Most Outstanding Pulmonary Medicine Fellow. Section of Pulmonary Medicine, Dept. of Medicine, UP-PGH.
	<u>Second Place</u> . Meta-analysis Category, Annual Research Forum. Department of Medicine, UP-PGH.
	<u>Special Citation Award</u> . Philippine College of Chest Physicians-CIBA-Geigy Search for the Outstanding Young Researcher , 1995.
1994	<u>Plaque of Recognition for Services Rendered as Chief Resident</u> . Commencement Exercises. Department of Medicine, UP-PGH.
1993	<u>Golden Stethoscope Award</u> . Department of Medicine, UP-PGH.
1989	<u>Academic Award, Class Rank #4</u> . College of Medicine, University of the Philippines-Manila.
1988	<u>Most Outstanding Clerk</u> . Department of Medicine, UP-PGH.
1982	<u>Presidential Award for Academic Excellence</u> . Philippine Science High School.
1978	<u>Valedictorian</u> . Silliman University Elementary School.

Philippine Government Examination Taken

1996	Subspecialty Board Examination of the Philippine College of Chest Physicians Rating: Passed
1995	Philippine Specialty Board of Internal Medicine Rating: Passed
1989	Physician's Licensure Examination Rating: Passed

Foreign Government Examination Taken

- 1993 United States Medical Licensing Examination (US-MLE) Step 1, Philadelphia, Pennsylvania, U.S.A.
Rating: Passed
- Educational Commission for Foreign Medical Graduates (ECFMG) English Test, Philadelphia, Pennsylvania, U.S.A.
Rating: Passed
- 1992 United States Medical Licensing Examination (US-MLE) Step 1, Philadelphia, Pennsylvania, U.S.A.
Rating: Passed

Affiliations & Positions Held

- Present Fellow. Philippine College of Chest Physicians, Quezon City.
- Fellow. Philippine College of Physicians, Shaw Blvd., Mandaluyong City.
- Member. Philippine Medical Association-Quezon City Chapter.
- Member. Technical Working Group on Smoking Cessation Program. Department of Health. Manila, Philippines.
- Editorial Board. Philippine Textbook on Internal Medicine. Philippine College of Physicians.
- Project Leader, CPG update on Tobacco Dependence Management. PCCP with DOH & PGH.
- Project Leader, Clinical Pathway update on COPD. PCCP.
- Board Member, American College of Chest Physicians, Philippine Chapter.
- Adhoc Member, Ethics Review Board, UP Manila.
- Member, Research Committee, APSR.
- Member, Education Committee, APSR.
- Co-chair. Asian Hospital COVID-19 Pathway.
- 2018-2019 President, Philippine College of Chest Physicians, Quezon City.
- 2018-2019 Chairman, Philippine Specialty Board of Internal Medicine. Philippine College of Physicians, Mandaluyong City.
- 2011-2014 Chair. Residency-in-Training Examination (RITE) Committee, Philippine College of Physicians, Shaw Blvd, Mandaluyong City.
- 2001-2003 Chair. Council on COPD & Pulmonary Rehabilitation. Philippine College of Chest Physicians.
- Member. Residency Training Committee. Department of Medicine, Philippine General Hospital.

- 2003 Chair, Scientific Program. American College of Chest Physicians- Philippine Chapter, 10th Postgraduate Course, Bohol, June 2003.
- 1995 Member. Organizing Committee. Consensus on Treatment Guidelines for Adult Community-Acquired Pneumonia in the Philippine General Hospital. UPCM-PGH.
- Editorial Staff. "Convention Highlights: 25th Annual Convention of the Philippine College of Physicians, Philippine International Convention Center, Roxas Blvd., Manila.
- 1993 Assistant Chief Resident. Department of Medicine, UP-PGH.
- Medical Intensive Care Unit Resident Coordinator. Department of Medicine, UP-PGH.
- Head, Program Committee. 4th Annual Departmental Postgraduate Course: Decision-making in Clinical Practice-Algorithmic Approach. Philippine Columbian, Plaza Dilao, Manila.
- 1988 Member. University of the Philippines Medical Students' Society.
- 1987 Member. Lingap Para sa Kalusugan ng Sambayanan (LIKAS). College of Medicine, University of the Philippines-Manila.

Lectures, Workshops & Advocies Conducted

- 2020 Oral Presentation of COVID-19 ethics guidelines in rapid hospital care. 20th International Conference of the Forum for Ethical Review Committees in Asia and the Western Pacific (FERCAP), December 7, 2020 (virtual).
- Lecture on COPD. PCCP Northern Luzon Chapter Postgraduate Course. Nov 28, 2020 (virtual).
- Lecture on Smoking Cessation for Lay Forum, St. Joseph Pharmacy. November 25, 2020 (virtual).
- Panel Discussion on ILD. Multidisciplinary Conference. November 14, 2020.
- Scientific Committee Head. PGH IM Summit Conference, November 6-7, 13-14, 2020.
- Lecture on COPD. World COPD Day celebration. UP Medicine Alumni Society Webinar. November 4, 2020.
- Lecture on Pulmonary management of COVID. Metro Pacific Hospitals Grand Rounds. Sept 24, 2020 (virtual)
- Lecture on Pulmonary management of COVID. DOH and UP Manila Grand Rounds, April 2020.
- Lecture on Pulmonary management of COVID. PCP Grand Rounds, April 2020 & May 2020 Preconvention Postgraduate Course.

- 2019 Scientific Committee Head. 2nd Patient Safety Congress of UP College of Medicine, PICC, March 28-29, 2019.
- Speaker, 35th Annual Chest Convention, March 7-9, 2019, Edsa Shangrila Hotel, Pasig City.
- 2004 Speaker. 11th UPCM Grand Scientific Sumposium of UP College of Medicine, UP-Manila. January 22, 2004, Century Park Sheraton, Manila, Philippines.
- Speaker. Smoking Cessation Training Workshop for LHU Staff, Calabarzone, DOH. April 20, 2004, Lotus Hotel, Manila.
- 2003 Organizer. Workshop of the COPD Council on the training for facilitators in the dissemination of the Philippine COPD Guidelines. October 11, 2003, Makati City, Philippines.
- Speaker. Smoking Cessation Training Workshop for Regional Health Coordinators, DOH Hospital Heads, DOH Hospital Clinicians, DOH LHU Staff. (June, October, December 2003)
- Speaker. The difference between the GOLD and Philippine COPD Guidelines. St. Luke's Medical Center Department of Medicine, September 25, 2003, Manila, Philippines.
- Organizer. Workshop of the COPD Council on the finalization of the Philippine COPD Consensus. January 11-12, 2003, Mimosa, Clark, Pampanga.
- 2002 Organizer. Workshop of the University of the Philippine College of Medicine on the Integration of Tobacco Control Issues in the UP College of Medicine Curriculum. Organized together with Columbia University, NY, NY and University of Minnesota representatives (Drs. Lirio Covey, Harry Lando and Myra Muramoto) as a Grant under the Cancer Institute of the University of Minnesota and National Institutes of Health, USA, November 5-6, 2002, Manila, Philippines.
- Speaker. Mid-year Convention, Philippine College of Physicians. Cagayan de Oro City, October 18, 2002.
- Delegate & Presentor. Global Network Symposium of the 4th European Annual Convention. Society on Research on Nicotine and Tobacco. October 3, 2002. Santander, Spain.
- Speaker. UP-PGH Department of Medicine. Weekly Grand Rounds, Topic: Inflammation in COPD, June 18, 2002, Manila.
- Delegate & Presentor. World Health Organization Meeting on Global Policy for Smoking Cessation, hosted by the Ministry of Health of the Russian Federation, Moscow, Russia, 14-15 June 2002.
- Speaker. 9th Annual Postgraduate Course, American College of Chest Physicians-Philippine Chapter, Tarlac City, June 2002.

- Speaker. World No Tobacco Day. World Health Organization-Western Pacific Regional Headquarters, UN Avenue, Manila, May 2002.
- Speaker. 21st PCCP Annual Convention, Mandaluyong City, March 2002.
- 2001 Speaker. Annual Postgraduate Course, American College of Chest Physicians-Philippine Chapter. Iloilo City, July 2001.
- Speaker. Annual Convention of the Philippine Heart Association, Quezon City, May 2001.
- Speaker. 21st IUATLD Eastern Region Conference & 20th PCCP Annual Convention, Mandaluyong City, March 2001.
- 2000 Speaker. Mid-Year Convention of the Philippine College of Chest Physicians, Island Cove, Cavite, August 2000.
- Speaker. Annual Convention of the Philippine College of Chest Physicians, San Juan, Metro Manila, March 2000.
- 1999 Speaker. Asia-Pacific Congress on Diseases of the Chest Convention, PICC, Manila, December 1999.
- Oral Presenter of Research Study. Annual Chest Convention. American College of Chest Physicians, Chicago, Illinois, November 1999.
- Speaker. Annual Convention of the Philippine Society of Emergency Care Physicians, Inc, Manila Midtown Hotel, October 1999.
- Speaker. Annual Mid-Year Convention of the Philippine College of Chest Physicians, Holiday Inn, Clark Field, Pampanga, August 1999.
- Co-Facilitator. Annual Convention of the Philippine College of Physicians, San Juan, Metro Manila, May 1999.
- Speaker. Annual Convention of the Philippine College of Chest Physicians, San Juan, Metro Manila. March 1999.
- 1998 Guest Speaker. Annual Convention of the San Juan Medical Society, San Juan, Metro Manila. March 1998
- Guest Speaker. Philippine Dental Association. Philippine Plaza Hotel. August 1998.
- Guest Speaker. Perpetual Help Medical Center- Las Piñas. September 1998.
- 1997 Guest Speaker. Scientific Meeting. Seaman's Hospital. Intramuros, Manila. 04 November 1997.
- Panel Speaker. Postgraduate Course, Department of Medicine, UP-Philippine General Hospital. August 16, 1997. Manila Midtown Hotel.
- Guest Speaker. Perpetual Help Medical Center - Las Piñas. Scientific Meeting. 04 April 1997. Las Piñas City.

- 1996 Panel Speaker. 3rd Annual Convention of the Philippine Society of Emergency Care Physicians, Inc. 16 November 1996. Bacolod City.
- Guest Speaker. Manila Medical Society, 2nd District Postgraduate Symposium on Preventive Strategies on Respiratory Tract Infection. 22 November 1996.
- Panel Speaker. Training Seminar for Ambulance Crew & Drivers. 23 March 1996, Philippine General Hospital.
- 1995 Guest Speaker. Symposium of the Philippine Academy of Family Physicians, Davao City Chapter. 19 December 1995. Davao City.
- Panel Speaker. 2nd Annual Convention of the Philippine Society of Emergency Care Physicians, Inc. 02 December 1995. Manila Midtown Hotel.

Published Researches

- 2021 Fernandez, L, Roa, C, Garcia, L, Maghuyop, N. Philippine Normal Reference Values for Cardiopulmonary Exercise Testing. American Journal of Internal Medicine 2021; 9(2): 70-75.
- 2020 WHO SOLIDARITY Trial Consortium. Repurposed Antiviral Drugs for Covid-19 — Interim WHO Solidarity Trial Results, NEJM Dec 2, 2020. DOI: 10.1056/NEJMoA2023184.
- Ethics Guidelines on COVID-19 Crisis Level Hospital Care. Version 1, 4.20.2020. ERS COVID-19 Resource Centre. <https://www.ersnet.org/the-society/news/novel-coronavirus-outbreak--update-and-information-for-healthcare-professionals..>
- 2019 Cunada, M, Fernandez L. Prevalence and demographics of asthma - COPD overlap (ACO) among asthma and COPD patients in the pulmonary clinic of the University of the Philippines - Philippine General Hospital (conference paper). APSR, September 2019.
- Villalobos R, Fernandez L, Ambrocio G. Electronic cigarettes for smoking cessation: an individual patient meta-analysis of randomized controlled trials (conference paper). ERS International Congress 2019 abstracts, Sept. 2019
- Sator L, Horner A, Studnicka M, Lamprecht B, Kaiser B, McBurnie MA, Buist AS, Gnatiuc L, Mannino DM, Janson C, Bateman ED, Burney P; BOLD Collaborative Research Group. Overdiagnosis of COPD in subjects with unobstructed spirometry: A BOLD Analysis. Chest. 2019 Jan 31. pii: S0012-3692(19)30066-2. doi: 10.1016/j.chest.2019.01.015. [Epub ahead of print]
- 2017 Mejza F, Gnatiuc L, Buist AS, Vollmer WM, Lamprecht B, Obaseki DO, Nastalek P, Nizankowska-Mogilnicka E, Burney PGJ; BOLD collaborators; BOLD study collaborators. "Prevalence and burden of chronic bronchitis symptoms: results from the BOLD study." Eur Respir J. 2017 Nov 22;50(5). pii: 1700621. doi: 10.1183/13993003.00621-2017. Print 2017 Nov.
- Grønseth R, Erdal M, Tan WC, Obaseki DO, Amaral AFS, Gislason T, Juvekar SK, Koul PA, Studnicka M, Salvi S, Burney P, Buist AS, Vollmer WM,

- Johannessen A; Research teams at centres. "Unemployment in chronic airflow obstruction around the world: results from the BOLD study. *Eur Respir J*. 2017 Sep 20;50(3). pii: 1700499. doi: 10.1183/13993003.00499-2017. Print 2017 Sep.
- 2014 Burney P, Jithoo A, Kato B, Janson C, Mannino D, Nizankowska-Mogilnicka E, Studnicka M, Tan W, Bateman E, Koçabas A, Vollmer WM, Gislason T, Marks G, Koul PA, Harrabi I, Gnatiuc L, Buist S; Burden of Obstructive Lung Disease (BOLD) Study. "Chronic obstructive pulmonary disease mortality and prevalence: the associations with smoking and poverty – a BOLD analysis." *Thorax*. 2014 May;69(5):465-73. doi: 10.1136/thoraxjnl-2013-204460. Epub 2013 Dec 18.
- 2013 Cartago R. Fernandez L. Out of Proportion Pulmonary Hypertension Secondary to Chronic Obstructive Pulmonary Disease Reversed With ICS LABA Treatment. *Chest* 144 (4_MeetingAbstracts):39A, Oct 2013. DOI: [10.1378/chest.1700364](https://doi.org/10.1378/chest.1700364)
- 2012 Tan WC, Vollmer WM, Lamprecht B, Mannino DM, Jithoo A, Nizankowska-Mogilnicka E, Mejza F, Gislason T, Burney PG, Buist AS; BOLD Collaborative Research Group. "Worldwide patterns of bronchodilator responsiveness: results from the Burden of Obstructive Lung Disease study." *Thorax*. 2012 Aug;67(8):718-26. doi: 10.1136/thoraxjnl-2011-201445. Epub 2012 Apr 29.
- 2012 Nolido R & Fernandez L. Risk factors associated with multi-drug resistant pathogens among patients with hospital-acquired pneumonia admitted at the Philippine General Hospital. *Philippine Journal of Chest Diseases* 2012, 15(2):31-40.
- Buller HR, Gallus AS, Pillion G, Prins MH, Raskob GE, Cassiopea Investigators. "Enoxaparin followed by once-weekly idrabiotaparinux versus enoxaparin plus warfarin for patients with acute symptomatic pulmonary embolism: a randomised, double-blind, double-dummy, non-inferiority trial." *Lancet* 2012 Jan 14;379(9811):123-9. doi: 10.1016/S0140-6736(11)61505-5. Epub 2011 Nov 28.
- 2011 Fukuchi Y, Fernandez L, Kuo HP, Mahayiddin A, Celli B, Decramer M, Kesten S, Liu D, Tashkin D. "Efficacy of tiotropium in COPD patients from Asia: a subgroup analysis from the UPLIFT trial." *Respirology*. 2011 Jul;16(5):825-35. doi: 10.1111/j.1440-1843.2011.01982.x. Erratum in: *Respirology*. 2011 Nov;16(8):1281.
- 2010 Silos MH, Fernandez L, Covey L, Sebastian R, Mortera L, Baylon M. Sustained-release bupropion hydrochloride (SR) for the treatment of nicotine dependence as an aid to smoking cessation among Filipinos. *Philippine Journal of Chest Diseases* 2010, 13(1):10-21.
- 2008 Fernandez L, Reyes I, Igaya L, Villanueva E. Validatio of the Tagalog translation of the Chronic Respiratory Disease Questionnaire for use in stable COPD patients undergoing pulmonary rehabilitation. *Philippine Journal of Chest Diseases* 2008, 11(1):1-10.

- Reyes I & Fernandez L. Smoking cessation intervention in a tertiary hospital: the UP-Philippine General Hospital Stop Smoking Program experience. *Philippine Journal of Chest Diseases* 2008, 11(1):20-28.
- 2008 Tashkin, Celli, Senn et al. A 4-year Trial of Tiotropium in Chronic Obstructive Pulmonary Disease. *New England Journal of Medicine* 2008;359:1543-54.
- 2007 Buist, McBurnie, Vollmer et al. International variation in the prevalence of COPD (The BOLD Study): a population-based prevalence study. *Lancet* 2007; 370: 741–50.
- Pamittan, D, Araune MR, Lagunzad, JM, Fernandez L. Risk factors for the untoward reactions and intolerance manifestations of Filipinos to anti-tuberculosis drugs at the Philippine General Hospital-Out-Patient Department. *Philippine Journal of Chest Diseases* 2007, 10(2):18-25.
- 2006 Tipones R, Fernandez L. Predictors Of Smoking Cessation 1 Year After Enrollment In A Smoking Cessation Program In A Tertiary Hospital: The University Of The Philippines-Philippine General Hospital Stop Smoking Program Experience. *Phil. J. Internal Medicine*, 44: 7-12, January-February 2006.
- Ceniza R, Fernandez L. A Filipino with Hermansky-Pudlak Syndrome. *Phil J Internal Medicine*, May-June 2006, vol 44 (3): 153-159.
- 2005 Silos, Fernandez, Covey, Mortera, Sebastian, Baylon. Smoking Cessation And The Use Of Sustained-Release Bupropion As An Aid To Smoking Cessation Among Filipinos. (Abstract) *Chest* 2005. *Chest* October 2005 Supplement, 128(4):205S.
- Fernandez L, Maghuyop N, Roa C, Dantes R, Bringas V, Garcia L. Normal Reference Values For Cardiopulmonary Exercise Testing Among Filipinos. (Abstract) *Chest* October 2005 128(4):101S.
- 2004 Fernandez L. A Preliminary Study to Integrate Tobacco and Smoking Cessation into the University of the Philippines College of Medicine Organ System Integration Curriculum. Oral Presentation at the 4th Asia-Pacific Conference on Problem-based Learning in the Health Sciences. September 24, 2004, Manila Pavilion Hotel, Manila, Philippines.
- de Guia, Punzal, Canizares-Fernandez, Dantes, Salonga, Aquino, Ayuyao, Trinidad. **“Evaluation of Response of Filipino patients to Tiotropium (EVEREST).”** (Abstract) *American Journal of Respiratory & Critical Care Medicine* April 2004, 169(7):A611.
- 2003 Editor. **“Clinical Practice Guidelines in the Diagnosis and Management of Chronic Obstructive Pulmonary Disease (COPD), abbreviated & updated version 2002-2003, report of the Council on COPD & Pulmonary Rehabilitation.”** *Phil J of Chest Diseases*, August 2003, vol 10 supplement.
- Fernandez, Mortera, Reyes. **“1-year Smoking Abstinence Rate in the Stop Smoking Program of the Philippine General Hospital among Filipinos.”** Abstract, Society for Research on Nicotine Addiction and Tobacco. February 2003 compilation of abstracts. New Orleans, USA.

- 2002 Fernandez, Reyes, Igaya, Villanueva. **"Validation of the Tagalog Translation of the Chronic Respiratory Disease Questionnaire for Use in Stable COPD Patients undergoing Pulmonary Rehabilitation."** Phil J Internal Medicine. 40(1):35-39. Jan-February 2002.
- 2001 Reyes, Fernandez. **"Smoking Cessation Intervention in a Tertiary hospital: The UP-Philippine General Hospital Stop Smoking Program Experience."** Phil J Internal Medicine 39:337-341. Nov-Dec 2001.
- 2000 Arreza, Fernandez, Manlapaz. **"The Effect of Influenza Vaccination on Quality of Life in Patients with Chronic Lung Disease."** (abstract) European Respiratory Journal 2000, 16 (S31):47S.
- Fernandez, Benedicto, Siasoco, et al. **"A Randomized Controlled Trial on the Long-Term Effects of Multiple Exposure to Pulmonary Rehabilitation on Stable COPD Patients."** Phil J Chest Diseases, January-April 2000, 7(1):40-45.
- 1999 Dans, Fernandez, Fajutao, et al. **"The Economic Impact of Smoking in the Philippines."** Phil J Internal Medicine Nov-Dec 1999, 37(6):261-268.
- Fernandez, Dantes, Siasoco, Medina, et al. **"A Randomized Controlled Trial on the Long-Term Effects of Multiple Exposure to Pulmonary Rehabilitation on Stable COPD Patients."** (abstract) Chest 1999, 116(4, S2): 276S.
- 1997 Canizares. **"A Case Report on Malignant Hyperthermia in the Philippine General Hospital."** Philippine Journal of Emergency Care November 1997 5(1):20-25.
- 1996 Canizares, Dantes. **"The Filipino physician's approach to community-acquired pneumonia."** Philippine Journal of Emergency Care July 1996 4(1):21-29. Presented in the 15th Annual Chest Convention, March 1996.
- "Clinical profile of patients with chronic Helicobacter pylori gastritis"**. Philippine Journal Of Internal Medicine 34(5):181-184, 1996
- 1995 Canizares-Fernandez, Punzalan. **"A meta-analysis on the additive effect of oral theophylline on beta-agonist and/or anti-cholinergic agents in patients with chronic obstructive pulmonary disease."** Phil. Journal of Chest Diseases, September-December 1995 3(3):114-119.
- "Factors differentiating adult asthmatic patients seeking emergency versus out-patient consult at the Philippine General Hospital"**. Phil. Journal of Chest Diseases, November-December 1995 3(3):83-89.
- "Tuberculous mesenteric lymphadenitis presenting as pyloric stenosis."** Digestive Disease Science 1995: 40(9).
- "Acute hepatotoxicity from ingestion of yellow phosphorus-containing fireworks"** Journal of Clinical Gastroenterology 1995; 21(4):139-142.

Unpublished Researches

- 2006 Fernandez L, Quilala D. Smoking Prevalence Among High School Students in Ilocos Sur. Oral Plenary Presentation. 5th Annual Conference of the International Society for the Prevention of Tobacco Induced Disease, November 24, 2006, Hongkong.
- Fernandez L, Covey L, Mortera, Sebastian, Silos, Baylon. **Maintenance Treatment For The Prevention Of Smoking Relapse Among Filipinos.** Poster Presentation. 2006 National Institute on Drug Abuse International Forum: International Trends and Needs in Drug Abuse Research. Scottsdale, Arizona, USA, June 18, 2006.
- 2004 Fernandez L. A Preliminary Study to Integrate Tobacco and Smoking Cessation into the University of the Philippines College of Medicine Organ System Integration Curriculum. Oral Presentation at the 4th Asia-Pacific Conference on Problem-based Learning in the Health Sciences. September 24, 2004, Manila Pavilion Hotel, Manila, Philippines.
- 2003 *"Smoking among medical students, residents and fellows in training: prevalence, profile and impact on smoking cessation."* Tenebrancia, Mortera, Fernandez, Mercado. Presented in Annual Convention of Respiratory Society, Kuala Lumpur, Malaysia, December 2003.
- 2001 Reside, Canizares-Fernandez, Dantes. "A Clinical Profile of Patients Diagnosed with Chronic Obstructive Pulmonary Disease at the UP-Philippine General Hospital."
- 1997 **"A Comparison of the Rapid Shallow Breathing Index & the Clinical Scoring in Weaning Patients from Mechanical Ventilation."** Winner, third prize, at the 1998 Philippine College of Chest Physicians' 17th Annual Convention.
- 1995 **"Effect of pentoxifylline of hepatocellular function and survival following acute yellow phosphorus poisoning."** (Co-author) Presented at the 1995 Joint Annual Convention of the PSG & the PSDE. Accepted for Poster Presentation, 23rd International Congress of Internal Medicine (ICIM).
- "Regression of left ventricular hypertrophy among Filipino hypertensive patients using cilazapril and clonidine."** Acta Medica Philippina, 1996.
- 1994 **"Acute Effects of Smoking on Cardio-pulmonary Responses to Exercise."** (Co-author) Presented at the 1995 Annual Tri-chest Convention and 1994 Annual Research Forum, Department of Medicine, UPCM-PGH.
- 1993 **"Cardiac Involvement in Systemic Sclerosis."** Presented in the 1994 Annual Convention of the Philippine Rheumatism Association.

Personal Data

Age : 55 years
 Date of Birth : March 25, 1966
 Place of Birth : Dumaguete City, Negros Oriental
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