The WHO Framework Convention on Tobacco Control (WHO FCTC) and its guidelines provide the strong legal foundation for countries to implement and manage tobacco control. To help make this a reality, WHO introduced in 2008 the MPOWER measures, which support scale-up of specific provisions of the WHO FCTC at country level (Fig. 1).

The eighth edition of the WHO report on the global tobacco epidemic was published in July 2021 (1). The report provides comparable data to enable analysis at global, regional and country levels of progress towards protecting people from the devastating effects of tobacco use.

This set of factsheets uses data from the latest WHO report on the global tobacco epidemic to look at the overall performance of MPOWER implementation in the Region compared with the global picture, then at each measure separately.

**FIG. 1. MPOWER**

<table>
<thead>
<tr>
<th>M</th>
<th>O</th>
<th>P</th>
<th>W</th>
<th>E</th>
<th>R</th>
</tr>
</thead>
<tbody>
<tr>
<td>MONITOR</td>
<td>PROTECT</td>
<td>OFFER</td>
<td>WARN</td>
<td>ENFORCE</td>
<td>RAISE</td>
</tr>
<tr>
<td>tobacco use and prevention policies</td>
<td>people from tobacco smoke</td>
<td>help to quit tobacco use</td>
<td>about the dangers of tobacco</td>
<td>bans on tobacco advertising, promotion and sponsorship</td>
<td>taxes on tobacco</td>
</tr>
</tbody>
</table>

This set of factsheets uses data from the latest WHO report on the global tobacco epidemic to look at the overall performance of MPOWER implementation in the Region compared with the global picture, then at each measure separately.

**FIG. 2. COUNTRIES IMPLEMENTING MPOWER AT THE RECOMMENDED LEVEL: EUROPEAN REGION VERSUS GLOBAL, AS OF 2020**

- **M**: Monitor tobacco use and prevention policies
- **P**: Protect people from tobacco smoke
- **O**: Offer help to quit tobacco use
- **W**: Warn about the dangers of tobacco
- **E**: Enforce bans on tobacco advertising, promotion and sponsorship
- **R**: Raise taxes on tobacco

Fig. 2 looks at the proportion of countries achieving the highest-level implementation per measure – that is, the recommended level of tobacco control by that measure.
Some countries in the Region are considered global tobacco-control leaders and their extraordinary implementation of various articles of WHO FCTC can be cited as examples of good practice.

Most countries of the European Region appear to be performing well in the measures monitoring tobacco use and prevention policies (79%) and warning about the dangers of tobacco (76%).

The Region is also performing better than globally on raising taxes (53% versus 21%). The fact that nearly half of European Region countries levy taxes below best-practice level, however, represents a missed opportunity to raise funds for tobacco control and the health sector broadly.

The offering support measure is at best-practice level in only nine countries. Some level of support is provided in another 41 countries.

The percentage of countries with comprehensive smoke-free laws is lower in the European Region than at global level (26% and 34% respectively). With 25 countries having partial laws, more needs to be done to introduce comprehensive smoke-free laws to protect people from the harms of second-hand smoke.

Almost twice as many countries at global level ban all forms of advertising, promotion and sponsorship of tobacco products than in the WHO European Region (29% versus 17%).

Performance both in the Region and globally needs to be improved across all MPOWER measures.

The WHO Global Action Plan for the Prevention and Control of Noncommunicable Diseases 2013–2020 (2) includes a target for reducing the global prevalence of tobacco use ( smoked and smokeless tobacco) by 30% by the year 2025 relative to 2010. The European Region has trends estimates covering 99% of the Region’s population, and these show that:

1. eleven countries1 are likely to achieve at least a 30% relative reduction in tobacco use by 2025, assuming they continue implementing tobacco-control measures at the current pace;
2. 35 countries are likely to achieve a decrease in prevalence, but less than 30%;
3. two countries2 are unlikely to experience a significant change in prevalence;
4. one country3 is likely to experience an increase in prevalence;
5. another four countries do not have enough data to calculate a trend; and
6. the European Region as a whole has a slow rate of decline, currently tracking towards an 19% relative reduction in the prevalence of tobacco use between 2010 and 2025 (3).

Tobacco control is also a core part of the Sustainable Development Agenda, with the Sustainable Development Goals (SDGs) health goal explicitly calling for the implementation of the WHO FCTC (SDG 3.a) in recognition of the impact tobacco-related diseases and more than 8 million deaths each year have on development.

As the set of factsheets shows, despite many achievements, progress in adoption and enforcement of tobacco-control policies and measures remains uneven. Their implementation should be strengthened to ensure that no Member State is left behind and countries meet time-bound commitments set out in WHO FCTC and SDG targets relevant to tobacco control by 2030.

REFERENCES4


1 The countries are Austria, Denmark, Finland, Germany, Greece, Iceland, Ireland, Norway, Sweden, Turkmenistan and the United Kingdom.
2 The countries are Croatia and Slovakia.
3 Republic of Moldova.