

Day 1

- Ministerial Round Table *(morning)*
- Thematic TM visits in Delhi *(morning)*

SUMMIT INAUGURATION *(afternoon)*

Day 2

Time	Session	Topic
9:00–10:15 am	Plenary 1	Restoring balance: The science and practice of health and well-being
10:15–10:45 am	Refreshment	
10:45–12:00 pm	Parallel 1.A	TM and the continuum of knowledge on health
	Parallel 1.B	TM knowledge – balancing access and benefits
	Parallel 1.C	TM in rebalancing ecosystems for planetary health
	Parallel 1.D	TCIM – bringing balance to governance, equity and resources
12:00–12:45 pm	Expo thematic experience	
12:45–1:45 pm	Lunch	
1:45–2:30 pm	Restoring balance practice session	
2:30–3:45 pm	Plenary 2	Investing in science to drive TM progress
3:45–4:15 pm	Refreshment	
4:15–5:30 pm	Parallel 2.A	Translating the TCIM Research Roadmap into global action
	Parallel 2.B	Research methodologies and applications
	Parallel 2.C	The science of well-being – evidence from traditional and integrative medicine
	Parallel 2.D	From innovation to investment – building the TCIM pipeline for scale and equity
	Parallel 2.E	The scientific basis of meditation and Its impact on health
5:30–6:15 pm	Expo thematic experience	
7:00–8:30 pm	Summit Gala dinner	

Day 3

9:00–10:15 am	Plenary 3	Re-imagining health systems for balance, safety and resilience
10:15–10:45 am	Refreshment	
10:45–12:00 pm	Parallel 3.A	Global frameworks and country implementation
	Parallel 3.B	Quality, efficiency and patient safety
	Parallel 3.C	Regulation of TCIM products
	Parallel 3.D	Regulation of practice, practitioners, capacity building and TCIM in health system resilience
12:00–12:45 pm	Expo thematic experience	
12:45–1:45 pm	Lunch	
1:45–2:15 pm	Restoring balance practice session	
2:15–3:30 pm	Plenary 4:	Measuring progress and charting the way forward: Standards, data and responsible AI – from ancestral knowledge to action
3:30–4:00 pm	Refreshment	

4:00–5:15 pm	Parallel 4.A	Standards, data and information systems – the foundation for progress
	Parallel 4.B	Harnessing ancestral knowledge in the digital age – equity, ethics and preservation
	Parallel 4.C	From policy to practice – responsible AI and digital innovation in TCIM
	Parallel 4.D	Charting the way forward – a global action plan for progress and accountability
5:15–6:30 pm	Plenary 5	Closing – Summit commitments: Multistakeholder Action Agenda for the implementation of the WHO Global Traditional Medicine Strategy