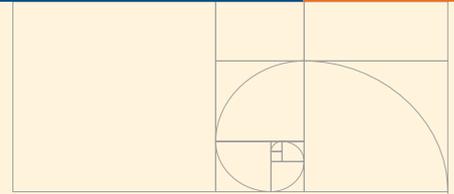


## Health Heritage Innovations

Category: Policy

Stage: Scaling

Country (region): Brazil (Americas)



# Temí Totihi

## An intercultural prenatal care guide co-created in the Yanomami Indigenous Territory

“Temí Totihi: Prenatal Care Guide in the Yanomami Indigenous Territory” is an intercultural prenatal care guide officially recognized in Brazil. It is available in both printed and digital formats and is accompanied by multilingual educational videos and an ongoing theoretical and practical training course.

As a technology, it developed an innovative model for the co-creation of intercultural public policy involving Indigenous peoples and their communities, evidence-based health specialists and public health managers. This scalable methodology includes: (1) the identification of key local interlocutors; (2) the training of Indigenous and non-Indigenous researchers; (3) co-creation workshops with researchers, health professionals and communities; and (4) the articulation of multiple forms of evidence.

As a practice, its educational products guide health teams and communities in the development of collaborative and intercultural care that is sensitive and appropriate to the territory, involving, for example, community-based listening practices, the use of medicinal plants, and dialogue, with treatments carried out by shamans and community leaders. In addition, prenatal care practices commonly found in non-Indigenous health protocols are carefully integrated and discussed in ways that strengthen Indigenous traditional care practices.

As a policy, the guide is accompanied by an official “technical note” that recommends and authorizes its use throughout the Yanomami Territory and opens pathways for the construction of an expanded protocol aimed at Indigenous peoples in Brazil and worldwide.



### Innovators:

Érica Dumont Pena, Maria Christina Almeida Barra, and Yanomami and Ye'kwana Associations

Federal University of Minas Gerais, Brazil; Yanomami and Ye'kwana Associations, Brazil; Ministry of Indigenous Peoples, Brazil; National Foundation of Indigenous Peoples (Funai), Brazil; Secretariat of Indigenous Health of the Ministry of Health (SESAI), Brazil; and other partner institutions

### Contact:

[redesdecuidado@gmail.com](mailto:redesdecuidado@gmail.com)

Instagram



Guide



Disclaimer: WHO played no role in the development of this innovation.