
Vasant Basdeo

Primary Care Physician

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San Fernando
Trinidad and Tobago
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PROFESSIONAL SUMMARY

A compassionate Primary Care Physician with expertise in community and family medicine. Devoted to the improvement of health in the population with the resolute motto that "Prevention is better than Cure." Adept in managing and promoting Primary Care at both an individual and communal level through patient-centered consultation, excellent interpersonal skills and sober leadership.

SKILLS

1. Active Listening
2. Leadership
3. Problem Solving
4. Interpersonal Skills
5. Time Management
6. Critical Thinking
7. Empathy
8. Team Work
9. Open- Mindedness
10. Adaptability

EXPERIENCE

Ministry of Health, Trinidad and Tobago - *Medical Intern at San Fernando General Hospital*

July 2013 - June 2014

- Experience in Obstetrics & Gynecology, Pediatrics, Surgery, Orthopedics and Medicine

South West Regional Health Authority, Trinidad and Tobago - House Officer Physician

September 2014 - January 2016

- Experience in Accident and Emergency Medicine

South West Regional Health Authority, Trinidad and Tobago - Primary Care Physician I

February 2016 - September 2016

- Experience in Primary Care

South West Regional Health Authority, Trinidad and Tobago - Primary Care Physician II Ag.

October 2016 - Present

- Develops plans and programmes for development of primary care, specifically the implementation of novel Smoking Cessation Clinics in Primary Care in 2019
- Conducted training and certification for staff from NCRHA and SWRHA after being certified in Caregiver Psychosocial Support in the context of ZIKA
- Supervises and leads clinical decision making of the primary care physicians at the Health Centers
- Conducts all the roles and responsibilities required by the SWRHA for the post

South West Regional Health Authority, Trinidad and Tobago -Senior Primary Care Physician Ag.

March 2018 - October 2019

- Performed the roles and responsibilities of Senior PCP for St Patrick East/West Primary Care during this Period.

South West Regional Health Authority, Trinidad and Tobago - Incident Commander County St Patrick Surveillance Team

March 2020 - October 2020

- Lead a team of 20- 30 Nurses and Doctors during the Covid-19 Pandemic
- Coordinated and implemented systems and a structure that provided 24/7 Surveillance Coverage, Contact Tracing, Community Testing, Oversight of State Quarantine and Step-Down Facilities and the management of Community Covid-19 Cases

Ministry of Health, Tobacco Control Unit, Trinidad and Tobago -

Committee Member and representative for SWRHA.

December 2018 - Present

- Coordinates and participates in National Tobacco Control Programs
- Conducts training for physicians across Trinidad and Tobago
- Assists in the planning and execution of the World No Tobacco Day Program.

Pan American Health Organization, Washington DC USA - Tobacco Cessation and Virtual Online Campus Tutor

January 2020- Present

- Tutors for the PAHO in its Caribbean and Latin American Tobacco Cessation and MPOWER programs.
- Have successfully tutored over 100 primary health care workers from over 10 Caribbean and Latin American countries.
- Works together and coordinates teaching programs with experts from WHO Switzerland and PAHO Washington DC.

EDUCATION

University of the West Indies, St Augustine

September 2008 - June 2013

- Bachelor's Degree in Medical Sciences (BSc. Med. Sci.)
- Bachelor's Degree in Medicine and Surgery (M.B.B.S.)

University of the West Indies, St Augustine

September 2017 - June 2019

- Post- Graduate Diploma in Family Medicine (Dist.)

CERTIFICATES

Pan American Health Organization

- Mass Casualty Management Course - February 2018
- Tobacco Cessation - December 2018
- Clinical Management of Dengue and other Arboviral Diseases - September 2019

United States Agency International Development

- Caregiver Psychosocial Support in the context of the ZIKA virus - October 2018

Noteworthy Publications

Stress alters personal moral decision making.

Farid F Youssef, Karine Dookeeram, Vasant Basdeo, Emmanuel

Francis, Mekaeel Doman, Danielle Mamed, Stefan Maloo, Joel Degannes, Linda Dobo, Phatsimo Ditshotlo, George Legall

Department of Preclinical Sciences, The University of the West Indies, St. Augustine Campus, Trinidad and Tobago.

Psychoneuroendocrinology (Impact Factor: 5.14). 09/2011; 37(4):491-8. DOI: 10.1016/j.psyneuen.2011.07.017

Non- Academic/Recreational Activities

- 200 Hr RYT Yoga Instructor
- Advanced Open Water PADI Certified Scuba Diver
- Cricketer - Played at a National Level and captains the South Doctors Cricket Team
- Actor, Playwright and Poet

References

Dr Kavita Singh MD MPH
Regional Data Coordinator
Tobacco Control Unit
PAHO/WHO
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