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Academic Qualifications:

PhD (Univ. of NRB), MSc. (Univ. of NRB); GTC (John Hopkins School of Public Health), CTTS (MAYO), ICAP 111(DAP),

WORK EXPERIENCE (MENTAL HEALTH & SUBSTANCE ABUSE)

Jan 2021 to date:	Director Public Education, Advocacy and Rehabilitation National Authority for the Campaign Against Alcohol and Drug Abuse (NACADA)
August 2020-Jan 2021	In-Charge-Healthcare workers Psychosocial support program NAIROBI WEST HOSPITAL
March 2020 to Jan 2021	Healthcare workers MHPSS Technical team member KMA/KPA/CPAK Committee
Jan 2017 to Dec 2019	Clinical Program Manager- Substance Abuse Rehab NAIROBI WEST HOSPITAL
Oct 2017 to Jan 2021	Adjunct Lecturer UNIVERSITY OF NAIROBI
April 2016 to date	Global Master Trainer- DAP (UTC)/ISSUP/UNODC Drug Advisory program, Colombo Plan United Nations Office on Drugs and Crime, International

Society for Substance Use professionals

Jan 2012 to date	Consultant Clinical Psychologist & Addiction Professional SHALOM PSYCHOLOGICAL SERVICES
Sept 2012 to date	Consultant Clinical Psychologist NAIROBI WEST HOSPITAL
May 2013 to Date:	Tobacco Cessation Consultant WORLD HEALTH ORGANIZATION
Jan 2012 to Dec 2021:	Consultant Addiction Professional (Certified Level 3) NACADA
Jan 2012 to Dec 2018:	Trainer/Lecturer SAPTA-Support for Addictions Preventions and Treatment in Africa
Jan 2012 to July 2013	Clinical Psychologist (Intern) Kenyatta National Hospital- Mental Health Dept.
Jan 2012 to July 2013	Clinical Psychologist (Intern) Mathare Teaching and Referral Hospital (National)
July 2009 to July 2013:	Psychologist /Chemical Dependency Counselor Asumbi Treatment Centre (Karen)
May 2009 to June 2009:	Volunteer-Chemical Dependency Counselor/Therapist Asumbi Treatment Centre
May 2008– August 2008:	Tuberculosis and HIV/AIDS-TB/VCT Counselor Mbagathi District Hospital (Intern)

CONSULTANCIES AND TRAININGS

1. GUIDELINES AND CURRICULUM DEVELOPMENT/REVIEW

Jan 2022	National Standards on Treatment and Rehabilitation (Early Intervention, Outreach, Inpatient and Aftercare support)- KEBS/NACADA, Kenya
April 2021	National Guidelines on Alcohol and Drug Use Prevention- NACADA, Kenya
May 2021	National Guidelines on Alcohol and Substance use Prevention and Management in Basic Education Institutions - NACADA, Kenya
Sept 2017	WHO Monograph on Tobacco Cessation and Oral Health Integration (WHO Geneva)
Sept 2017	National Strategic Plan for Tobacco Control- Kenya Ministry of Health (NCDs)
March 2017	Tobacco cessation guidelines- Kenya (Implemented) World Health Organization (WHO)
Dec 2016	Development and Implementation of a National Tobacco Control Policy (A Guide for the African Region). WHO-Regional Office for Africa) Brazzaville)
August 2016	National Protocol for Substance abuse interventions- Kenya (Ministry of Health-Dept. of substance abuse and mental health)
April 2016	Tobacco cessation guidelines- The Gambia (Implemented) World Health Organization (WHO)
Dec 2015	Draft Tobacco cessation guidelines- Lesotho

	World Health Organization (WHO)
Jan 2015	Draft Tobacco cessation guidelines- Ethiopia World Health Organization (WHO)
Sept 2014	Review guidelines- Mauritius World Health Organization (WHO)
July 2014	Secretary- Curriculum Development Undergraduate Substance Abuse Curriculum- BSc. Addiction studies- NACADA
Dec 2013	Tobacco cessation guidelines- Ghana (Implement Sep 2016 World Health Organization (WHO)
April-May 2012	Curriculum Development- Substance abuse USA INL and JBS international
Sept 2013	Draft Tobacco cessation guidelines- Tanzania World Health Organization (WHO)

2. PROGRAM EVALUATIONS

Dec 2018	5 Tobacco cessation clinics in Gambia (WHO)
July 2014 and 2017	7 Tobacco cessation clinics in Mauritius (WHO)
April 2016	Baseline Follow up Survey- Vision 2030 Secretariat (Kenya)

3. RESEARCH EXPERIENCE

2016-2019	Specialist Consultant: MHealth for TB-Tobacco: An approach to reduce tobacco use among TB patients. A Collaborative study between East Tennessee State University and Makerere University (PEER). Source: NIH/NIDA
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2016-2019	Principal Investigator: Effectiveness of Group Tobacco Cessation Intervention and its impact on quality of life among mentally ill tobacco users seeking outpatient services. PhD Study
2016- 2017	Co-Investigator: Facilitators and Barriers to Delivery of selected tobacco cessation interventions by healthcare providers in healthcare facilities in India and Kenya- A qualitative study. Source: WHF
2015-2018	Specialist Consultant: tobacco use prevention and cessation (TUPAC) on the uptake and participation of oral health care providers (OHCP) in tobacco control. Source: NIH
Jan- Dec 2015:	Research Assistant 'Outcome of Psychotherapies offered at Kenyatta National and Mathari Referral Hospitals: Towards an Outcome focused approach' University of Nairobi in Collaboration with University of Sweden. Source: MEPI linked Mental Health award in Kenya- NIH RESEARCH PROJECT
2012- 2013:	Principal Investigator: Master's Thesis: 'Factors associated with relapse among persons discharged from rehabilitation centers in Kenya'. Source: Self

4. CAPACITY BUILDING IN SUBSTANCE ABUSE (TRAINER)

International consultancies:

World Health Organization (WHO)

Trainer of Trainers on brief Tobacco cessation interventions- (Nigeria)
 Training of Primary Care givers -Tobacco Cessation (Ethiopia)
 Training of Policy Makers-Implementation of Tobacco Cessation (The Gambia)
 Training of Dentists and Mental Health care Providers- Tobacco Cessation (Lesotho)
 Evaluation of 8 tobacco cessation program-(Mauritius)
 Training of University lecturers and Ministry of Health- Tobacco Cessation (Ethiopia)
 Training of Healthcare workers- Tobacco cessation (The Gambia)
 Training of stakeholders and administrators- Tobacco cessation (Ghana)
 Training of healthcare workers- Tobacco cessation (Tanzania)

Colombo Plan Drug Advisory Program- (DAP)

Universal Treatment Curriculum (Walk Through) - South Korea
 Universal Treatment Curriculum (1-8) - Seychelles

Universal Treatment Curriculum (5) - Kenya

Curriculum 5- Screening, Assessment and Treatment Planning- Namibia

Universal Treatment Curriculum (Walk Through) - Philippines

Recovery coaching- Kenya

National / Local Trainings:

National Campaign against Drugs Abuse authority (NACADA)

LANCET Kenya- General staff Alcohol and Other Drugs training

PCEA University-Primary schools Teachers Training of Trainers- All counties

University of Nairobi Enterprises & Services Ltd UNES

University of Nairobi- Chiromo Campus (Medical Students)

Kenyatta University -Mental Health Professionals

Egerton University (University Student Leaders)

Garissa University

University of Manitoba (SWOP)-Program

Kenya Medical Training College (KMTC)

Certification Program for Addiction professionals-Group 1- (Phase III) – Nairobi

Certification Program for Addiction professionals-Group 1- (Phase I) – Nairobi

Certification Program for Addiction professionals (Group 2)-(Phase II) – Kisumu

Certification Program for Addiction professionals (Group 2)-(Phase I) – Eldoret

Certification Program for Addiction professionals –Group 1-(Phase III) – Eldoret

Certification Program for Addiction professionals –Group 1-(Phase II) – Eldoret

Certification Program for Addiction professionals-Group 1- (Phase I) – Eldoret

Sacco Societies Regulatory Authority (SASRA)

Kenya Tourism Development Commission (KTDC)

Energy Regulatory Commission (ERC)

Competition Authority of Kenya

Persons with disability- Nakuru

Kenya Nuclear and Energy Board

Anti-counterfeit Authority

Kenya Highways and Roads Authority

Church Youth leaders of Kenya

Muslim leaders of Kenya

Nairobi National Water Authority

5. PSYCHOTHERAPY

Jan 2012 to date	Private practice
Jan 2012 to date	Nairobi West Hospital

6. LECTURER

Oct 2017 to Jan 2021	University of Nairobi
Jan 2012 to June 2019	SAPTA College

EDUCATIONAL QUALIFICATIONS

DATE	INSTITUTION	COURSE
2017 -2021	University of Nairobi	PhD Clinical Psych.
2016	MAYO clinic Nicotine Dependence Center	Tobacco Treatment Specialist Certification
2014	ICCE-Centre for credentialing and Education of Addiction professionals	Certified Addiction Professional- Level 3
2010 –2013:	University of Nairobi, School of Medicine, Dept. of Psychiatry	Masters of Science in Clinical psychology
2010 -2012:	SAPTA- Support for Addictions Preventions and Treatment in Africa	Post graduate diploma in Addictions/ Chemical dependency Counseling
2005- 2009:	Moi University, Main Campus	Bachelors in Social Sciences (Psychology Major)
2004- 2005:	Nairobi Institute of business studies	Diploma in Public Relations

PROFESSIONAL QUALIFICATION TRAININGS

DATES	INSTITUTION	DISCIPLINE
April 2022- June 2022	Colombo Plan (DAP)	Women's intervention for substance exposure (WISE)
Aug 2021- May 2022	School of Government	Strategic Leadership Development Program
June 2020	John Hopkins University	Psychological First Aid
July 2019	UNODC-Vienna	Global Drug Demand Trainer
2018- 2019	John Hopkins University of Public Health	Global Tobacco Control
2017-2018	Alliance Française	French
July 2016	ICCE	Global Master Trainer in Recovery Coaching- Curriculums 1&2
Jan-Dec 2016	World Heart Federation	Emerging Leaders Program- Tobacco Control
Sept 2015	ICCE	Universal Treatment Curriculum- Curriculums 4, 4a and 5
Aug 2014	NACADA	Prevention Science at primary level and workplace
May 2014	NACADA	Kenya Addictions Professionals Certification Examination Level III
Dec 2012	Ministry of health (Kenya) and WHO	Tobacco Cessation Trainer (TOT)
June 2012:	NACADA	Kenya Addictions Professionals Certification

		Examination Level II (Equivalent of NAADAC 11)
April-May 2012	INL and JBS international in conjunction with NACADA	Trainer of Trainers (TOT) and Curriculum Development
March, Sept 2011	INL and JBS international in conjunction with NACADA	Trainer of Trainers (TOT) and Curriculum Development
Dec- 2010:	NACADA	The Kenya Certification and Education Program for Addiction Professionals Phase 111
Nov 2010:	National Acupuncture Detoxification Association	Certificate in Ear Acupuncture-5 needle points
August 2010:	NACADA	The Kenya Certification and Education Program for Addiction Professionals Phase 11
April-May 2010:	NACADA	The Kenya Certification and Education Program for Addiction Professionals Phase 1
April 2010:	SAPTA	Certificate in Alcohol and other Drugs
March 2010:	SAPTA	Certificate in Grief Counseling
July- Nov 2006	AMPATH	Certificate in HIV/AIDS Peer Counseling

LICENSURE/CERTIFICATION:

2016	Certified Tobacco Treatment Specialist (CTTS)-MAYO
2014	Certified Addiction Professional, Level III- ICCE
2012	Certified Addiction Professional, Level II-PTC

PROFESSIONAL ORGANIZATIONS/ASSOCIATIONS (Memberships and positions held):

2017-2020	Support for Addictions and Treatment in Africa (SAPTA)- Board member
2016 -	Association for Treatment of Tobacco Use and Dependence (ATTUD) Member
2016-2020	International Society of Substance Use Prevention and treatment Professional - (ISSUP), Kenya Chapter, Organizing Secretary
2016	Clinical Psychologists Association of Kenya (CPAK), Ass. Treasurer
2014	Kenya Association of Addiction Counselors (KAAC) - Ass. Secretary
2012	Kenya Psychiatric Association - Associate Member
2011	American Psychological Association (APA) - Affiliate member Membership no: 26942903
2010	Kenya Counselors' Association (KCPA) Associate Member Membership no: KCA/1169/10

SELECTED PEER-REVIEWED PUBLICATIONS

1. **Olando Y**, Mathai M, Kuria M, Njiri F, Huffman MD. Effect of a group tobacco cessation behavioral intervention among patients with mental illness in Kenya: Results from a controlled clinical trial. Pop Med. 2022 (Submitted corrections)
2. Rutebemberwa, E., Nyamurungi, K., Joshi, S., **Olando Y**. Et al. Health workers' perceptions on where and how to integrate tobacco use cessation services into tuberculosis treatment; a qualitative exploratory study in Uganda. BMC Public Health **21**, 1464. 2021; Doi.org/10.1186/s12889-021-11502-4
3. **Olando Y**, Majumdar A, Sreedevi A, Chan Sun M, et al. A qualitative study exploring the views on tobacco use and cessation support among patients in Kenya. AJADA. 2020. Vol 4. 1-11

4. **Olando Y**, Kuria M, Mathai M, Huffman MD. Barriers and Facilitators to tobacco cessation among tobacco users with concomitant mental illness attending group behavioral tobacco cessation: A qualitative study. *Tob Prev and Cessation*. 2020; 46. DOI: 10.18332/tpc/125354
5. **Olando Y**, Kuria M, Mathai M, Huffman MD. Efficacy of a group tobacco cessation behavioral intervention among tobacco users with concomitant mental illness in Kenya: Protocol for a controlled clinical trial. *BMC Public Health*. 2019; 19:1700. DOI: 10.1186/s12889-019-8040-2
6. **Olando Y**, Majumdar A, Sreedevi A, et al. Patients Experiences in Kenya in Quitting Tobacco Use. *Global Heart*. 2018. DOI:10.1016/j.gheart.2018.09.432
7. Sreedevi A, Majumdar A, **Olando Y**, et al. Patients' perspectives on Tobacco Cessation Services in India: A Qualitative Study. DOI:10.1016 / j.gheart.2018.09.305, Dec 2018
8. Mamudu H, Namusisi K...**Olando Y**. Change in Knowledge of tobacco use and secondhand smoke exposure among health workers in Uganda. *Tobacco Induced diseases* 16 (10). DOI: 10.18332/tid/84518, March 2018
9. Wainaina AM, Kuria MW, Mathai M and **Olando Y**. Anxiety and depression among care-givers of HIV- Positive children: A study at Lea Toto clinic in Kibera, Nairobi, Kenya. *Medicom*. 2016. Vol 29-31.
10. Kuria, M and **Olando Y**. Alcohol dependence: Does the composition of the available beverages promote it? *Open Journal of Psychiatry* 02(04): 301-304 DOI: 10.4236 /ojpsych .2012.24042, Jan 2012,
11. Kuria, M, Omondi, L, **Olando Y** et al. Is Sexual Abuse a part of war? A 4 Year Retrospective studies on Cases of Sexual Abuse at the Kenyatta National Hospital, Kenya. *Journal of Public Health*. DOI: 10. 4081/jphia. 2013.e5, June 2013
12. Likata, G.M, Kuria MW, **Olando, Y** and Owiti FR. Sexual Dysfunction among patients with diabetes mellitus. *Greener journal of Medical sciences* ISSN: 2276-7797 vol. 2 (6) pp 138-145, DOI: 10: 15580/GJMS.2012.5.110112196, Dec 2012
13. Kuria, M and **Olando, Y**. Cost Effectiveness of Community Based and Residential Based treatment of persons with alcohol use disorders. Findings of a study in Kenya. *Greener journal of medical science* ISSN 2276-7797, vol 3 (2) pp.071-078. DOI: 10.15580/GJMS.2013.2.110112197, Feb 2013

Moderator at National/International Scientific Meetings

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| 2022 | International Day Against Drug Abuse and Illicit Trafficking (IDADA), National Forum |
| 2016 | Regional Meeting for Ministry of Health and World Health Organization Focal Points (Entebbe, Uganda) |
| 2016 | Review of Tobacco cessation Training Tools. World Health Organization AFRO, Brazzaville |
| 2014 | Annual Conference Kenya Psychiatrist Association. Nairobi, Kenya |